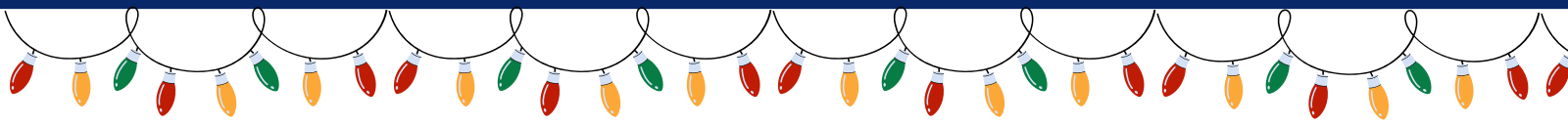



Alcohol and Drug Snapshot

December 2024



Click on images to download information



Over the festive period many services will be closed, or have reduced opening hours, including your GP Surgery and local Pharmacy. Please click the  information icon for further information and opening times for each service.

Pharmacy

Pharmacists can offer advice on a range of illnesses, such as coughs, colds, sore throats, ear infections and aches and pains.

General practitioners (GP)


GPs treat all common medical conditions and refer patients to hospitals and other medical services for urgent and specialist treatment.


Minor injuries

If you have a minor injury, such as a cut that need stitches, a broken bone, a sprains or minor burn, please call NHS 24 on 111 and ask for our Minor Injuries Unit (MIU) service.

A&E (accident and emergency)

A&E is for serious injuries and life-threatening emergencies. Major A&E departments offer access 24 hours a day, 365 days a year.

 If you or someone you know feels unwell when your GP Surgery is closed, and you cannot wait until the practice reopens, call NHS 24 on 111 who will provide advice and direct you to the appropriate service, if required.

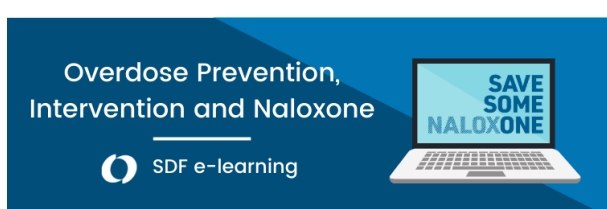
 If someone feels unwell after drinking alcohol or taking drugs take action by getting the person medical help as soon as possible. Call 999 and never hesitate to get help if you need it.

Naloxone

Naloxone is a drug that can reverse the effects of opioid drugs like heroin, methadone, opium, codeine, morphine and buprenorphine. It is only effective for opioid overdoses and won't work with any other drug. Although naloxone works on opioids, as most drug related deaths involve poly drug use, the use of naloxone will do no harm and may increase the chances of survival until medical help can be sourced. Naloxone kits are available to anyone who may be supporting someone at risk or likely to witness an overdose. Naloxone can come as either Prenoxad, which is a pre-filled syringe or as Nyxoid, which is a nasal spray.



Every pharmacy in Scotland also has Naloxone available for use in an emergency either within the premises or for anyone overdosing near the premises. The pharmacy can administer the Naloxone or provide the kit to a member of the public who has had training in Naloxone and allow them to administer.



This short e-learning course from Scottish Drugs Forum will show you how to administer Naloxone. You will learn facts about drug-related deaths in Scotland, how to identify a and respond to an overdose.

Alcohol and Drug Recovery Services (ADRS)



Alcohol and Drug Recovery Services (ADRS) provide a range of treatment and care options for individuals who are affected by their own or someone else's alcohol and/or drug use.