

Carers Week

5-11 June 2023



Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

Events Programme

All events are free!

All events are online!

Monday 5th June

Topic: What Matters To You Session - Understanding and Supporting Unpaid Carers

When: Monday 5th June, 1.15-2.00pm, Online Teams

Who is it for: Any health and social care professional working with unpaid carers

Delivered by: ACP Programme



Topic: Taking Care of Yourself When Someone Dies (inc. Funeral support payments)

When: Monday 5th June, 6.30-7.45pm, Online Teams

Who is it for: Open to all

Delivered by: In Partnership with Pushing Up The Daisies and Funeral Aid



Tuesday 6th June

Topic: Preparing For Hospital - What you need to know

When: Tuesday 6th June, 1.30-2.30pm, Online Teams

Who is it for: Open to all

Delivered by: ACP Programme



Make caring Visible, Valued and Supported

Thursday 8th June

Topic: What Matters To You Session - Anticipatory Care Planning

When: Thursday 8th June, 12.30-1.15pm, Online Teams

Who is it for: Any health and social care professional working with unpaid carers

Delivered by: ACP Programme



Topic: Engagement Session - Preparing for Hospital Checklist

When: Thursday 8th June, 1.30-2.30pm, Online Teams

Who is it for: Open to all

Delivered by: ACP Programme



Friday 9th June

Topic: Taking Care of Yourself When Someone Dies (inc. Funeral support payments)

When: Friday 9th June, 10.30-11.45am, Online Teams

Who is it for: Open to all

Delivered by: In Partnership with Pushing Up The Daisies and Social Security Scotland



You can register for each event on our website



For more information on all events...

www.nhsggc.scot/your-health/planning-for-care/events/

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