



## The Tattoo comes to Erskine!

The Pipes and Drums of the 1st Battalion of the Scots and the Irish Guards truly entertained the residents at Erskine Veteran Villages in Bishopton and Edinburgh.

The musicians were participating in the Royal Edinburgh Military Tattoo. Their show “Journeys”, celebrated connection through music, dance, culture, and military traditions.

The residents at both homes were delighted to chat to the performers, and veterans Alex Bremner (88) and George Berry (93) even posed for a memento of the day.



Erskine Chief Executive Ian Cumming said: “We were delighted to once again welcome performers from the Royal Edinburgh Military Tattoo. Not all our residents can make it along to the main show in Edinburgh, but this visit ensures that anyone who wishes to see the Tattoo is included. As always, the performance was spectacular, and left everyone with a smile on their face.”

## Bagatelle and Glenfield Sponsored Cycle

In June, staff, families and friends of Bagatelle and Glenfield Care Homes in Inverclyde went on a sponsored cycle round the island of Cumbrae, stopping off at Millport for some very welcome refreshments.



The day was a huge success and brought them a little closer to buying a much needed wheelchair accessible minibus. This will improve residents lives by giving them greater independence, and opportunities to participate in community activities.

# Larkfield View Care Home goes “doon the watter!”

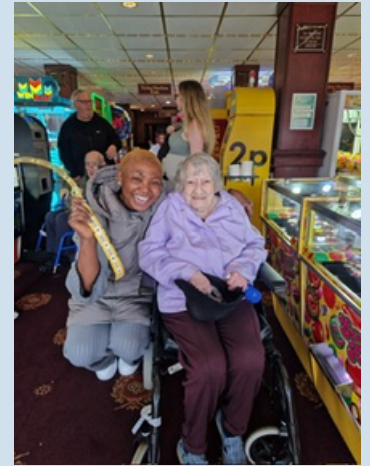
In August, 57 residents, relatives and staff from Larkfield View Care Home in Inverclyde travelled “doon the watter” to Largs. The annual day out was made possible by the staff, residents, families and the local community, who came together to stock and host two fun stalls at Bishopton Gala Day. Residents got involved by wrapping teddies and bottles that were donated and they raised a whopping £1950.



On the day they travelled to Largs on a bus donated by a local company, had lunch in a church, and then explored the town.

After that, it was back to the church hall for a party with local entertainer Angela Duncan who led the singing and dancing.

Following a fish tea they headed back on the bus, exhausted but happy.



The residents and families all enjoyed their time together.

“ I loved everything about it, the company, the bus and the entertainment ”



# Mavisbank - Open Day

Residents, families, friends and staff know how important it is for people who live in a care home to continue to be part of their wider community. This summer, Mavisbank Care Home in East Dunbartonshire held an Open Day, which was supported by the community and the Police and Fire Service.

Everyone who attended, from children to adults, enjoyed the fun together.



Share your stories with us and highlight [#carehomelife](#)

Follow us on X or [email your stories](#)

# Kincaid House Care Home - Celebrating Success



Photo - George Munro

The whole team were given a range of training opportunities. This gave them a renewed sense of pride in the team and the care that they provide.

The Care Inspectorate visited in June this year, and the home saw their grades increase dramatically to 4's and 5's!

Congratulations to all at Kincaid House

After speaking to residents, relatives and staff, the team at Kincaid House in Greenock decided to focus on supporting staff to make improvements in the home.

With the help of the Inverclyde HSCP teams and the Care Home Collaborative, staff training and education was made a priority. This helped to improve all aspects of resident care. It also made a difference to staff confidence.

The team feel they are now living the Kincaid motto: "It's a good place to live, and a good place to work".

# Newton House Care Home - Autumn Cosy Coffee Cafe

Starting on Tuesday 3 September, Newton House Care Home in East Renfrewshire is excited to welcome families and the community to their cafe for a cuppa and a bite to eat. The home aims to be at the heart of the community, giving people the chance to drop in for a chat.

With winter just around the corner, the cafe is a warm and welcoming space for care home residents and their families, and those people in the local community caring for someone at home.

Sometimes when a relative moves to a care home it can leave family feeling isolated and lonely. The cafe gives family carers a chance to speak informally with staff and find out about other services in the area.

The invitation is open to all. The cafe is open between 2.00pm - 4.00pm, Tuesdays and Thursdays.

For further information contact 0141 616 5060



# Care Home Falls Pathway via Flow Navigation Centre

The GGC Care Home Falls Pathway from the Flow Navigation Centre (FNC) is available to all GGC care homes. It allows care homes to quickly access support and advice when a resident has fallen.

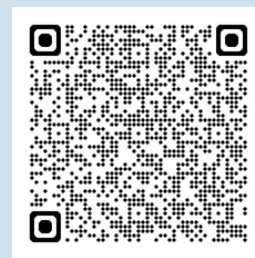
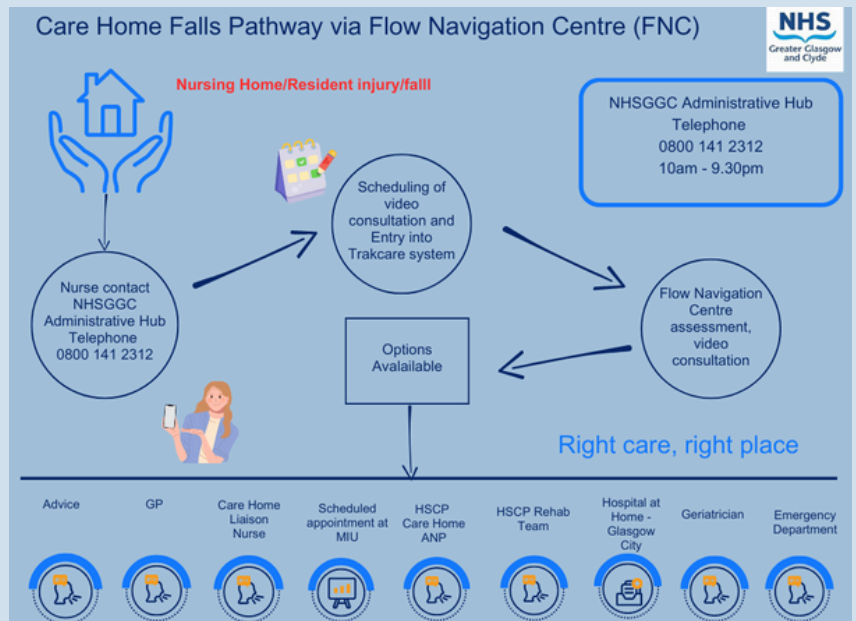
Using the Care Home Falls Pathway can help to avoid unnecessary visits to hospital. It can also help to keep residents comfortable at home in their own environment.

The support offered might include advice, and/or a next day appointment at a Minor Injury Unit (MIU) or a range of other community supports.

If a resident needs to go to hospital, the FNC service will assist with contacting the hospital and organising the ambulance.

A quarterly newsletter highlighting the benefits of using the care home falls pathway is available.

If you would like more information, please contact Brittany Graham, Service Development Officer  
[Brittany.Graham@ggc.scot.nhs.uk](mailto:Brittany.Graham@ggc.scot.nhs.uk)



Access all of the FNC newsletters [here](#)

## Care Home Falls Development Day - 25 September 2024

25th  
September  
9.15am -  
2.15pm

NHS Greater Glasgow and Clyde Care Home Collaborative

Strength  
Balance  
Fear  
Safety  
Awareness  
Risk

**Care Home Development Day**

You are invited to our Care Home Falls Development Day where you can learn more about subjects related to falls in care homes.

**Topics covered will include:**

- Reducing falls
- Rehabilitation Services
- Project Milkshake (nutrition and hydration)
- Contenance
- Medication and falls

Tea and coffee will be provided

Newton House Care Home  
1 North Greenlaw Way  
Newton Mearns  
G77 6GZ

Please click on the [link](#) to register or scan the QR code

For any queries contact:  
[ggc.chccontact@ggc.scot.nhs.uk](mailto:ggc.chccontact@ggc.scot.nhs.uk)

Come and join with other care home staff for a day of interactive workshops that aim to share knowledge and skills with nurses and carers across GGC.

As part of Falls Prevention Week 2024 the CHC is offering an interactive Development Day in Newton House Care Home, East Renfrewshire on 25 September 2024. The focus of the day will be topics relating to falls and falls prevention and will include the following:

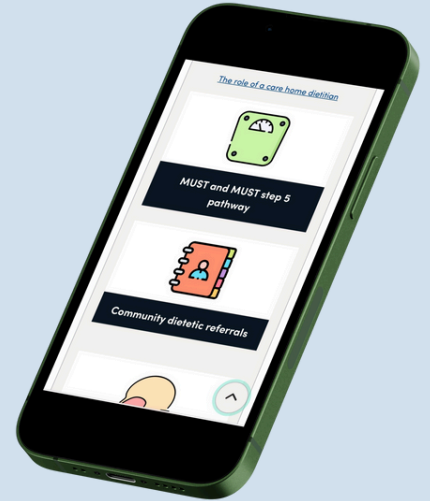
- Reducing falls
- Rehabilitation Services
- Project Milkshake (nutrition and hydration)
- Contenance
- Medication and falls

# Food, Fluid and Nutrition Tools have gone digital



The Right Decision Service (RDS) is a Scotland-wide digital resource for everyone, and can be found at the website below and as a mobile app.

As part of the 'Once for Scotland' approach, the Care Home Dietitians have developed the 'GGC - Nutrition in care homes' app. The app includes seven sections with useful information on supporting nutrition for care home residents.



## SCAN ME



You can download the service as an App or use the web based resources.

Find out more by visiting <https://rightdecisions.scot.nhs.uk>

## Feedback



We would love to hear your thoughts on the newsletter and how we can make it even better.

Please take two minutes to complete this quick questionnaire. Your thoughts are very important to us to ensure we share information that is useful to you.

Please use this [link](#) or scan the QR code



## SCAN ME



# Learning Forum

The Learning Forum is for nurses who work in care homes or those nurses who provide support to care home residents. Meetings are held online and co-hosted by nurses from care homes and the local HSCP team. Topics covered so far have included leadership, oral care at end of life, burns and falls prevention.

The presentations and recording for all sessions can be found on the website under the [resource section - Learning Forum](#).

The next session is hosted by the team from West Dunbartonshire on 10 Oct at 1:30pm. There will be presentations on frailty, polypharmacy, and a case discussion about supporting residents with complex care needs.



Click [here](#) or scan the QR code to access resources

## Learning opportunities

Essentials in Psychological Care - Dementia Training - 9 October, 23 October, 6 November

Sage & Thyme - Communication Skills - Various dates

Delirium Risk Reduction - 3 September, 1 October, 15 October, 29 October

Learning Forum - 10 October and 19 November

RESTORE2 Mini - 3 September, 4 September, 10 September

Falls Development Day - 25 September

[Click here or scan the QR code for further details of all our learning opportunities and to book one of our sessions](#)



## Get involved



There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice.
- Join our groups and inform our work

Contact us for support, information and enquiries.

Visit our website at [www.nhsggc.scot/carehomecollaborative](http://www.nhsggc.scot/carehomecollaborative) for up to date resources and training