



National Care Home Awards



The Scottish Care National Care Home Awards 2024 took place on 15 November, celebrating excellence and dedication in the care sector. The evening was filled with celebration, inspiration, and heartfelt moments. Congratulations to all the amazing finalists and winners!

A special mention to the winners from Care Homes across Greater Glasgow and Clyde.

Katy Jenks pictured here with her daughter said “I am proud and humbled to have been named as a winner of the Care Innovation Award category at this award ceremony. It is an honour to lead my colleagues to ensure good quality care and support is provided to residents, their families and colleagues.”



Kirsty Cartin, Manager said “Winning The Care Home of the Year Award, reflects the dedication and effort of our staff in integrating Rashielee care home into the heart of our community. It showcases the expertise of social care professionals and emphasises the importance of fostering opportunities for everyone to thrive—residents, relatives, and staff alike—by nurturing open and positive relationships.”

William McQuade, Four Hills Care Home, Glasgow was delighted to win the Auxiliary and Support Staff Award. As Head of Maintenance, William has committed over 30 years to Four Hills Care Home, ensuring the residents have the best living environment possible.



The team at Applecross Nursing Home, Barrhead were delighted to claim the prestigious Specialist Service/Unit of the Year Award. For the team this award represents reaching a milestone for their services.

The final award of the evening was the Strategic Contribution Award was presented to Reza Najafian of Silverburn Care home, Glasgow. This was for his innovative staffing solutions during a global workforce crisis. Reza emphasised that the honour belongs to the dedicated carers and nurses on the frontline.



Still Game's "Auld Eric" awarded British Empire Medal

James Martin, better known to Still Game fans as "Auld Eric," has celebrated receiving the British Empire Medal for his services to military charities.

The ceremony, held on Saturday 2nd November, saw James receive his award. The 93-year-old actor, a veteran himself, was joined by family members and friends, as he accepted the honour.

The highlight of the day was a surprise video message, from his Still Game castmates – Winston, Isa, Tam, Navid, Boabby, Jack, Victor and Michael Hines, Director of Still Game, who gave their heartfelt congratulations in their own inimitable Craighlang way.

Originally from Partick, James served in the Royal Navy on board HMS Bermuda, a ship that took him to both the Mediterranean and the Suez Canal, during the Suez crisis. He went on to a career that spanned firefighting and, of course, his famous portrayal as one of the few genuinely senior cast members in Still Game.

Now a resident at Erskine, James has found a new community among fellow veterans. Reflecting on his award, James said, "It's been a privilege to serve, both on the screen and for my fellow veterans. I'm grateful to everyone at Erskine and beyond who's made this day so special."



Winter Readiness Pack 24/25



Care Home Winter Readiness Pack 24/25

Preparing for winter is an important part of support to residents and staff in care homes across the Greater Glasgow and Clyde area. This pack contains a range of useful winter readiness information and planning resources.

The information in the pack is aligned with good practice and national guidance, and is intended to complement local arrangements.

Although this has been developed to support winter planning, the document is relevant throughout the year.

There was also a Winter Webinar that highlighted areas of the pack which included presentations from Pharmacy First, Right Decision Service and National Wellbeing Hub. The pack and the webinar recording can be found on the [website](#) for you to share with your team.



Celebrating Cultures at Buchanan House

In November the team at Buchanan House, held an event to celebrate their multicultural team.

Kathleen Glasgow, House Manager, said “One of the company values is “we are inclusive,” and they really demonstrated just how inclusive they are with this wonderful event. It allowed them to understand and celebrate differences .

The evening celebrated the cultural differences and similarities with food, music and dance. Pictured below is Ash and his wife Nisha, who are both care assistants and his sister, mother and aunt who were visiting from Nepal.

Exposure to different cultures helps residents and staff see the world through different eyes, which leads to a greater empathy and understanding and a stronger team.

“Go Team Buchanan”



“I found it very emotional and heartwarming to see how our team came together”

Staff Member
Anne McAuley



Ageing and Frailty Standards

Healthcare Improvement Scotland (HIS) have published the Ageing and Frailty - Standards for the care of older people.

These standards apply in all settings where older people living with frailty receive health and social care.

They provide a benchmark for progress towards nationally consistent integrated frailty services that put people and their rights at the centre. You can access the standards [here](#).

The HIS Frailty learning system enables staff and teams to share and learn from each other. It is open to anyone working in health and social care, including Independent and Third Sector organisations.



Join the Frailty learning system by following [this link to MS Teams](#) or emailing his.frailty@nhs.scot.

Wound Care - Study Day - 4 December

If you and your team are looking for more in-depth knowledge and management of wounds then this session is for you. This Study Day has been developed in response to care home colleagues' requests for wound care information and updates.



The study day offers a full day combining presentations with hands on interactive sessions on the topics including;
Composition of the skin and its functions, Introduction to wound assessment and definition of a wound,
Wound management and Treatment of wounds and case studies

The training is for nurses and care staff who have an existing competency in wound management within their role in the care home. It also counts towards Continuous Professional Development.

You can book these sessions through website or use the QR code



Newsletter Feedback

Thank you everyone who has contributed to the newsletter over the past year and made it interesting and informative.

We visited Erskine to chat with residents about what they think of the newsletter. Thank you to Margaret and Ian for sharing their thoughts.

Veteran and Erskine Resident Ian McMaster (88). Ian has been a resident for several years. He was delighted to read the coverage of the Sporting Senior Games in the last month's edition of the Care Home Collaborative newsletter, the only complaint he had was that his picture hadn't been featured, so he was delighted to be part of this photo session.



Pictured left is Margaret Blair, 103 years young with Lead Senior Carer Colin McDonald.

Margaret as a newer resident hadn't see the newsletter before but found it very interesting and was delighted to have her photograph taken.

Lesley Wylie, Home Manager ensures a copy of the newsletter is posted on the staff communication platform Workplace every month ensuring all staff can read it and see what training are resources are available.

We welcome your stories and feedback to keep the newsletter relevant and useful to you, your teams, residents and families. Email ggc.chccontact@nhs.scot

Huggy comes to visit



A heart-warming visit from Huggy the Shetland Pony!

We were delighted to welcome Caeleigh Kean from Hugs of Argyll and her adorable Shetland pony, Huggy, to Kincaid House!

Caeleigh and Huggy visited each unit, giving everyone the chance to meet and spend time with our charming new friend.



The smiles and joy Huggy brought were simply priceless! The residents were absolutely thrilled, and Huggy's gentle nature made the visit even more special.

We can't wait to welcome Caeleigh and Huggy back soon for more precious moments and memories! Thank you, Hugs of Argyll, for an unforgettable afternoon!



Reflection through crafts

Lucy Cook, Creative Mojo visited Newton House residents to offer an art class, creating a vibrant mural dedicated to Remembrance Day

Residents engaged in the creative process, using various colours and shapes to achieve this lovely tribute to the memories of those who served in the armed forces.

Activities like this foster artistic expression amongst our residents. The nature of this mural also provided an opportunity for reflection and remembrance, allowing residents to share their stories and experiences.

The finished mural will serve as a beautiful tribute, enhancing the care home's environment and instilling a sense of pride and connection within the community.



Football Memories

Stephen from the CHC team attended Newton House to engage their football-loving residents in a social group focussed on their favourite football teams and discussing memorable football events.

Reminiscence activities foster social interactions creating a sense of community within care homes. It also keeps residents mentally active as they manage to recall interesting facts, amazing scores, and outstanding player statistics.

We loved seeing the residents take a trip down memory lane as they looked at all the old football kit. This boosted their mood as they shared laughter and stories while creating new friendships.



Pictured left
Stephen chatting
with residents

Pictured right
Residents
sharing
memorabilia



If you are interested in running a session in your care home please get in touch by emailing ggc.chccontact@nhs.scot

Looking after our own Wellbeing

Cope Scotland have developed Wellbeing in Winter 2024 booklet that provides practical tools and tips to support you and yours through winter. The tips in this booklet do not replace professional advice, they offer ideas for selfcare and self-management as well as some links to other sources of support.



The National Wellbeing Hub was created for everyone working in health, social care and social work in Scotland. It's a place full of ideas on how to stay well.



Seasons Greetings



We want to thank each and every one of you for looking after some of the most vulnerable people in our communities.

It has been great to share stories from residents and staff from care homes over this past year. This is the final Newsletter of 2024 with the next one scheduled for February 2025.

We wish you and yours a happy festive period and look forward to building on our relationships and activities in 2025!

Learning opportunities

We will be back in 2025 with a full programme of training - In the meantime keep an eye on the website for updates.

The CHC are working in partnership with Care Homes and the NHS Skills Bus to provide an in person clinical learning opportunity for care home staff in March 2025.

If you are interested and would like to be kept informed please register your interest on the website using this link or QR code



As of 1st December 2024 we will be located at 21 Dava Street, Govan, G51 2JA where we will continue to provide services and training for care home teams.

We look forward to welcoming you to our new base in 2025!

Get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.

Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training.

