

Stakeholder Reference Group

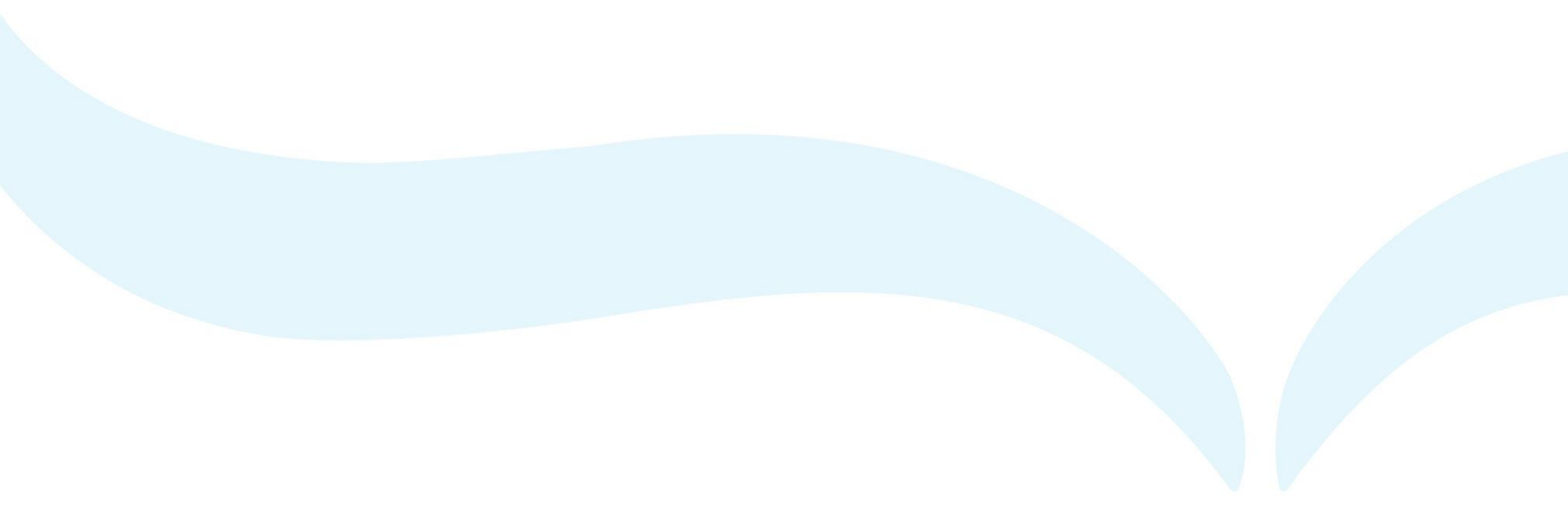
Changes to Inpatient Service

Centre for Integrative Care

Gary Jenkins
Director, Regional Services
27 September 2016

Welcome

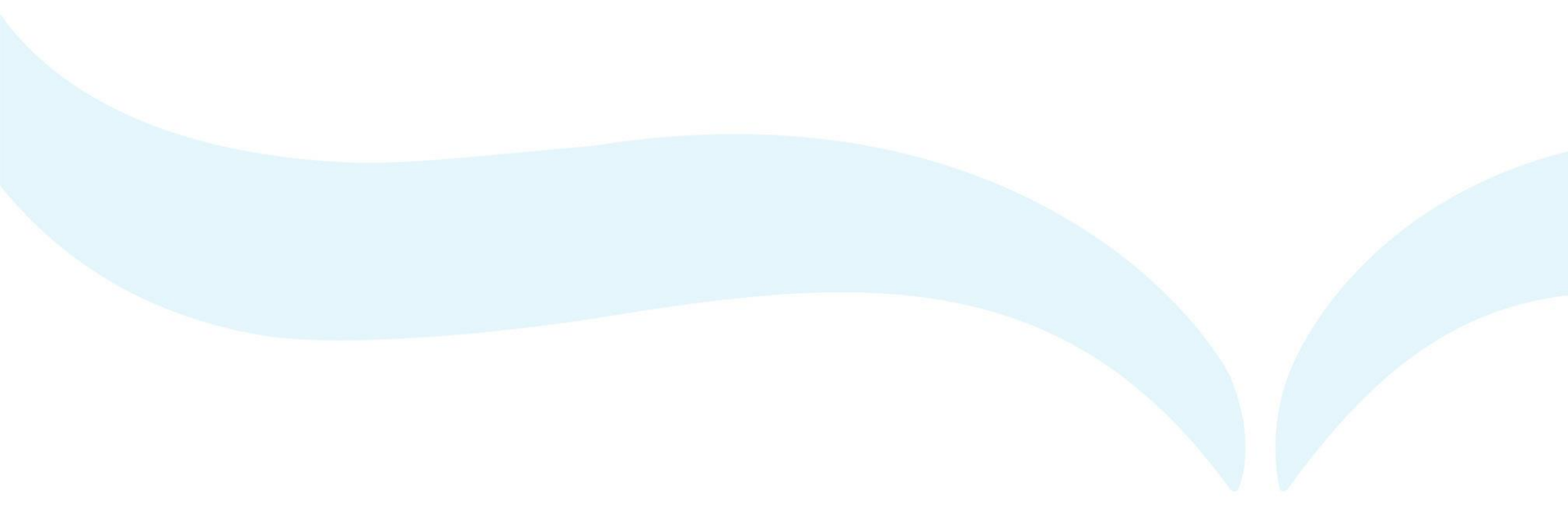
- Introductions
- Housekeeping



Today

- Present and answer initial questions about:
 - Purpose of Stakeholder Reference Group and Terms of Reference
 - Our proposal to deliver services in the future
 - How we intend to inform and engage with stakeholders

Stakeholder Group Terms of Reference (Discussion)



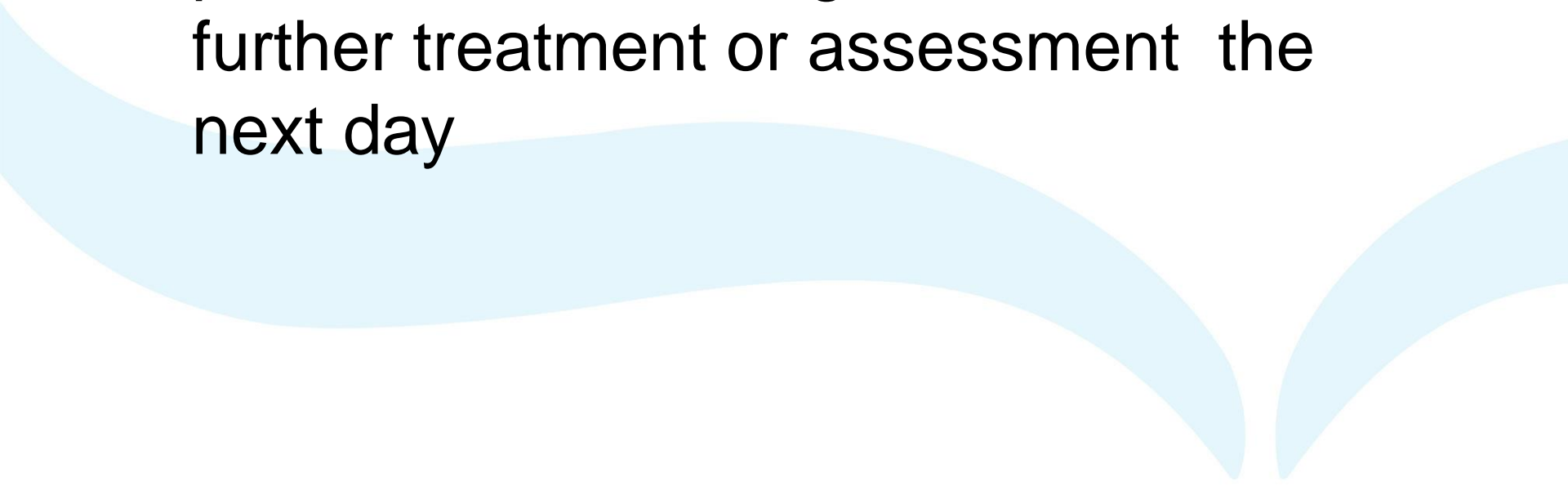
**Proposed New
Model of Service
Centre for Integrative Care (CIC)
Multiple Day Therapy Programme**




What are we changing?

- The CIC carries out over 6,000 patient episodes each year
- Of this total care treatment delivery, 5% of patients are assessed as suitable for a multiple consecutive day programme of assessment or treatment
- These patients currently have overnight accommodation in the CIC after their treatment each day for the extent of the programme (typically 4 nights)

What are we changing?

- We are proposing that this 5% of the overall patients return home after their treatment each day as the other 95% of patients do, returning to the CIC for further treatment or assessment the next day
- 


What are our options?

- For patients who have challenges, we could:
 - Deliver over a longer period than one week
 - Thus giving patients rest between treatment programme days
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What are our options?

- We have not been prescriptive about what the week long programme will look like, as we want input from both the Stakeholder Reference Group and Patients' Panel on the best options for the future design of the new service

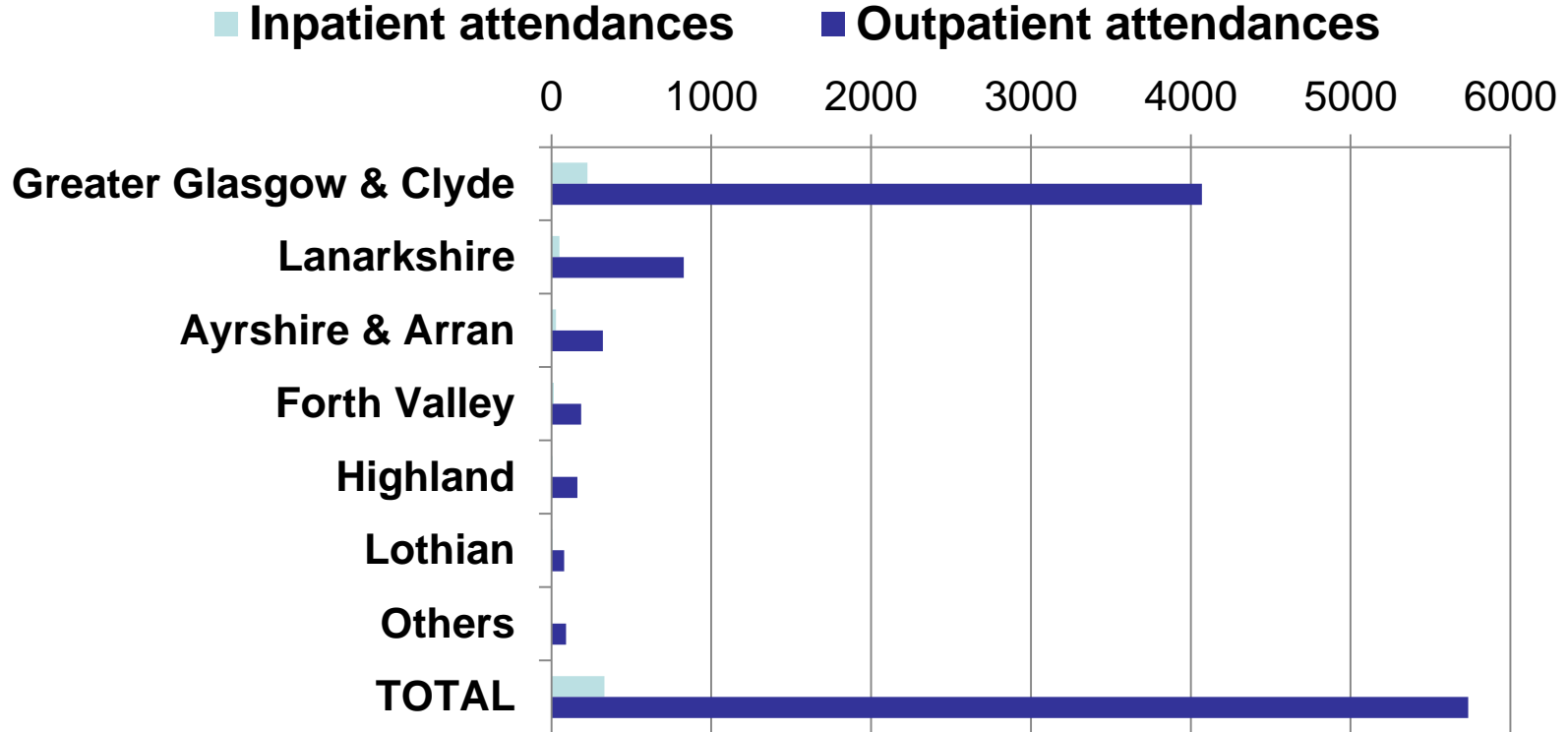
What are we NOT changing?

- 95% of our patients attend for either one off appointments or for courses which run on non consecutive days over several days or weeks
 - There are **no planned changes** to these outpatient programmes
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What are we NOT changing?

- The Centre for Integrative Care will continue to provide all of its existing day services in their current setting
- As only 5% of patients access the current provision of overnight accommodation, 95% of patients will see no service change at all

CIC Current Service Provision



Of the total of 6,069 CIC attendances:

- 5,737 (95%) are outpatients
- 4,294 (71%) are by GGC residents

Current Multi Day Programme

- The current programme offers a five consecutive day programme delivered during core hours daily by the nursing team and provides the opportunity to achieve a holistic assessment of patients' problems
- Patients may also receive Complimentary Therapy or Acupuncture if referred by the Ward Doctor

Current Range of Services

5 Consecutive Day Programme

Monday	1800	Heartmath Based Practice
Tuesday	1000	Mindful Movement
	1115	Spiral of Chronic Health Issues
	1500	Sleep Hygiene
	1800	Heartmath Based Practice
Wednesday	1000	Mindful Movement / Breathwork
	1115	Stress Talk
	1600	Tai Chi / Heartmath Based Practice
	1800	Nutrition
Thursday	1000	Mindful Movement / Breathwork
	1100	Introduction to Exercise
	1515	Art Therapy
	1800	23.5 Hour Day Video, Moving Forward /Heartmath
Friday	1000	Tai Chi / Heartmath Based Practice

All of these services are available on an outpatient basis

**How many patients
currently access overnight
accommodation?**



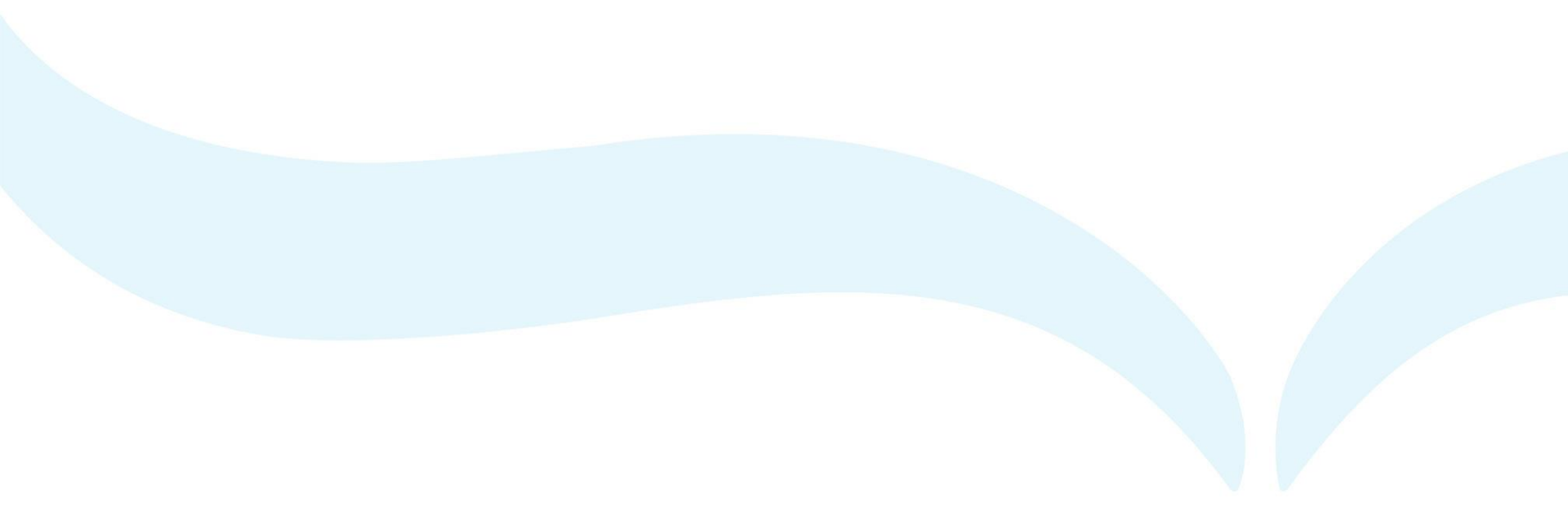
Multiple Consecutive Day Programme Activity

- 260 patients had 332 stays
- 181 patients (224 stays) were from NHS Greater Glasgow & Clyde patients
- NHS Highland, Lothian and Lanarkshire have already restricted access to services, and new referrals are expected to reduce further

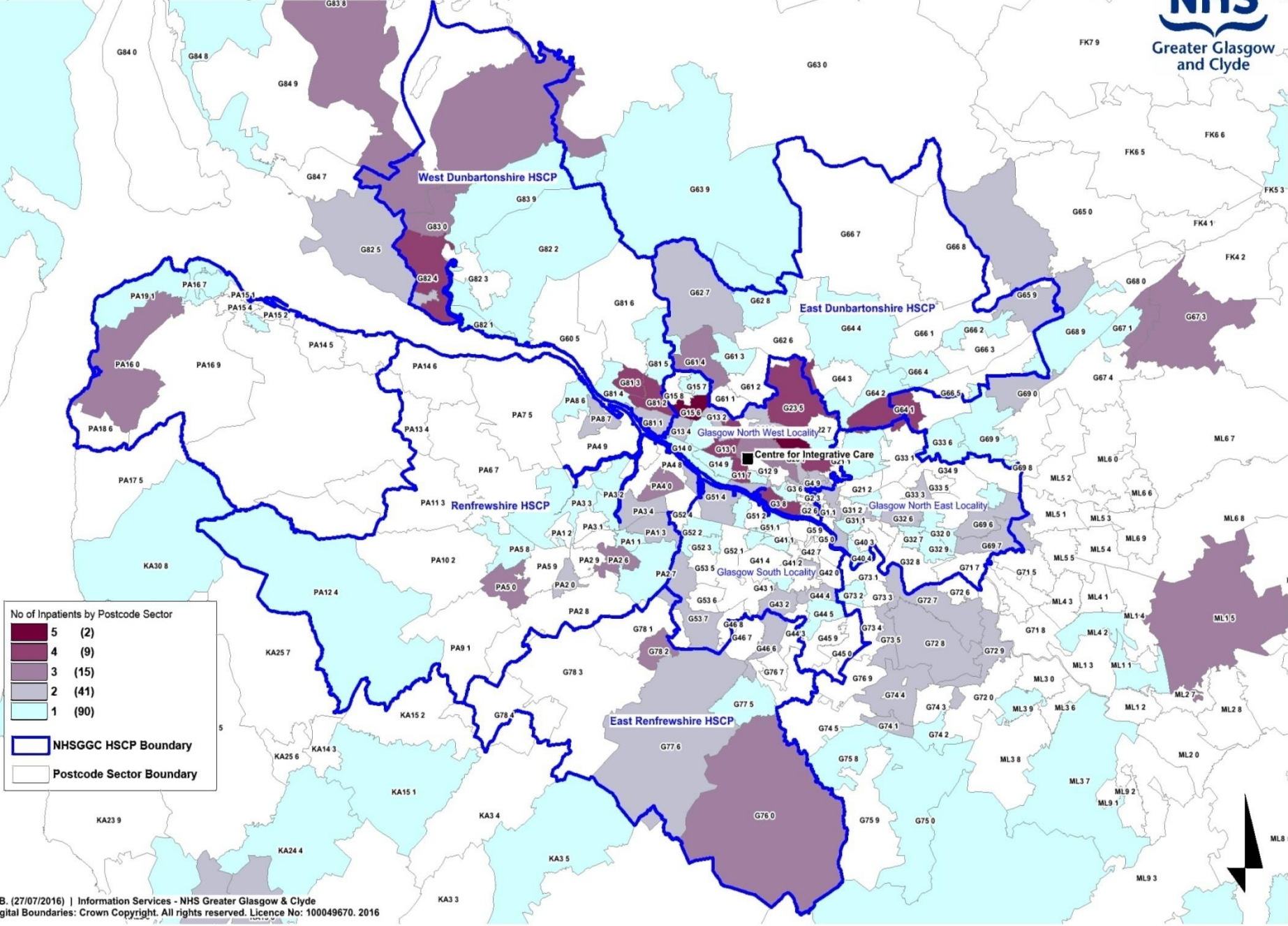
Overnight Stay Programme Activity in 2015/16

	Episodes	Patients	Share
GGC	224	181	69.7%
Lanarkshire	50	36	13.8%
Ayrshire & Arran	28	23	8.8%
Forth Valley	14	10	3.9%
Highland	7	5	1.9%
Lothian	6	4	1.5%
Others	3	1	0.4%
TOTAL	332	260	100%

Where do our overnight stay patients come from?

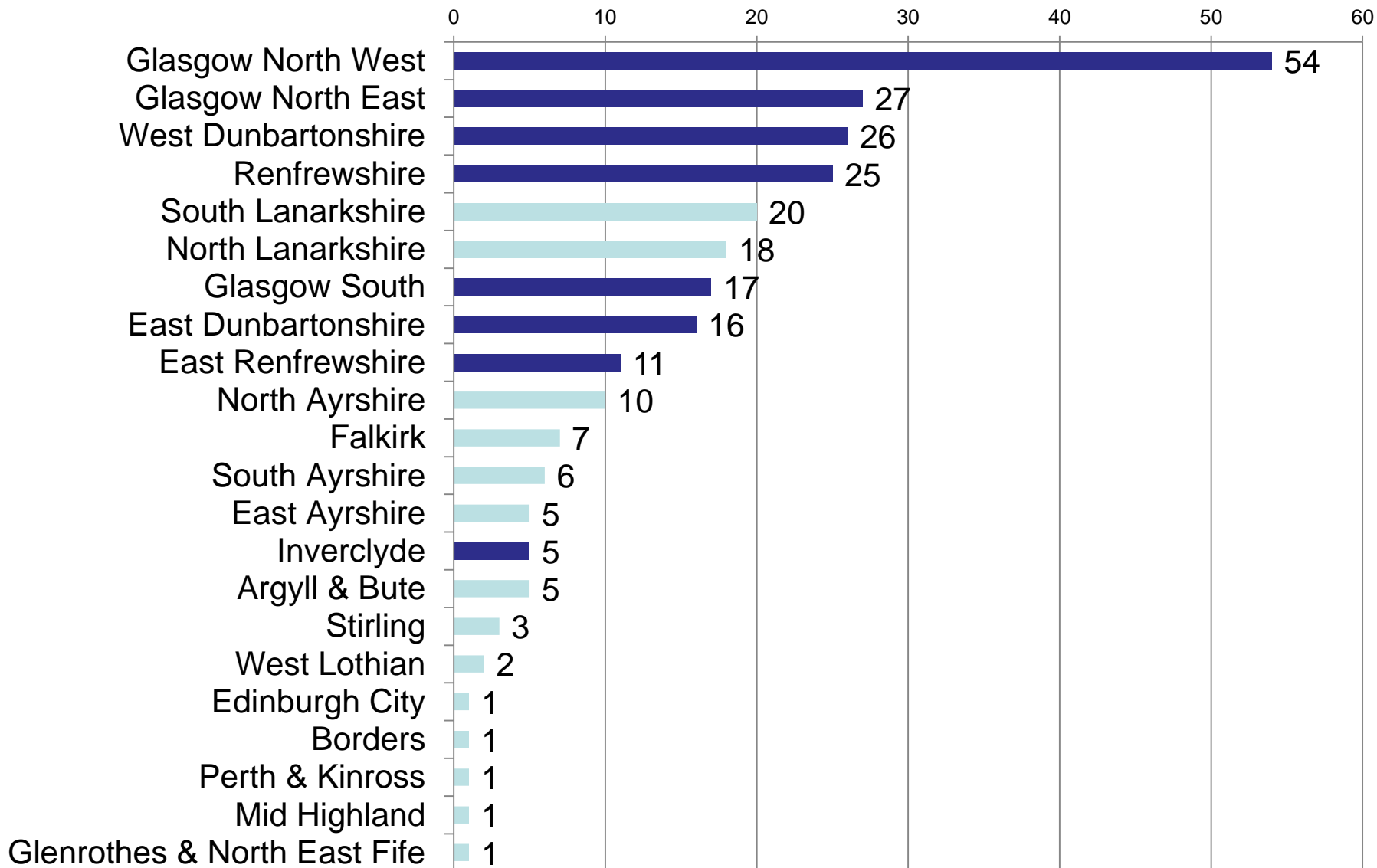


Number of Inpatient episodes at Centre for Integrative Care by Postcode Sector of residence (at time of episode)
 April 2015 to March 2016 (Source: Origin Data Warehouse, Inpatient Episodes)



No of Inpatients by Postcode Sector	
5	(2)
4	(9)
3	(15)
2	(41)
1	(90)
NHSGGC HSCP Boundary Postcode Sector Boundary	

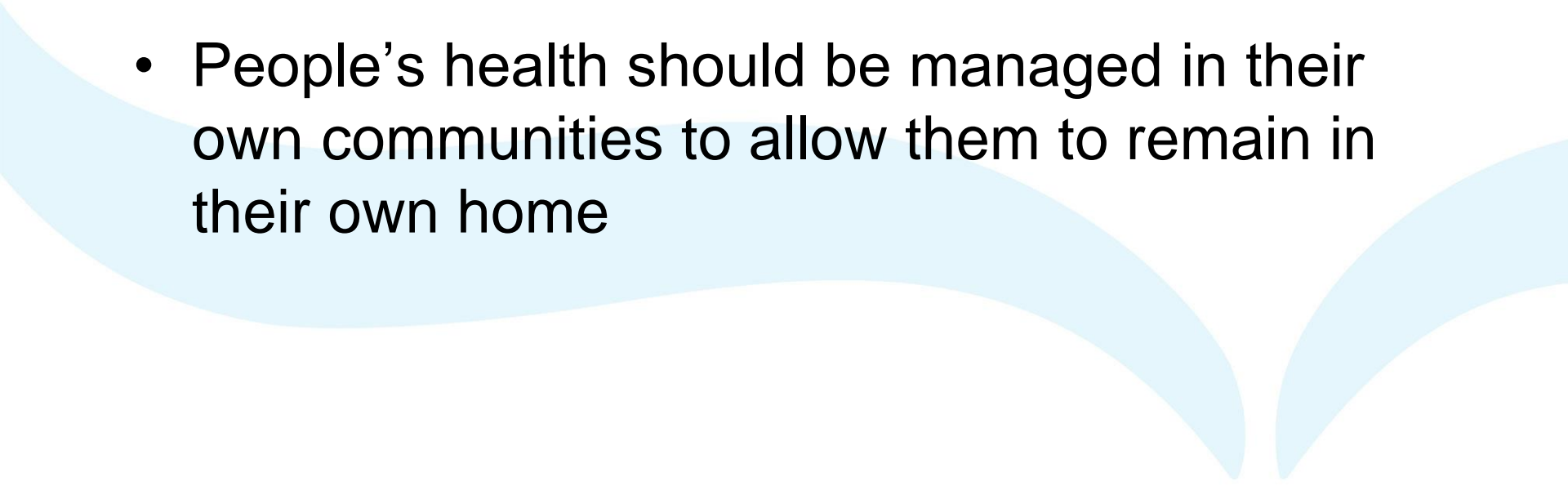
Overnight stay patients by HSCP locality



GGC residents in dark blue

Why are we changing?

Scottish Government Health Department 2020 Vision (2011)

- The Scottish Government's vision for the NHS is that patients should only be admitted to hospital for urgent or acute care
 - People's health should be managed in their own communities to allow them to remain in their own home
- 

THE 2020 VISION FOR HEALTH AND CARE IN SCOTLAND

'Our vision is that by 2020 everyone is able to live longer healthier lives at home, or in a homely setting.

We will have a healthcare system where we have integrated health and social care, a focus on prevention, anticipation and supported self-management. When hospital treatment is required, and cannot be provided in a community setting, day case treatment will be the norm.

Whatever the setting, care will be provided to the highest standards of quality and safety, with the person at the centre of all decisions. There will be a focus on ensuring that people get back into their home or community environment as soon as appropriate, with minimal risk of re-admission.'

“When hospital treatment is required, and cannot be provided in a community setting, day case treatment will be the norm.”

The recent history of the CIC

An ongoing process of change

- Following the direction laid out in the 2020 Vision, along with the rest of planned care services across NHS GGC, the CIC has adapted to deliver more care on an outpatient or day case basis
- The CIC has been on a redesign journey for a number of years, guided by the Scottish Government's Long Term Conditions strategy
- As part of this, it has already reduced from 15 inpatient beds, seven days a week, to 7 beds for overnight accommodation four nights a week

What do other Integrative Care Centres across the UK currently do?

- There are two other large centres in the UK providing NHS Integrative Care services:
 - Royal London Hospital for Integrated Medicine
 - The Portland Centre for Integrative Medicine, Brighton
- In both of these English Centres they have already fully transformed all their services to be delivered as outpatients or day treatment courses and have no inpatient beds

Royal London Hospital for Integrated Medicine



The Royal London Hospital for Integrated Medicine (RLHIM) is the largest public-sector provider of integrated medicine in Europe. Formerly known as the Royal London Homeopathic Hospital, the RLHIM offers an innovative, patient-centred service integrating the best of conventional and complementary treatments for a wide range of conditions. All clinics are led by consultants, doctors and other registered healthcare professionals who have received additional training in complementary medicine.

The RLHIM operates on an outpatient clinic basis.

Address

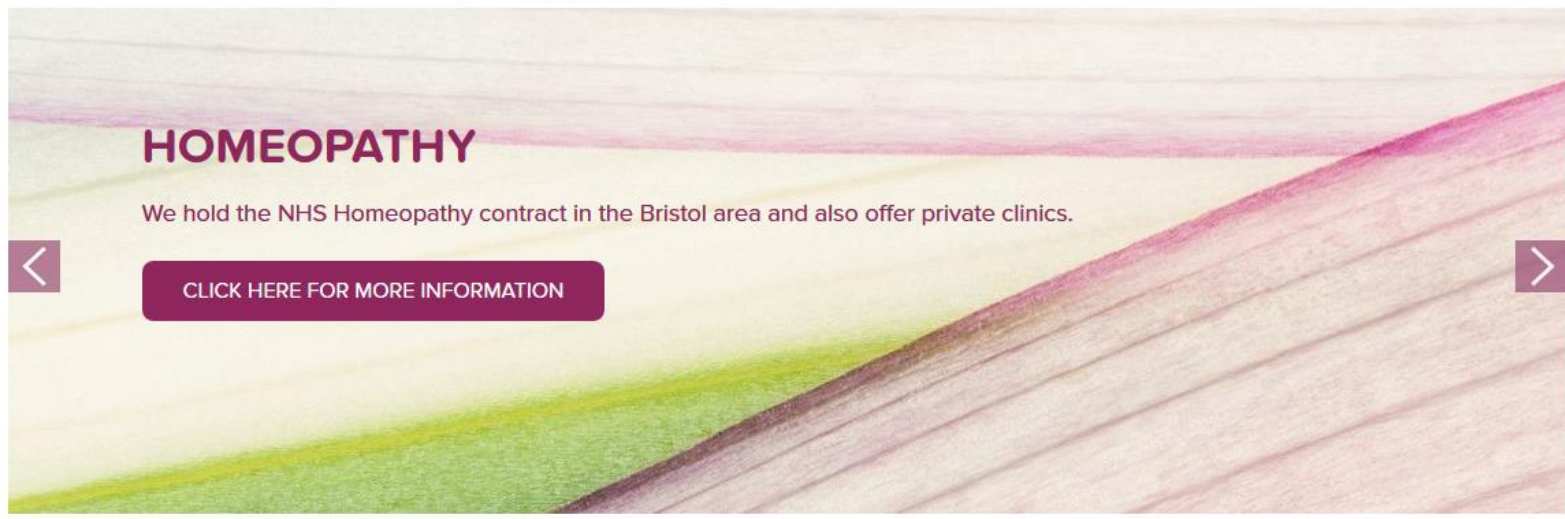
Royal London Hospital for
Integrated Medicine
60 Great Ormond Street
London
WC1N 3HR

Telephone

0845 155 5000 or
020 3456 7890



Inspiring health and wellbeing

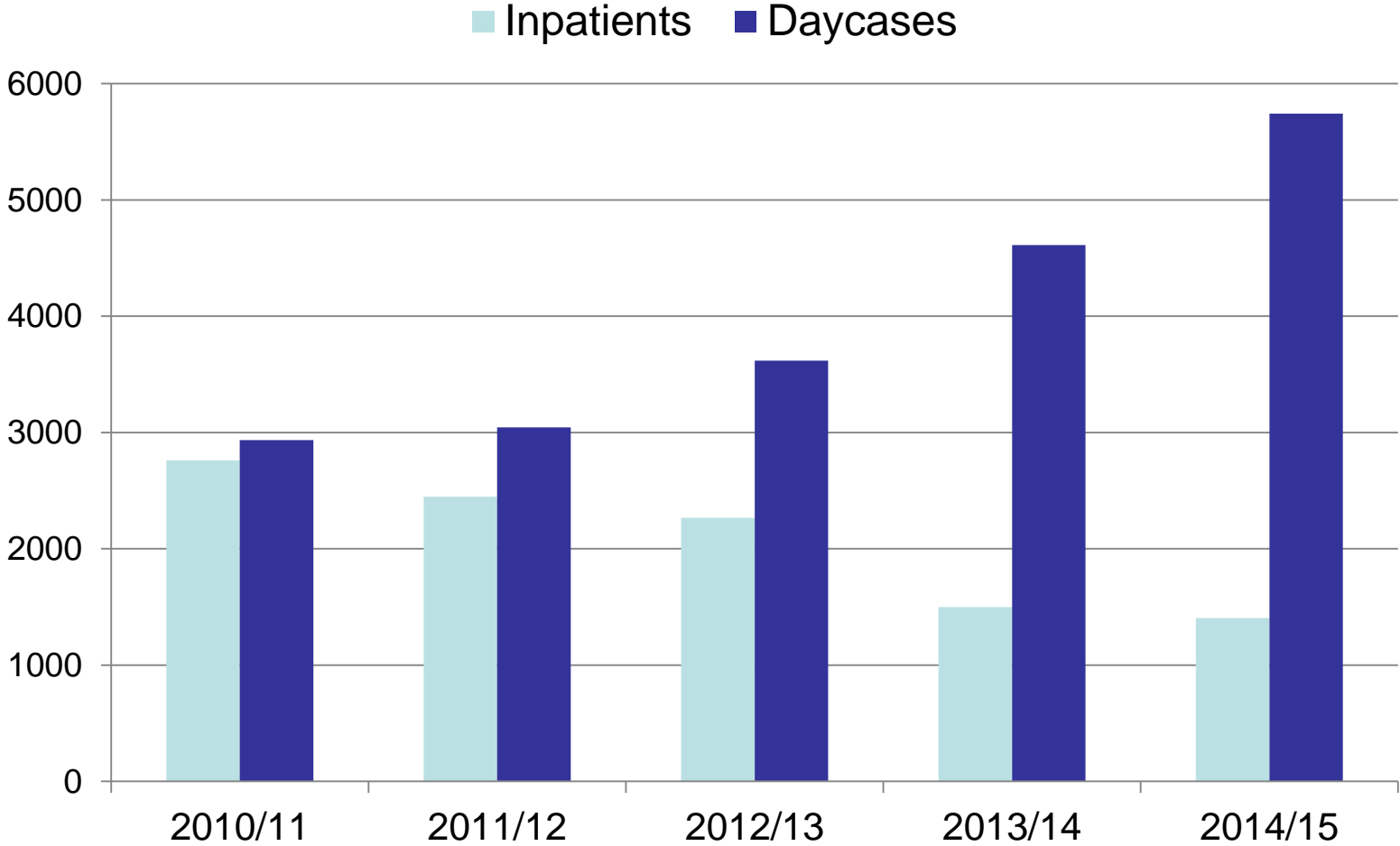


The Portland Centre is a private healthcare organisation which delivers Health and Social care services under contract to both NHS and local authorities. It has had no inpatient services since 2001.

Other NHS GGC Services

- As well as bringing the CIC service delivery into line with the other UK centres
 - This change would align the clinical model within CIC to those delivered in other services
 - At the adjacent Beatson West of Scotland Cancer Centre, chemotherapy and radiotherapy are delivered as five day programmes on a day case basis

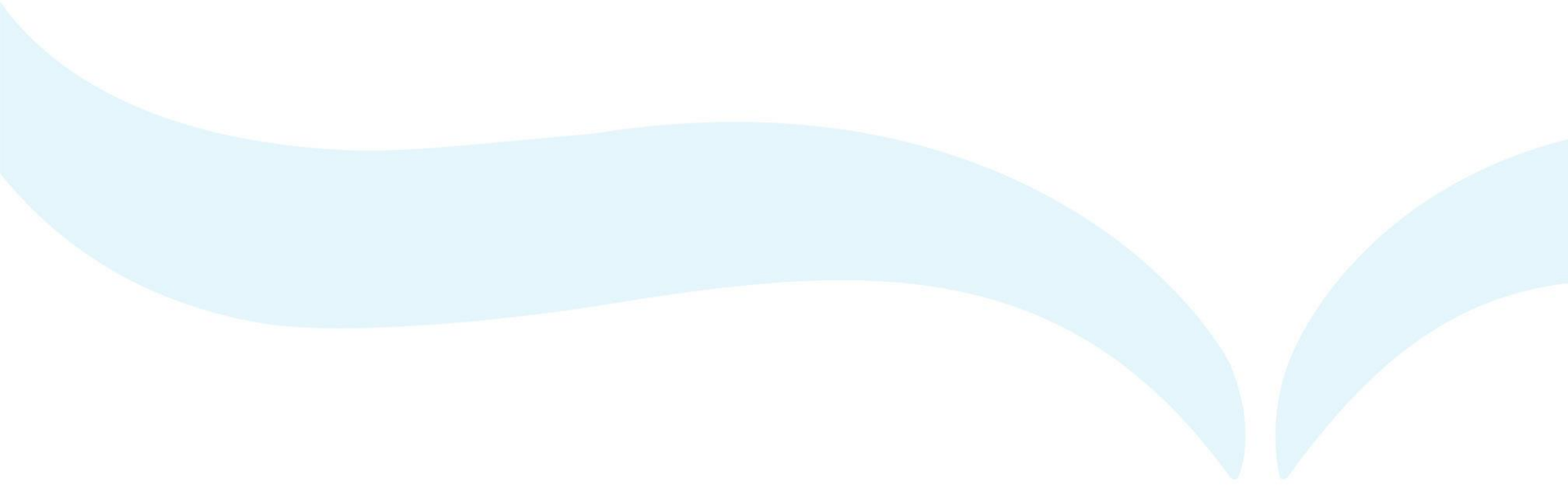
GGC residents treated at Beatson West of Scotland Cancer Centre



Other services

- Treatment programmes for most long-term conditions in GGC are now delivered in an entirely outpatient and day case basis:
 - Dermatology
 - Neurology, inc Multiple Sclerosis, Parkinson's and Movement Disorders
 - Chronic Pain Management Programme

Feedback

- What are your thoughts so far?
 - Do you have any comments?
- 

Informing and Engaging

- Deliver an engagement programme with people across the area which will run from September to December 2016
- Programme shaped by a Stakeholder Reference Group representative of patient, carer and public affected by proposal to assist with the development of a range of communications resources and advise on the best means of engaging with those affected

Engagement Plan (Discussion)



Next steps

