

# Core brief

**Daily update**  
**(3 May 2022, 4.10pm)**

Topics in this Core Brief:

- Updated Guidance for Health and Social Care Staff – managing symptoms
- Reminder - inpatient visiting arrangements
- Face coverings/face masks reminder
- Demystifying Death Week 2022

## **Updated Guidance for Health and Social Care Staff – managing symptoms**

Please see [attached updated guidance](#) for health and social care staff following changes to population wide testing and restrictions. This guidance applies to the following service user face to face roles:

- Staff who work with patients and services users in a face to face setting
- Members of staff who are regularly in social care setting (for example, a care home or adults day care centre)
- Domestic, catering and support staff – but does not include office based staff members who do not enter these settings.

Overall the guidance sets out arrangements in relation to:

- Routine asymptomatic testing
- Staff members with symptoms of a respiratory infection including COVID-19
- Staff members who receive a positive LFD test result for COVID-19
- Staff members who are contacts of a confirmed case of COVID-19.

**Health and social care staff members who do not work in face to face settings with patients and service users should follow the Government's [Stay at Home](#) guidance for the general population, if respiratory symptoms occur and inform their line manager.**

## **Reminder – inpatient visiting arrangements**

As noted in [Core Brief last week](#) changes to inpatient visiting were introduced from 8am Saturday 30 April. The changes mean that the majority of inpatients across NHSGGC hospitals are again able to benefit from the support of at least one visitor at a time.

New visiting arrangements are as follows:

### **One visitor at a time; the visitor can change daily**

- Glasgow Royal Infirmary
- Stobhill Ambulatory Care Hospital
- Royal Alexandra Hospital
- Lightburn Hospital
- Vale of Leven Hospital

- Inverclyde Royal Hospital

### **Up to two visitors at a time; the visitors can change daily**

- Queen Elizabeth University Hospital
- Gartnavel General Hospital
- New Victoria Hospital
- Beatson West of Scotland Cancer Centre
- Royal Hospital for Children
- All Regional wards
- All mental health wards
- All maternity wards

While family members or friends may be able to visit two at any one time, in some hospitals, due to the ward environment, people may be asked to visit separately.

Full details of the changes to visiting can be found here: <https://www.nhsggc.scot/your-health/covid-19/patients-hospital-appointments-and-visiting/>

Staff resources to support the application of NHSGGC visiting guidance can be found here: [Visiting Resources for Staff - NHSGGC](#)

As always, thank you for your efforts to ensure that people in hospital can benefit from the support of those who matter most to them as much as possible.

### **Face coverings/face masks reminder**

All staff are reminded that despite the relaxation on mask wearing in the community, they should adhere to the following guidance:

All staff who work in clinical buildings e.g. hospitals, health centres, must wear a FRSM, upon entering the building and should continue to wear one throughout their shift, except in a limited number of circumstances e.g. when maintaining two metre physical distance in a non-clinical environment when eating and drinking or when working in an office outwith the clinical environment.

Staff who work solely in non-clinical buildings - such as Board headquarters, Caledonia House or other standalone offices – and who do not enter buildings where patient care is provided, do not need to wear FRSMs, but instead should wear their own face covering when not seated at their desk and when walking about the office.

Staff members who work in non-clinical buildings but as part of their job role will enter a building where patient care is provided must change to a FRSM.

### **Demystifying Death Week 2022**

We kicked off Demystifying Death Week 2022 yesterday with two great events – a session on self-care for carers and our first Death Cafe (an event for everyone to break the taboo and talk about death)! Lots of events happening for the rest of the week, including sessions on Future Planning and Power of Attorney. A full list of events and links to register can be found on the [Events Pages](#) of the [Anticipatory Care Planning webpages](#). All free, all online – we look forward to seeing you there!

# demystifying death week 2-6 May 2022



## Tuesday 3rd May

Topic: Having Conversations That Matter  
When: Tuesday 3rd May, 12noon-1.30pm Online Teams  
Who is it For: NHSGGC Health and Social Care Staff, Care Homes & 3rd Sector  
Delivered by: The Spiritual Care Team and the ACP Team *Limited to 8 Places only*

Topic: Anticipatory Care Planning Introduction  
When: Tuesday 3rd May, 4.00-5.00pm Online Teams  
Who is it For: NHSGGC Health and Social Care Staff, Care Homes & 3rd Sector  
Delivered by: ACP Programme

Topic: Planning For The Future  
When: Tuesday 3rd May, 7.00-8.00pm Online Teams  
Who is it For: Members of the Public  
Delivered by: ACP Programme

## Wednesday 4th May

Topic: Preparing For Hospital - What You Need to Know  
When: Wednesday 4th May, 1.00-2.00pm Online Teams  
Who is it For: Open to all - particularly useful for unpaid carers  
Delivered by: ACP Programme

Topic: What is Palliative Care?  
When: Wednesday 4th May, 4.00-5.00pm Online Teams  
Who is it For: NHSGGC Health and Social Care Staff, Care Homes & 3rd Sector  
Delivered by: ACP Programme and a Palliative Care Professional

Topic: Power of Attorney / Making a Will  
When: Wednesday 4th May, 7.00-8.00pm Online Teams  
Who is it For: Open to all - Members of the Public and Staff  
Delivered by: Karen Wootton, Solicitor

Always report your LFD result - even if it's negative



Remember to report your results at:  
<https://nhsnss.service-now.com/covidtesting>

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsnss.scot](http://www.nhsnss.scot). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)