Daily update (5 October 2020, 4.25pm)

Topics in this Core Brief:

- NHSGGC Nurse/Midwife Induction
- Health & Safety Training 4 WEEK COUNTDOWN!
- Travelling abroad
- Walking Challenge 12 October 9 November
- Challenge Poverty Week 5 11 October 2020

#### **NHSGGC Nurse/Midwife Induction**

Today Nursing Director, Dr Margaret McGuire, welcomes our 536 newly qualified Band 5 Nurses and Midwives to NHSGGC. We hope our NQNs feel welcome and valued and wish them a smooth transition from student nurse or midwife to qualified practitioner. We would also like to wish you all the very best for your future career!



The online Mandatory Corporate Induction can be found here:

https://www.nhsggc.org.uk/about-us/professional-support-sites/nurses-midwives/registered-nursing-and-midwifery-induction

# Health & Safety Training – 4 WEEK COUNTDOWN!



Health and Safety Training – Protect yourself, your colleagues, patients and visitors.

You now have only **four** weeks to complete your Health & Safety training. Don't wait, complete your training in now!

### **Sharps and Falls**

In these final four weeks of training there is a particular focus on Sharps and Falls training for staff in the areas highlighted below. Staff are encouraged to take the opportunity to complete this training as soon as possible if you have not done so already.

### **Sharps**

Sector	Department
South Sector	QEUH A+E Medics/Admin
South Sector	QEUH A+E Department
	QEUH Immediate Assessment
South Sector	Unit
Regional	
Services	QEUH – Neurosurgery

#### **Falls**

Sector	Department
South Sector	QEUH - Gen Surgery/Medical
Clyde Sector	RAH - Gen Surgery/Medical
Clyde Sector	RAH – Orthopaedic/Medical

For further information see <a href="here">here</a> and to complete the training modules go to your <a href="LearnPro account">LearnPro account</a>.

Please note that an alert is automatically generated by LearnPro **3 months** prior to module validity elapsing for the following, which are then accessible at the time of the alert to complete:

- 9 core mandatory modules
- GGC: 061 Management of Needlestick Injuries
- NES: Prevention and Management of Occupational Exposure
- Falls Prevention Programme (5 modules)

The search function is based on the course description content so 'falls' and 'sharps' will work for the GGC modules and the NES sharps module as well.

# **Travelling abroad**

The <u>Foreign and Commonwealth Office (FCO)</u> currently advises British nationals against all but essential international travel and the <u>Scottish Government</u> has advised that you should think carefully before booking non-essential foreign travel at this time.

All countries are keeping the virus situation under review and travel rules can change at short notice to protect public health. This could include having to quarantine. Do not assume that the rules and regulations applying to or in your destination when you book a holiday will stay the same when you are there or be the same when you come to travel home.

## Walking Challenge - 12 October - 9 November

Not many of us managed to get away abroad for a holiday this year but now you can virtually visit Spain and take on this year's walking challenge to walk the Spanish Steps.

From Salamanca to Granada you will cover 1010 kilometres, virtually, over the Spanish countryside visiting some of Spain's medieval towns, spotting some great architecture and passing through the capital Madrid on the way.

All you need to do is form or join a team of up to five colleagues, count your steps over a 4-week period using the smartphone app, your pedometer/Fitbit etc, track your progress across our virtual route, enjoy getting active and some friendly competition with your colleagues.

Registration is currently open and the walk starts on Monday 12 October. To register, follow the instructions at: <a href="https://activestaff.worldwalking.co.uk/">https://activestaff.worldwalking.co.uk/</a>



## **Challenge Poverty Week 5 - 11 October 2020**

Challenge Poverty Week is an opportunity to highlight the innovative work being undertaken to support people living in poverty.

The <u>Healthier Wealthier Children</u> project is now in its 10th year of helping reduce financial stress for NHS patients.

Since its launch in 2010, this NHS led child poverty initiative has resulted in over £36 million pounds going back into the pockets of local families with over 26,000 referrals to money advice services from NHS Greater Glasgow and Clyde staff.

All NHSGGC midwives and health visitors are now asking about money and debt worries routinely and referring to money advice services as part of day to day care and the project has been mainstreamed across the organisation.

Dr Noreen Shields of the Equality & Human Rights Team said, "In light of COVID-19, the need to ensure that our patients are getting the financial support they require is greater than ever. By asking a simple question and providing patients, parents or carers with assistance on where to get help, we can do so much to prevent unnecessary worry and anxiety."

For information on when and how to broach money worries, how to refer and how to access training and resources, go to our Staff Guidance: Money Worries web pages.

Click here to view <u>Money Worries: In Sickness & In Health</u> – a short film aimed at healthcare professionals outlining the link between poor health and money worries.