

Core Brief



Message from Jane Grant, Chief Executive (1 March 2024, 1.50pm)

Last week, as part of our programme of Board member visits to services, non-executive Board members from the Acute Services Committee had the opportunity to meet and listen to feedback from the team at the Neurorehabilitation Unit (NRU) in Glasgow. Led by Susan Groom, Director for Regional Services, the service includes a unit in Glasgow based at the QEUH and a 4-bedded unit in the IRH. The NRU team carry out fantastic work in supporting patients recovering from, or living with, acute neurological conditions. Whilst visiting the Glasgow unit, Board members were also able to meet patients receiving care at the NRU, and the feedback was overwhelmingly positive. My thanks to everyone involved in supporting the visit and I look forward to providing updates on future Board member visits in the coming months.

The Staff Health Strategy sets out our commitment to supporting the health and wellbeing of our staff. Following the approval of the Strategy in December, the Board has also now approved a detailed action plan setting out specific actions to be delivered over the next three years. One important area is the support of employees affected by the menopause. As an organisation, we are committed to ensuring that those affected by menopause are treated fairly and given appropriate support. This includes implementation of the Once for Scotland Menopause Policy and the development of training and staff support, including a support network. Colleagues can access to the Interim NHS Scotland Menopause and Menstrual Health Workplace Policy on our website <https://www.nhsggc.scot/staff-recruitment/hrconnect/policies-and-staff-governance/policies/health-and-wellbeing/#nhsggc-menopause-policy>. A menopause engagement event was held in January 2024 and a further event is being planned. Details of this will be published in due course.

I was heartened this week to read about the ongoing care and support our team at the Royal Hospital for Children (RHC) has been able to provide baby Nora, who was born nine weeks early and weighed just one pound and two ounces. Nora who has Primordial Dwarfism, has since been receiving care from eight different teams as an outpatient and is doing well, despite facing a number of challenges. Mum and dad, Amy and Ruarigh, were keen to share their story to help highlight the quality of care they have received for Nora's care as part of International Rare Disease Day, which raises awareness of rare diseases and the access and provision of care

to support them. We also welcomed Deputy Chief Medical Officer, Professor Marion Bain, to the RHC to hear more about the multi-disciplinary approach we take to look after patients like Nora, with complex conditions. My thanks go to all of the teams at the RHC who have been supporting this patient and providing care to all our patients with rare diseases.

Finally, I am delighted to share some feedback from a day surgery patient at Gartnavel General Hospital. My thanks go to all the staff involved in delivering care to this patient:

"I recently underwent tonsillectomy at the Surgical Day Unit at Gartnavel General Hospital. I would like to express my heartfelt gratitude to all the staff involved, including the SDU staff, theatre staff, recovery staff, and the nurses in ward 4C. As a nurse myself, I felt apprehensive about undergoing surgery, but I was provided with exceptional reassurance throughout the entire process by every single member of staff I encountered that day. Each step of the process was explained to me thoroughly, and my questions were genuinely listened to. I apologise as I don't recall many names due to the anaesthetic. Every staff member treated me with kindness and respect. A special thank you to Mr Hilmi for performing the surgery and for the reassurance he provided throughout the process; I cannot thank you enough."

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on the [website](#)**