

Core brief

Daily update

(10 July 2024, 12.45pm)

Topics in this Core Brief:

- Data Security Spotlight – Password security
- Sign up for Realistic Medicine updates and training modules
- Listening to our patients
- Scottish Health Awards 2024

Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

Sign up for Realistic Medicine updates and training modules

Are you signed up to the Realistic Medicine mailing list?

Realistic Medicine is working with patients to have shared decision making about their care by empowering them to make informed choices about their treatment and risks.

By understanding what matters to patients, we make sure they receive better care and outcomes that they value. This personalised approach gives them the best care and treatment in scenarios realistic to them in their lifestyle.



It enables the best outcomes with the resources we have, while minimising our impact on the environment and ensures healthcare is delivered fairly and equitably for everyone.

Visit and share the [Realistic Medicine Sharepoint](#) site for more information, training and resources.

We also encourage you and your team to join the Realistic Medicine [mailing list](#) to receive updates directly to your mailbox.

Listening to our patients

Listening to our patients, their families and carers, and hearing about their experience of care is extremely important to NHSGGC. Care Opinion is one of the feedback mechanisms that helps us do this.

Care Opinion is an independent organisation and website, where patients, families and carers can share their feedback about their healthcare experiences (www.careopinion.org.uk). The feedback we receive provides us with the opportunity to learn from people that use our services on what is working well, and identify any areas of improvement.

Some highlights from **June 2024** are shown below, with staff being the most frequently used tag to describe what was good about our services. The key themes from the word cloud are **our staff, their professionalism and level of care provided.**

- **224** patients, relatives and carers shared their feedback via Care Opinion
- **76%** of these stories were from patients or service users
- **81%** of feedback was positive
- These stories have been viewed on Care Opinion **14,655** times

What was good about the care you received?



If you would like more information about Care Opinion, interested in becoming a responder, or to enquire about responders in your area please contact the Patient Experience Public Involvement Team: PatientExperience@ggc.scot.nhs.uk.

Scottish Health Awards 2024

Staff are reminded that nominations are open for this year's Scottish Health Awards.



These awards recognise the contribution of frontline health and social care workers but also celebrate those who work so hard behind the scenes in support roles to ensure we have the kind of health and care services that are vital in achieving the highest quality of care.

Nominate today and help celebrate the extraordinary achievements in Scotland's health sector.

The 2024 categories include:

- Support Worker Award
- Innovation Award
- Volunteers Award
- Midwife Award
- Allied Health Professional Award
- Global Citizenship Award
- Young Achiever Award
- Unsung Hero Award
- Care for Mental Health Award
- Integrated Care Award
- Tackling Health Inequalities Award
- Leader of the Year Award
- Nurse Award
- Doctor Award
- Top Team Award
- Outstanding Achievement Award (Reader's Choice).

You can nominate by visiting: <https://www.scotlandshhealthawards.co.uk/>

Entries close on Sunday 18 August 2024.

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

Getting the right care is as easy as ABC



A

Ask yourself

Do I need to go out?

For information on treating minor illnesses and injuries from home, go to **NHS inform** or download the **NHS 24 App**.

B

Be aware

There is help on your doorstep.

Your local **GP, pharmacy, dental practice** and **optician** offer a range of services.

C

Call 111

If it's urgent, or you're unsure, call **NHS 24** on **111**.

They'll get you the care you need.

Unless it's an emergency - think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)