

Core brief

Daily update
(10 September 2020, 5.20pm)

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Protect Scotland app launches

The Scottish Government today launched their Protect Scotland app to help suppress the spread of COVID-19.

All smartphone users across Scotland are being asked to download the app via Apple and Google stores.

Some staff have raised concerns about working in clinical areas using PPE and we can confirm that all app users should keep their phone on and with them whenever possible, with the app active on their phone at all times except in a small number of circumstances:

- If the user is a health or social care worker in a clinical setting, wearing medical grade PPE.
- If the user is protected by a fixed physical barrier from customers and colleagues such as a Perspex screen majority of the working day. This doesn't apply for those who constantly move around (e.g. café workers behind tills with a screen who also move around the café).
- If the user keeps their phone in a locker or equivalent facility at work and not on their person.

In these circumstances, ideally individuals should turn off their phone as that means the app will automatically continue to work when the phone is turned back on again. However, it is recognised that it is not always possible so alternatively users can choose to disable Bluetooth, however, staff should remember to reactive Bluetooth when in social areas.

For detailed FAQs for users to review, please visit: www.protect.scot

Give & Go

With the announcement of the latest restrictions to be imposed in Glasgow City, East Renfrewshire, West Dunbartonshire, Renfrewshire and East Dunbartonshire, the Give & Go service has resumed.



Patients can once again receive comfort items from family and friends while visits are restricted. People can drop off essentials for their loved ones and a team of volunteers and support staff will deliver them to the wards.

Items such as toiletries, clothing, mobile phones and snacks and magazines can be dropped off. Laundry can also be collected by prior arrangement with the site based service.

For further information, including guidance on procedures and allowed items, please [visit our dedicated web pages](#).

If you know someone who would like to volunteer with the Give & Go service, ask them to visit: www.nhsggc.org.uk/covid19/volunteering

Suicide Prevention Day – Thursday 10 September

Today marks Suicide Prevention Day and this year's theme is 'Talking Saves Lives'.

These have been challenging times and as we now turn our attention to the future, it's important to remember that others around us may be struggling.

On average two people took their own life every day in Scotland last year. That's not just a number. It was Family. Friends. Work colleagues.

If you or someone you know is struggling with mental health, then NHSGGC is here to help and support you. It's important to remember it's okay not to feel okay. The mental health and wellbeing of staff is important to us and you can find out what [support is available on our website](#).

One of the ways in which we are trying to ensure that everyone has access to the correct levels of support is via the [Mental Health Check-In](#) survey, which is now open and we would encourage all staff to take part.

This World Suicide Prevention Day marks the launch of Scotland's new approach to suicide prevention. Visit www.unitedtopreventsuicide.org.uk to find out how you can get involved.



Organ Donation Week, 7 – 13 September

As part of our continued support of Organ Donation Week, Professor Kevin Rooney, Consultant in Anaesthesia and Intensive Care Medicine, talks to us about his experiences of organ donation.

What is your experience (professional or personal) of organ donation?

My first experience of organ donation was of a close friend at university who received a kidney transplant. I saw it transform his life back to normal and allow him to complete his studies in medicine. Twenty six years later he is still practising as a consultant. On a more recent level, I have had an uncle and close personal friend who have both benefited from organ and tissue donation. The more that I have explored the subject, it seems to be that most people lives have been touched in some way by donation and transplantation.



As a consultant in Intensive Care, my first priority is to try and save a patient's life. However, sometimes despite our best efforts, the patient dies. Every death is a tragedy for the patient and their family. Organ and tissue donation, however, can be an opportunity for some good to come out of such tragedies. I have personally seen it give families solace at an otherwise difficult time.

Why is organ donation important?

There are thousands of patients in the UK waiting for an organ transplant. Currently in Scotland, around 550 people with life-threatening illnesses are on a transplant waiting lists. Sadly, due to a shortage of donors, many of these patients may die.

What would you say to someone thinking about being an organ donor?

Everyone has a choice as to whether or not they want to become an organ donor after they die, and if you choose to donate, you can choose to donate either some or all of your organs. One willing donor can enhance or save the lives of up to nine different patients. These patients aren't just anyone, there are the mothers, fathers, children and siblings of someone we know. We can donate our heart, lungs, liver, kidneys, pancreas and small bowel, not to mention tissue, cornea and bone. We all have it in us to save a life.

Everyone Matters Pulse Survey

The pulse survey is out now and replaces the national iMatter survey, which was paused due to COVID-19. It has been issued now to give NHSGGC and the wider NHSScotland the opportunity to take on board employee feedback to enable us to best support you now and in the future.

This is your opportunity to give your views about your experiences over recent months, both at work and at home. This will be an opportunity to note any issues and flag concerns you may have, while also giving you the chance to note any positive experiences you have had.

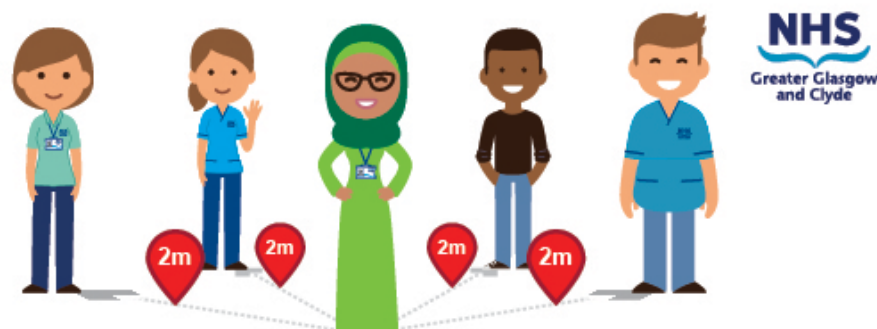
Responses to this anonymous survey will be collated to produce a directorate report. All answers collected will be treated with the utmost confidentiality and cannot be linked to any individual respondent. It will take no more than 10 minutes to complete and we would encourage you all to take part.

For staff members with IT access, you will have been sent an email with a link to the survey. For offline staff members, you will be given a paper copy of the pulse survey and you will be given the opportunity to fill it in during your regular face to face briefings.

Please keep up-to-date with the latest guidance on our dedicated web pages at:

www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).



**It's important to maintain the social distancing rule.
Respect personal space and keep 2 metres apart.**

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**

