

Daily update (10 September 2024, 10.50am)

Topics in this Core Brief:

- Data Security Spotlight Supplier Email Compromise
- Launch of new 'Money Advice and Support' app to help staff and patient financial wellbeing
- World Suicide Prevention Day 10 September
- Staff Travel Survey

Data Security Spotlight – Supplier Email Compromise

Supplier Email Compromises have become much more common in recent times, this in turn can lead to malicious emails coming into NHSGGC from these organisations. Should you be informed of any ongoing Cyber Incidents occurring with your suppliers, including any correspondences where they may advise they have resolved the issue, please raise an urgent incident through ServiceNow.

Launch of new 'Money Advice and Support' app to help staff and patient financial wellbeing

This new app is now live on the Right Decision Service website.



The cost of living crisis has affected all of us- our patients and our own staff. This new app sets out the support that is available for:

- 1. All NHSGGC staff, including information on the Staff Hardship Fund, home energy support, the NHS credit union and more.
- 2. Hospital staff seeking quick and easy information on the support and services available for patients in relation to money advice and financial inclusion across all of our hospital sites. Staff can also use the app to make a referral to a hospital based money advice/financial inclusion service.

To access the app please use the QR code right or the link below:

NHSGGC – Money Advice and Support

Please help share this information for staff who do not regularly use PC's/laptops by printing and leaving in staff areas/noticeboards.



World Suicide Prevention Day – 10 September

Today (Tuesday 10 September) marks World Suicide Prevention Day and <u>Glasgow</u> <u>City Suicide Prevention Partnership (GCSPP)</u> is running a week-long campaign to raise awareness across the city about suicide prevention and the training available to anyone who would like to learn how to recognise and support someone at risk of suicide.

This year, the theme is 'Changing the Narrative on Suicide' with the call to action 'Start the Conversation'. This theme aims to raise awareness about the importance of reducing stigma and encouraging open conversations to prevent suicides. Changing the narrative on suicide is about transforming how we perceive this complex issue and shifting from a culture of silence and stigma to one of openness, understanding, and support.

Within Glasgow City there are a range of events taking place in the week leading up to and following World Suicide Prevention Day. Some of these events include:

- <u>Candlelit Celebration of Life</u> at Tranquillity Garden, Gartnavel Royal Hospital – Tuesday, 10 September at 12:30pm
- <u>Meander for Mental Health</u> at Leverndale Hospital Saturday, 14 September from 11.00am to 3.00pm

Find out more about suicide prevention, local resources and support available from the <u>Glasgow City Suicide Prevention Partnership webpage</u>.

Where to get help

If you're experiencing confusing or distressing thoughts, or if people around you have expressed concern about your wellbeing, arrange an appointment with your GP or phone NHS 24 on 111.

If it would help you to talk with someone, freephone:

- <u>Samaritans</u> 116 123
- <u>Breathing Space</u> 0800 83 85 87

If you, or someone you know, needs URGENT HELP please phone the emergency services on 999.

Training available

As part of our action plan to reduce suicide in Glasgow, the Glasgow City Suicide Prevention Partnership aims to provide training to key frontline staff via a multiagency approach. In order to meet this aim, a series of suicide intervention skills training workshops are available for frontline staff.

There are some limited places available for the above courses.

To find out more about training available or booking a slot, please visit <u>Suicide</u> <u>Prevention Training</u>.

Staff Travel Survey

Staff are reminded, we are looking for up-to-date information on how staff travel to and from work. This is to better understand the transport choices our staff make and to inform our current and future travel planning arrangements. We would appreciate your assistance to complete this survey, which should not take more than 10 minutes. The survey is open till Monday 23 September 2024. By completing the survey, you also can be entered into a prize draw for a chance to win one of 20, £25 Amazon gift vouchers. The survey can be accessed from the link below:

<u>NHSGGC Staff Travel Survey - August 2024: Survey Powered by Webropol</u> (webropolsurveys.com)

Remember, for all your latest news stories, visit the Staffnet Hub: <u>GGC-Staffnet Hub - Home (sharepoint.com)</u>

Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>website</u>