

Daily update (12 March 2025, 2.00pm)

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Gail Caldwell receives RPS Charter Award 2025

Gail Caldwell, NHSGGC's Director of Pharmacy, has received the Royal Pharmaceutical Society (RPS) Charter Award for her exceptional contribution and lasting impact in pharmacy and patient care.

The Award recognises Gail as both a moderniser of pharmacy, and a driving force in service and workforce development, medicines policy, and professional standards across Scotland. With over three decades of



leadership, she has held senior roles and led major national initiatives including the national evaluation and rollout of Pharmacy First and secured funding to implement Hospital Electronic Prescribing and Medicines Administration across health boards in Scotland.

Gail also led the Health Board pharmacy response during COVID-19, recently established the first Consultant Pharmacist in Scotland, and has made a substantial contribution in education, mentoring colleagues across Scotland and inspiring them to advance their practice.

Scott Davidson, Medical Director, said: "I am delighted to congratulate Gail on this Award, celebrating her vital contribution to pharmacy services across Scotland. Gail is a worthy recipient of the RPS Charter Award and an inspiration to us all at

NHSGGC, thanks to her leadership and unwavering commitment to improve patient care and shape the future of pharmacy."

Gail Caldwell, Director of Pharmacy said: "I am honoured and delighted to receive the RPS Charter Award. Throughout my career I have endeavoured to advance practice, creating the conditions for the pharmacy workforce to maximise their contribution to patient care and in doing so deliver much needed additional healthcare capacity.

"I would like to pay tribute to the dedication and professionalism of all the pharmacy teams across Scotland and thank my family and my colleagues for all their care and support throughout my career. As a lifelong member of the RPS, I have always been committed to supporting members and the leadership of the wider profession."

Let's talk about... Prioritising Women's Health

Happy International Women's Day!

To celebrate the women in our organisations, our staff wellbeing webinar at the end of this month (27



March) will focus on important issues relevant to women's health. It will be a 20-minute session for you to find out about helpful tips for looking after ourselves as women, and a space to reflect on what we can do to prioritise our health.

Join us for this short webinar to enhance your own health and wellbeing or learn how you can support the wellbeing of the women around you.

20 minute staff wellbeing webinar

Thursday 27 March, 11.00am, MS Teams

Book your spot now

Sign up for our other upcoming webinars:

Let's talk about... Thriving at work with a chronic health condition

Let's talk about... Belongingness at work

Let's talk about... Being a carer

Recordings of past webinars can be watched on SharePoint:

GGC - Let's talk about... Staff Wellbeing Webinars - Home (sharepoint.com)

Reminder: Quality Strategy Launch, Thursday 13 March 10.00am – 12.00pm

Come along and join colleagues from across the organisation at the next NHSGC QI Network Event where we will be launching **Quality Everyone Everywhere**, our new Quality Strategy. Everyone, everywhere in the organisation is welcome. Please share widely with colleagues.



NHSGGC QI Network Event Joining Link

We will hear from Chief Executive Professor Jann Gardner, and Executive Nurse Director Professor Angela Wallace, along with other internal NHSGGC speakers demonstrating the importance of kindness in quality.

In addition to this, we are delighted to have a Keynote Session by Tim Keogh, Co-Founder of A Kind Life. In the interactive session we will explore the evidence, practice kinder leadership skills and learn powerful lessons from the frontline of kinder culture change in healthcare. Over the past 15 years, A Kind Life have delivered masterclasses, workshops and training sessions to more than 100,000 people working in healthcare – delivering proven improvements across the NHS.

No Smoking Day

It's No Smoking Day on Wednesday 12 March 2025.

Stopping smoking is a win for your health, family, finances and fitness, and with Quit Your Way, you're three times more likely to stop and stop for good.

We're here to help you to stop smoking in a way that works for you, providing 1:2:1 specialist support, advice and access to free nicotine replacement products as part of a 12-week programme.

For more information, contact

- Telephone 0141 451 6112
- Email <u>ggc.quityourway.smokefreestaff@nhs.scot</u>
- Further information on local stop smoking services



World Delirium Awareness Day – 12 March 2025

Today is World Delirium Awareness Day, #WDAD25, and in NHSGGC we are celebrating **Quality** in Delirium Care. Our new NHSGGC Quality Strategy describes providing quality care as building a house and we are celebrating what **you** have put in **your** house to make a positive difference for people at risk of or experiencing delirium.

Look out for your local sector events and check the socials (X/twitter, Facebook and Instagram) with #WDAD25,



#QualityDeliriumCare, @nhsggc. Or better still, print out and fill in the form, take and post a photo to tell us all about it.
Quality and Delirium sheet for staff to complete.pdf

Check out our new Delirium Sharepoint

Site https://scottish.sharepoint.com/sites/GGC-Delirium with loads of resources, including a new educational video by Dr Nathan Kelly on use of Adults with Incapacity (AWI) in the acute hospital.

And remember, in NHSGGC it's TIME to be a Delirium Superhero everyday!

Young Carers Action Day - 12 March 2025

The focus of this year's Young Carers Action Day is "Give Us a Break", highlighting the importance of having time to rest and recharge from the caring role.

Being a young carer can have a ripple effect across someone's life. From challenges they may face in school, to the impact of their caring role on decisions about higher education and the choices and opportunities they have in the workplace.

Early identification of young people who may be carers is crucial to ensure they can get the help and



support they require. This can allow them to focus on being children first, accessing opportunities to take a break from their caring role and where possible alleviate it all together.

As staff, we can help by thinking about the wider impact that someone's condition may have. This might include thinking about the friends and family members who support our patients in their day to day life. Very often these people will be taking on a caring role.

If you know or work with any young person who you think might be a young carer please encourage them to link with local carer support services where they can get further support to help them in their role. Most services have online referral portals which can be found on our webpages which support carers.

We have also created a Teams channel dedicated to support carers in our workforce. This is a safe space you can connect with others who may be in a similar position, as well as ask questions about support that may be available. To join the MS Teams Page using this link.

Remember, for all your latest news stories, visit the Staffnet Hub: GGC-Staffnet Hub - Home (sharepoint.com)



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on website