

# Core brief

## Daily update

(14 August 2024, 1.40pm)

Topics in this Core Brief:

- Data Security Spotlight – Password security
- Mobile vaccination bus offering Pertussis/MMR vaccination
- Peer Support for International Medical Graduates (IMGs)
- Mental Health and Stress Awareness - People Management Module

### Data Security Spotlight – Password security

**Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.**

### Mobile vaccination bus offering Pertussis/MMR vaccination

The mobile vaccination bus will be out next week to offer Pertussis/MMR to staff. JCVI has advised that health professionals who have not received a pertussis-containing vaccine in the last five years and have regular contact with pregnant women and/or young infants (young infants are those under three months of age) are eligible for vaccination.

Date	Day	Model	Times	Venue name and address
19 August 2024	Monday	MVU	9.30am - 11.30am	Greenock Health & Care Centre 20 Duncan Street Greenock PA15 4LY

			1.30pm-3.30pm	Vale Health & Care Centre Loch Lomond Galleries Main Street Alexandria G83 0UG
20 August 2024	Tuesday	MVU	9.30am-3.30pm	Possilpark Health Centre 99 Saracen St Glasgow G22 5AP
21 August 2024	Wednesday	MVU	9.30am - 11.30am	Renfrew Health & Care Centre 10 Ferry Road Renfrew PA4 8RU
			1.30pm-3.30pm	Maryhill Health Centre 51 Gairbraid Avenue Glasgow G20 8FB
22 August 2024	Thursday	MVU	9.30am - 11.30am	Kirkintilloch Health & Care Centre 10 Saramago Street Glasgow G66 3BF
			1.30pm-3.30pm	Bridgeton Health Centre (Crownpoint Road Car Park (rear of the premises) 201 Abernethy Street Glasgow G40 2DA

### Peer Support for International Medical Graduates (IMGs)

Colleagues will have seen the Chief Executive and Chairs message on Friday and the previous communication offering support to any staff affected by the events in the UK last week including the range of support and ways to Speak Up [here](#) which includes Peer Support available to all colleagues.

As the IMG Medical Peer Support Hub we specifically want to reach out to IMG doctors. We appreciate that the events may have added additional stress over the changeover week, including to those who may be new to the organisation or even the country. If you would like to speak confidentially to one of our IMG peer supporters you will find details here [Peer Support Network - NHSGGC](#) - please put **IMG Peer Support** as the title in your request.

If you would like to train as a Peer Supporter there are still some spaces left on our Medical Peer Support Hub training day 20th August 2024 - GGH campus 930-430, book here [Registration Powered by Webropol \(webropol.survePeer Support Level 2 Training, 20th August 2024ys.com\)](#) or you can also sign up for one of the multidisciplinary training days outlined [here](#).

Contact [Radha.Sundaram@ggc.scot.nhs.uk](mailto:Radha.Sundaram@ggc.scot.nhs.uk) or [Bulut.Demirel@ggc.scot.nhs.uk](mailto:Bulut.Demirel@ggc.scot.nhs.uk) if you have any questions about peer support for IMGs.

## **Mental Health and Stress Awareness - People Management Module**

Supporting staff is a key part of the manager's job and this module offers guidance and support on issues relating to promoting employee health and attendance.



This fantastic module has a particular focus on supporting staff with mental health and/ or stress issues including use of the Stress Risk Assessment tool.

By the end of the session you will:

- Understand the purpose of the NHSGGC Staff Health Strategy and of legislation relating to mental health in the workplace
- Be ready to assess the risks caused by personal stress or work related stress (Stress Risk Assessment Tool)
- Understand the importance of monitoring and review after the risk assessment is completed
- Be aware of the range of resources available to support you and your staff.

Course provider: Occupational Health

## **KSF Links**

C1 – Communication

C3 – Health, Safety and Security

C6 – Equality and Diversity

HWB1 – Promotion of Health and Wellbeing

## Who should attend:

Any manager in NHSGCC who has responsibility for managing NHSGGC staff in their teams. This includes managers employed in integrated Health and Social Care Partnerships who are not directly employed by NHSGGC. To find out more information and book a place please use the following link: [Mental Health and Stress Awareness \(People Management Module\) - NHSGGC](#)

Please remember to print off this information and leave in staff areas for those who may not regularly use PC's or laptops.

This is brought to you by the Staff Health Strategy.

Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

The poster features a dark blue header with the text 'Getting the right care is as easy as ABC' and the NHS Greater Glasgow and Clyde logo. Below the header, three columns are separated by vertical lines. The first column, labeled 'A', is titled 'Ask yourself' and includes a house icon; it asks 'Do I need to go out?' and provides information on treating minor illnesses and injuries from home, directing users to NHS Inform or the NHS 24 App. The second column, labeled 'B', is titled 'Be aware' and includes a door icon; it states 'There is help on your doorstep' and lists services available from local GPs, pharmacies, dental practices, and opticians. The third column, labeled 'C', is titled 'Call 111' and includes a '24' icon; it states 'If it's urgent, or you're unsure, call NHS 24 on 111' and promises that they will get the care needed. At the bottom, a dark blue bar contains the text 'Unless it's an emergency - think ABC before visiting A&E.' and 'For more information: www.nhsggc.scot/rcrp', along with a QR code.

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)