

Core brief

Daily update

(14 November 2022, 1.50pm)

Topics in this Core Brief:

- World Diabetes Day 2022 - Control IT Plus
- Disability History Month 2022
- oGRE challenge
- Let's talk about ... Staff Wellbeing Webinars (20 minutes)

World Diabetes Day 2022 - Control IT Plus

Today is World Diabetes Day and this year's theme is 'access to diabetes education'.

In May of this year, NHSGGC launched a referral pathway for newly diagnosed Type 2 Diabetes patients. Following their diagnosis, patients are automatically invited to our structured education programme, 'Control IT Plus' and, if eligible, weight management services. The pathway is supporting patients to access and engage with education and other lifestyle support, quickly following their diagnosis, setting them up to self-manage their condition as well as possible.

We have also developed a Type 2 Diabetes Hub within the board's website. The Hub hosts our 'Control IT Plus' programme resources and signposts a range of further support for individuals who have been diagnosed, or are at risk of developing Type 2 Diabetes. Visit the Hub site at: www.nhsggc.scot/t2diabeteshub.

If you have any questions about 'Control IT Plus' or our automatic referral pathway, get in touch at: ggc.type2diabeteshub@ggc.scot.nhs.uk.



Disability History Month 2022

Thank you to everyone for the interest and support already shown for NHS Greater Glasgow and Clyde Disability History Month, which runs between the 16 November and the 16 December 2022.

We have a range of exciting activities underway throughout this month and we would love to welcome you along to them.

This week we have the following activities taking place:

Staff Disability Forum Stalls:

- **Royal Children's Hospital**, Friday 18 November 10:00am – 12:00pm
- **Queen Elizabeth University Hospital**, Friday 18 November 12:30pm – 2:30pm.



We will look forward to seeing you at one of the events. Further information on each event, dates and timings can be found on the website at [Staff Disability Forum - NHSGGC](#).

oGRE challenge

The oGRE challenge aims to develop a fertile health data analysis platform and framework to answer questions of clinical and public health importance by leveraging NHSGGC Safe Haven, Robertson Centre for Biostatistics and extant University of Glasgow research and analytical capabilities.

oGRE Challenge
UoG GG&C Trusted Research Environment Challenge

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Deadline for submission of Expressions of Interest – 25th Nov 2022

Click [here](#) to download an Expression of Interest form with detailed information

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Let’s talk about ... Staff Wellbeing Webinars (20 minutes)

Colleagues attending the September webinar series of *Let’s talk about... staff wellbeing* provided fantastic feedback, which we have used to build the next selection of 20 minute webinars that will take place throughout November and December. The webinars continue to focus on various topics which we know are important to personal health and wellbeing and are delivered in a format that allows colleagues to take away top tips and share with others.



We would like to thank colleagues for your positive feedback;

- “Great session - really valuable and appreciated”
- “Will put the information shared to good use for a better night’s sleep”
- “A nice way to start the day thinking about your own wellbeing”
- “This was really interesting. I have found these sessions great and enjoy how short they are so easy to fit in to the day”

All are welcome to come and join our NHSGGC Health Psychologist, Heather Connolly and Peer Support & Wellbeing Project Support Officer, Asia Nicoletti. Webinars are open to all staff with easy booking access for the sessions you are interested in.

Tuesday 15 November 16:00 Let’s talk about: ABCs of Self Care	Book here
Friday 25 November 09:00 Let’s talk about: The Going Home Check List	Book here
Thursday 1 December 16:00 REPEAT: Let’s talk about: Winter Worries and Wellbeing	Book here

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.scot. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please visit the [HR Self Service Portal](#).

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**