

Core brief

Daily update
(15 November 2022, 12.40pm)

Topics in this Core Brief:

- First Minister thanks NHS workers as she receives winter vaccinations
- Carers Rights Day 2022 – 24 November 2022
- Support for Winter
- Active Staff – Bootcamp

First Minister thanks NHS workers as she receives winter vaccinations

First Minister Nicola Sturgeon [thanks staff](#) who are delivering the vaccination programme for the excellent job they are doing, as she received her COVID and flu vaccines at Glasgow Central Mosque Vaccination Centre.

She encourages everyone who is in an eligible group for vaccination to get your vaccination as soon as possible, as it is just as important now as it was last year or the earlier days of COVID.

Staff can arrange an appointment at any centre if you work in Greater Glasgow and Clyde and you live elsewhere. It is very simple to book via www.nhsinform.scot/wintervaccines or by calling 0800 030 8013 and you can choose from a number of venues which are listed on our website: [NHSGGC - Autumn/Winter Vaccination 2022 - NHS Greater Glasgow & Clyde.](#)

Staff who are just receiving the flu vaccination can also do so easily at one of our community pharmacies. [You can find a list of pharmacies administering the flu vaccine at: NHS Community Pharmacy Website \(scot.nhs.uk\).](#)



Carers Rights Day 2022 – 24 November 2022

During the week leading up to Carers Rights Day, we are running various information sessions for both staff and the public.

There will be two sessions on “Preparing for Hospital” which is for anyone who is worried about what might happen if they, or someone they support, is admitted to our wards. These sessions will take place on MS Teams on (click on the date to register):

- [Monday 21 November 10.30am - 11.45am](#)
- [Thursday 24 November 6.30pm - 7.45pm](#)

There will also be two sessions looking at the legal duties of staff working in acute, community and/or primary care. In particular we will be discussing how staff can encourage carers to recognise their role, how to refer to support services and the legal duty staff have to involve carers in discharge planning. We will also mention some of the systems which help us record information about any known carers and share this with other services. These sessions will take place on MS Teams on (click on the date to register):

- [Monday 21 November 12.30pm - 1.30pm](#)
- [Wednesday 23 November 4.00pm - 5.00pm](#)

For more information please email: ACPSupport@ggc.scot.nhs.uk.

Support for Winter

The cost of living crisis is likely to have an impact on both our patients and staff this winter.

A range of support is available for people in and out of work. This can be for issues such as energy bills, benefits and debt as well as specific help for families and people with disabilities.

The Scottish Government has set up a [Cost of Living Crisis website](#) that will signpost you to all the various ways to get help.

Staff can contact the NHSGGC [Support and Information Service](#) (SIS) for help with money worries and other issues, such as being a carer. Staff can also refer patients in Acute services to the SIS or patients in community settings to money advice services – see our [Money Worries](#) page for details.

Cost of living support, including many benefits, often goes unclaimed. Make sure you get the help you need this winter.

Active Staff - Bootcamp

We are pleased to announce that our Bootcamp at the QEUH will be returning on Monday 21 November at 5.15pm.

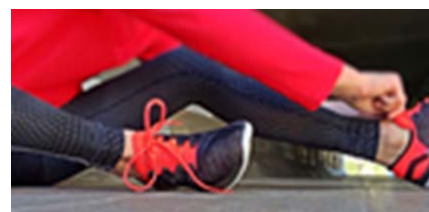
The day is different, the instructor is different and the location has changed but it's still our fantastic bootcamp. Details below:

Day: **Monday**

Time **5.15pm**

Location: **Elder Park**. Meet Michael your fitness instructor at the playpark next to the Drive Road entrance to Elder Park.

Keeping active throughout the autumn and winter months is good for your mind and body so come along and have some fun while keeping yourself fit.



If something isn't right, let's talk about... Whistleblowing



Whistleblowing

This is a way you can formally raise concerns about an issue that is in the public interest, such as patient safety or suspected malpractice.

You can find out more information about the whistleblowing

process by visiting National Whistleblowing Standards | INWO (spsa.org.uk).

To submit a formal whistleblowing concern, please email ggc.whistleblowing@ggc.scot.nhs.uk.



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.scot. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please visit the [HR Self Service Portal](#).

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)