

# Core brief

**Daily update**  
**(16 July 2024, 1pm)**

Topics in this Core Brief:

- Healthy Eating Webinar
- Whooping Cough (Pertussis) Vaccine

**Let's talk about... Strategies for Maintaining a Healthy Weight**



A Healthier Place to Work

Our Let's talk about... Staff Wellbeing webinar series continues! Every month, we work really hard to pack these short 20 minute wellbeing sessions full with helpful tips and hacks to improve your wellbeing.

This month's webinar will present top tips for reaching and maintaining healthy weight, including what can make it easier to stay on track with healthy eating and being active. There will be space for your own reflection, and we will also explain what support is available and how it works.

**Thursday 18<sup>th</sup> July at 2pm** on MS Teams

[Book your spot now](#)

**Staff Drop-In Clinics this week - Whooping Cough (Pertussis) Vaccine**

If you're in one of the following NHSGGC staff groups, you are urged to get your whooping cough (pertussis) vaccination at our drop-in sites in the coming weeks. This is to protect you and to avoid transmission to patients. No booking is necessary.

**Priority vaccination groups:**

1. Healthcare workers with regular/close clinical contact with severely ill infants (under 3 months old) and women in last month of pregnancy, including maternity, obstetrics, neonatal and paediatric intensive care
2. Healthcare workers with regular clinical contact with young unimmunised infants in hospital or community settings, such as other paediatric services and health visitors

3. Healthcare workers with intermittent clinical contact with young unimmunised infants in the community, including general practice

<b>Location</b>	<b>Date</b>	<b>Room</b>	<b>Time</b>
<b>RHC</b>	Tues 16th July	OPD - Clinic 2 Room 13 and Clinic 4 room 28	9-4pm
<b>Princess Royal Maternity</b>	Wed 17th July	OPD level 2 PRM	9-4pm
<b>RHC</b>	Thurs 18th July	OPD - Clinic 4 room 24 and 28	9-4pm
<b>IRH</b>	Thurs 18th July	Occupational Health Room, Level C (near the labs)	9-4pm
<b>Milngavie Town Hall</b>	Every Thurs until 31 Aug	71 Station Rd, Milngavie, Glasgow	9am- 7.30pm
<b>Whiteinch Community Centre</b>	Every Thurs until 31 Aug	1 Northinch Court, Glasgow	9am- 7.30pm
<b>Greenock Town Hall</b>	Every Thurs until 31 Aug	Cathcart Square, Greenock	9am- 7.30pm
<b>Eastwood Health &amp; Care Centre</b>	Every Sat until 31 Aug	Drumby Cres, Clarkston, Glasgow	9am- 7.30pm
<b>Clydebank</b>	Every Mon until 31 Aug	The Hub Community Centre, 405 Kilbowie Rd, Clydebank	9am- 7.30pm
<b>Renfrew Leisure Centre</b>	Every Fri until 31 Aug	Paisley Rd, Renfrew	9am- 7.30pm
<b>Greater Easter House Supporting Hands (GESH)</b>	Every Wed until 31 Aug	Adult Community Clinic, 1 Redcastle Square, Glasgow	9am- 7.30pm

Remember, for all your latest news stories, visit our new Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not  
have access to a computer.  
A full archive of printable PDFs are available on [website](#)**