Daily update
(16 September 2024, 10.35am)

Topics in this Core Brief:

- Data Security Spotlight – Business Email Compromise
- Looking after yourself and others – session on Friday
- Falls Awareness Week, 16 – 20 September: Focus on Falls Modules

Data Security Spotlight – Business Email Compromise

A Business Email Compromise is an action a cyber-criminal undertakes to obtain access to a business email account and imitate the owner's identity. This can lead to emails coming into NHSGGC from organisations which have been compromised and in turn leading to compromise of accounts within the organisation. Please see here for further detail on how to spot this.

Looking after yourself and others – session on Friday

Stress can impact our mental and physical health, and forgetting about our own self-care means we are less able to look after others. That's why it is so crucial for us to understand and prioritize self-care.

'Looking after yourself and others' sessions teach you about self-care and stress management and provide simple, yet effective techniques to boost yours and others wellbeing. Learning how to cope with stress can help us feel better and more satisfied with life!

The Peer Support team are delivering an interactive 45 minute live online session on **Friday 20 September at 2.00pm** so sign up and learn how to manage your stress!

Book your spot now

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the Peer Support webpage.

For any question or queries contact: peer.support@ggc.scot.nhs.uk or visit Peer Support Network - NHSGGC.

Falls Awareness Week, 16 – 20 September: Focus on Falls Modules

The latest evidence suggests that staff training is an essential tool in the prevention of in-patient falls and this is a key priority in Staying Safe, Strong and Steady – Our Falls Reduction and Management Strategy. As it's falls awareness week we are encouraging managers and staff to 'focus on the falls modules'. Please review and share this message with your teams.

To support our staff, NHSGGC has a number of e-learning modules for falls prevention including the use of bed rails. Where these modules are identified as role specific learning they are mandatory for staff and must be completed every two years.

The modules are available on LearnPro and can be found by searching on the word FALLS in the search bar and should also appear in your full LearnPro list of modules if previously completed or added.

Where staff are non-compliant with falls or bed rails modules, they should check that their LearnPro account details are accurate including that their learning is linked to the correct account and email. Issues or changes should be raised with Learning and Education via HR Portal - NHS GGC HR (service-now.com)

To check and improve compliance managers should:
- Undertake a data cleanse - review both staff and status of training via Workforce Information Dashboard. Staff who need to be moved to Out of Scope, email Workforce Information or raise on the HR Portal
- Ensure that new staff complete all role specific training during their induction
- Ensure all other staff who are in scope for falls and bedrails modules complete their training
- Contact their local Hospital Falls Prevention Co-ordinator for guidance on whether staff are in scope for these modules.

Remember, for all your latest news stories, visit the Staffnet Hub:
GGC-Staffnet Hub - Home (sharepoint.com)

Be Phishing and Vishing Aware!

Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, **remember N.E.T.**

NHS Greater Glasgow and Clyde

No Trust
Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.

Educate Yourself
Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, **educating yourself can protect you** in both your work and personal life.

Think First
Successful attacks generally **require a sense of urgency.** Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.

Managing technology and data safely and securely is **everyone's responsibility** throughout NHSGGC.
For further information, visit: **FAQ---IT-Security-v0.2.pdf**

Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on website