

# Core brief

## Daily update

(17 November 2021, 2.15pm)

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- Celebrate Worldwide Stop Pressure Ulcer Day - 18 November
- Call for Volunteers – Impact of COVID-19 on blood vessels and blood pressure
- Picturing our Workforce: One NHS Family photography exhibition
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- Katie knew she wanted to be a nurse – while having a transplant

### Physical Distancing Signage updated

A series of physical distancing signage is available for all staff to order for their area. [Click here](#) for a list of what signage is available and how to order.

### Celebrate Worldwide Stop Pressure Ulcer Day - 18 November

Worldwide Stop the Pressure Ulcer Day is a global annual event where we all come together to help raise awareness of pressure ulcer prevention.

Pressure ulcers can cause severe pain and distress and can contribute to longer stays in hospital.

Pressure ulcer prevention is part of NHSGGC's improvement drivers for this year. Our aim is to ensure that a minimum of 70% of patients are not impacted by hospital acquired pressure damage.

Tissue Viability and Podiatry would like to thank all staff for working tirelessly to reduce pressure damage. To mark Worldwide Stop Pressure Ulcer Day on Thursday 18 November we will be launching three new initiatives:

1. An excellence in tissue viability award
2. A new pressure ulcer prevention poster
3. Moisture Lesion Prevention Pathway.

Heather Hodgson, Lead Nurse from Tissue Viability and Paul Higgins, Podiatry Service Manager and Professional Lead, said "We appreciate the commitment clinical staff have shown in these extremely challenging times. We are pleased to be launching our new initiatives which will assist healthcare professionals in pressure ulcer prevention. Together we can all **Stop the Pressure!**"

Follow us on the day @TVSUK @NHSGGC Podiatry using the following hastags #LoveGreatSkin #StopthePressure #aSSKING #PressureUlcerPrevention.



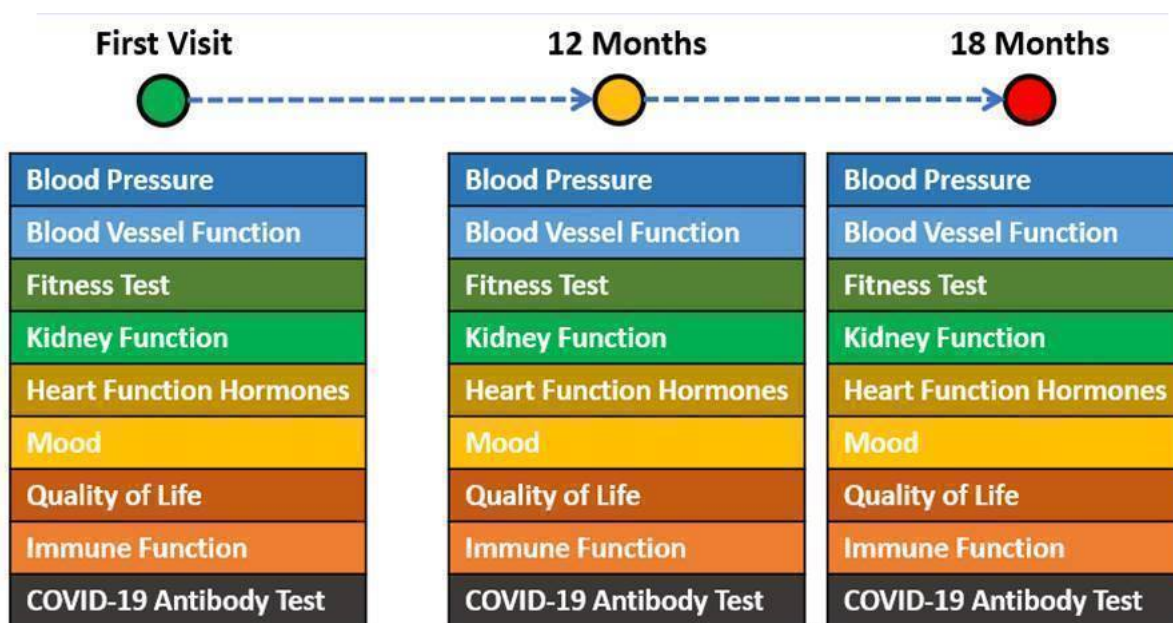
## Call for Volunteers – Impact of COVID-19 on blood vessels and blood pressure

Would you like to help the LOCHINVAR research programme to understand the long term impact of COVID-19 on the blood vessels and high blood pressure?

If you are between 30 – 60 years of age and have not been diagnosed with high blood pressure previously and fulfil either of the following:

- 1) You have not had COVID-19 or
- 2) You have been admitted to hospital with COVID-19

You can help by having your detailed assessments of heart, kidney, blood vessels and immune function at three time points over 18 months at the QEUH.



### Interested?

Please contact Dr Stefanie Lip on 07859494575/ 0141 452 2599 or the Clinical Research Facility at QEUH 0141 232 4310 or email [Stefanie.Lip@ggc.scot.nhs.uk](mailto:Stefanie.Lip@ggc.scot.nhs.uk) for further information about the study or to take part. We will send you more in-depth information and we are happy to chat about the study.

This study is funded by HEART Research UK (Registered Charity No.1044821, RG2690/21/24) and sponsored by NHS Greater Glasgow and Clyde.

### Picturing our Workforce: One NHS Family photography exhibition

Thank you to everyone who has put themselves forward and volunteered for **Picturing our Workforce: One NHS Family** – we look forward to seeing many of you soon!

There are still some spaces available for those who still wish to participate but have not volunteered yet.

If you would like to have your photograph taken and put yourself forward to be featured in this state of the art photographic exhibition then please contact [ayesha.bains@ggc.scot.nhs.uk](mailto:ayesha.bains@ggc.scot.nhs.uk) by Friday 19 November 2021 at 2pm with the following details:

- Name
- Contact details (NHSGGC email address, contact number)
- Your role
- Your location

Further information on our One NHS Family campaign can be found at [NHSGGC: One NHS Family](#).

## NHSGGC anaesthetists rouse COP26 delegates on sustainability

Last week several consultant anaesthetists based in many hospitals within NHSGGC, including GRI, RHC and QEUH presented their 'Green Theatre Project' work at the COP26 green zone.

This was an incredible opportunity to discuss their work on environmental impact and sustainability with people from all over the world. They are currently collaborating nationally with other hospitals within the Scottish Environmental Anaesthesia Group ([www.greenanaesthesia.scot](http://www.greenanaesthesia.scot)) on a wide number of sustainability projects to reduce the carbon footprint of operating theatre suites.

You can read more about the 'Green Theatre Project' over the next two weeks as the posters used at COP26 will be displayed on the 'Caught in the Act of Care' boards in the QEUH atrium. The team are working with the NHSGGC Sustainability Team on projects to further lower their carbon footprint.

## Katie knew she wanted to be a nurse – while having a transplant

Nursing, they say is a vocation, but most people enter the profession not really knowing what to expect.

That can't be said for 18-year-old Katie Watson from Maybole, who has just begun studying paediatric nursing at Glasgow Caledonian University.

Her career inspiration came from her own personal experience after she was diagnosed with Chronic Myeloid Leukaemia, aged just 14. In 2019, after two years of oral chemotherapy she underwent a bone marrow transplant. Katie received the majority of her care and her transplant at the Royal Hospital for Children in Glasgow.

Katie said: "I had wanted to be a nurse before my treatment, but going through that experience made my mind up. The whole team were amazing, quite inspiring.

"Once the nurses knew that's what I wanted to be, they would talk me through and explain what they were doing. They would for example show me how to take my own blood pressure; they fed me with knowledge!"

[Click here to read more.](#)

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*



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A full archive of printable PDFs are available on [StaffNet](#)