

Core brief

Daily update
(18 June 2020, 4.45pm)

Topics in this Core Brief:

- Life on the Frontline
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- Give & Go

Life on the Frontline

[Susy Anderson, Advanced Speech and Language Therapist](#), Glasgow City HSCP explains how her team, due to the pandemic, have developed an online service for their patients to provide support and care when they have communications and or swallowing difficulties. Susy is also proud of how her own children have coped with all the recent changes.



Changes to lockdown guidance

The First Minister has today set out arrangements to move to Phase 2 of lifting restrictions. We would take this opportunity to remind all staff that they should ensure that they continue to adhere to Scottish Government arrangements. Staff and patient safety is critical and if an individual or group breaches guidelines then we will need to take appropriate action.

Sharing best practice

As we all find different ways to work in response to COVID-19, there have been many good initiatives to help maintain person-centred and compassionate care to our patients.

We are showcasing examples of good practice on our web page www.nhsggc.org.uk/sharingbestpractice, bringing you the best of the best in person-centred patient care – keep checking this site as we add more of your good practice examples as we receive them. Perhaps one of our examples could be applied to your area!

If you have examples of good practice in your area then let us know by emailing details to ann.mclinton@ggc.scot.nhs.uk

Live Active Exercise Referral Scheme is open

Even more so than ever, being physically active is key. Within NHSGGC we have an amazing scheme to help and support patients to become more active – **Live Active**.

Live Active is open and keen to receive referrals right now. Referrals can be made by health professionals (via SCI Gateway or by completing the online referral forms below). The scheme is currently supporting patients virtually and also creating outdoor and home based physical activity programmes for them. Any queries please email liveactive@ggc.scot.nhs.uk

Live Active Referral Form A – [Referral Form A](#)

Live Active Referral Form B (for patients with heart disease) – [Referral Form B](#)

Live Active Referral Scheme Guidance Information – [Live Active Referral Criteria](#)

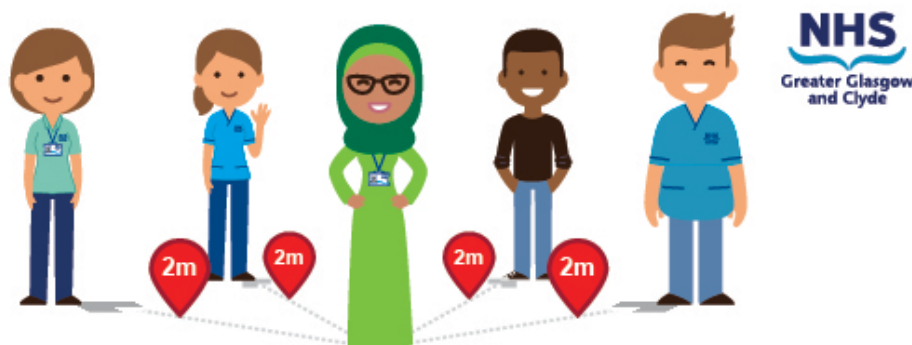
Give & Go

The Give & Go leaflets are now available in 13 other languages.

If you know of a patient or family member who requires the information in Kurdish, Arabic, Farsi, Urdu, French, Portuguese, Cantonese, Mandarin, Russian, Romanian, Polish, Slovak or Vietnamese you can find this on our website. [Click here to download the leaflets](#).

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).



It's important to maintain the social distancing rule.
Respect personal space and keep 2 metres apart.

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)