

Core brief

Daily update

(18 March 2024, 3.55pm)

Topics in this Core Brief:

- GGC Medicines update
- Peer Support Training Dates: May – July 2024

Remember, for all your latest news stories, visit our new Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

GGC Medicines Update



GGC Medicines update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Shortage of GLP-1 Receptor Agonists \(GLP-1 RAs\) – National Patient Safety Alert January 2024](#)

Updates

- [Guideline News February 2024](#)
- [MHRA Drug Safety Update February 2024](#)
- [Key Medicine Shortages – February 2024](#) includes information on GLP-1 receptor agonists, lamotrigine 5mg dispersible tablets, Tresiba 100units/ml FlexTouch and phenytoin 100mg capsules (Accord)
- [GGC Medicines: Formulary Update \(February 2024\)](#)
- [GGC Medicines: Formulary Update \(January 2024\)](#)

Peer Support Training Dates: May – July 2024

Peer Support training dates for May to July 2024 are now available for colleagues who wish to explore the role and requirements of a peer supporter and have the support of their line manager to implement peer support in their local team. This course is one full day face-to-face (9.30am – 4.30pm).



Dates and booking links are noted below. Delegates should note the following prerequisites for completion before the training day:

1. Delegates to complete the online module '**Looking after Yourself and Others**' (NHS staff). The module is packed with essential hints and tips on how to look after your wellbeing and the wellbeing of others. It is available for NHS staff on LearnPro, module GCC 277 and for HSCP social care staff, on their Local Authority learning platforms, or '**Introduction to Psychological Wellbeing and Peer Support**' (Local Authority Staff)
2. Delegates should discuss with their line manager aims for peer support and staff wellbeing in their team and/or service. Post course, delegates will be asked to agree with their line manager an action plan to implement local peer support and identify the time and resources to do this.
3. It is important to consider your own wellbeing before thinking about supporting others. Please consider whether you are in the position to support your colleagues before you attend this training to become a peer supporter.

Dates	Venue	Booking
Tuesday 28 May	Stobhill ACH, Ground Floor, Seminar Room 6	Book here
Wednesday 12 June	New Victoria ACH, Level 2, 16B	Book here
Thursday 27 June	Gartnavel General Hospital, Lecture Theatre	Book here
Tuesday 9 July	Vale of Leven, Meeting Room 1	Book here
Thursday 25 July	Gartnavel General Hospital, Lecture Theatre	Book here

Before you book, please also note the following:

- Please only book yourself onto **one** training course (including only one waiting list). If you book yourself on to more than one, you will be removed from the attendance lists to ensure all colleagues have a fair and equal chance of attending this training.

- Peer support training is in extremely high demand with long waiting lists of colleagues wishing to become peer supporters. We kindly ask you to **please cancel your space** on this course if you can no longer attend.
- Your immediate line managers must approve your attendance on this training course. Please highlight to your manager that following your training, there is an ongoing expectation to dedicate approximately one hour a month to developing your skills as a peer supporter.
- If line managers request more information on what peer support is and the evidence-based benefits on having a peer supporter in the team, please contact peer.support@ggc.scot.nhs.uk.

Please contact peer.support@ggc.scot.nhs.uk for any questions or queries.

You can also visit: [Peer Support Network - NHSGGC](#) for more information and [Peer Support in the workplace: putting theory into practice - National Wellbeing Hub](#).

Download the [What is Peer Support? Information Leaflet for Staff - NHSGGC](#).

Getting the right care this winter is as easy as ABC

A
Ask yourself
Do I need to go out?
For information on treating minor illnesses and injuries from home, go to **NHS inform** or download the **NHS 24 App**.

B
Be aware
There is help on your doorstep.
Your local **GP, pharmacy** or **optician** offer a range of services.

C
Call 111
If it's urgent, or you're unsure, call **NHS 24** on **111**.
They'll get you the care you need.

Unless it's an emergency think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)