

Core brief

Daily update
(18 September 2020, 3.40pm)

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Protect Scotland app

All staff are encouraged to download the Protect Scotland app to help suppress the spread of COVID-19. It is available via Apple and Google stores.

Staff that work in clinical areas, who are required to carry their personal smartphones at all times for clinical reasons, are encouraged to turn their Bluetooth off when in clinical areas where patients may test positive and when PPE is being worn.

In all other non-clinical areas such as dining areas and atriums etc Bluetooth should be reactivated.

For detailed FAQs for users to review, please visit: www.protect.scot

Staff Mental Health & Wellbeing Booklet

Taking care of our own wellbeing and supporting our colleagues to do the same is essential as we continue to respond to the COVID-19 pandemic. Our new resource for staff identifies a range of mental health support that is available.

Included in this credit card sized booklet is contact information for services such as the Acute Psychology Staff Support Service and the COVID-19 Staff Support Line as well as signposting for help with issues such as money worries and mental health.

The booklet is available to order or download from the [PHRD](#). For further information and advice on wellbeing and mental health, please visit the Staff Mental Health & Wellbeing [webpage](#) which includes links to COVID-19 specific support, counselling services, the Resource Hub and the NHSGGC Mental Health & Wellbeing Plan 2020-2022.

Telephone Interpreting – Contact numbers

Please note that there are three contact numbers available to ensure easy access to the telephone interpreting service via Capita LiveLINK-

1. Direct number for NHSGGC: 0800 496 1508
2. Secondary number (to be used in case of issues with the first number): 0800 004 2000
3. Backup number (to be used in case of issues with the previous two numbers): 0203 870 3482

For further information on how to use the telephone interpreting service, go to the [NHSGGC web page](#).

Public flu vaccination programme

The flu vaccination programme for members of the public will commence next week.

The way in which the vaccination programme will be rolled out in our region has changed, as will the way that individuals will be vaccinated as a result of COVID restrictions around physical distancing. This means that there will not be drop-in sessions happening at GP clinics, with the majority of vaccinations being carried out on an appointment basis. If you have a family member who may be eligible and you wish to find out more information, please visit our [website](#).

Our staff flu vaccination programme will be rolled out shortly and more information will be shared in the coming weeks.

Scottish Health Awards 2020

Mental Health Practice Development Nurse Stephen Donovan is the latest NHSGGC staff member to be nominated for the 2020 Scottish Health Awards.

Stephen, who is based at the Institute of Neurological Sciences in Glasgow, has been nominated in the Care of Mental Health category.

Working in the environment of neuro critical care, Stephen has been there to listen to patients and families and support them through their often difficult and anxious journey.

Responding to the additional stress created by the COVID-19 restrictions, Stephen also recognised the increased pressure on staff during the pandemic and provided one-to-one sessions with colleagues.

Nominated by colleague Stephanie Mackay for his outstanding support to patients, relatives and staff alike, Stephen praised his fellow nursing staff: "It is one of the most extraordinary places I've ever worked in and that's down to the fantastic team here."

You still have time to nominate someone you know for the Scottish Health Awards.

The closing date is 5pm on 30 September 2020. For more information about the award categories and how to nominate, please visit: www.scottishhealthawards.com

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**