

# Core brief

## Daily update

(2 December 2021, 11.45am)

Topics in this Core Brief:

- Temporary revision to visiting arrangements at Lightburn Hospital
- National Grief Awareness Week – 2-7 December 2021
- Picturing our one NHS Family
- COVID 19 – Key Safety Theme - Droplet Precautions and Aerosol Generating Procedures (AGP's)

### Temporary revision to visiting arrangements at Lightburn Hospital

In line with the national guidance on hospital visiting, risk assessments are in place for all wards to ensure the ongoing safety of staff and patients.

Following review and recommendations by the local Incident Management Team (IMT) at Lightburn Hospital it has been necessary to apply a purposeful and targeted approach to visiting restrictions in all wards at Lightburn Hospital based on risk assessments. This is due to cases of the COVID19 infection and has been approved by the Strategic Executive Group.

The recommendation to restrict visitation in these areas to essential visiting is an enhanced precautionary approach to ensure continued safety of patients, families, and staff.

This situation will be kept under close review and it is therefore vitally important for all clinical staff to communicate with patients and their families daily to advise them to phone in advance to seek guidance about visiting arrangements in the ward they intend to visit.

All patients and their family members affected by these revisions to visiting should be offered daily virtual visits as a minimum to ensure they can see and talk to those people who matter most to them. Further information on virtual visiting can be found on the [NHSGGC Virtual Visiting Webpage](#).

All staff are reminded visiting arrangements need to be applied flexibly and compassionately and each patient's needs considered on their own merits. Carers, those providing essential care or emotional support, or spiritual care are not considered to be visitors and should continue to be permitted to attend a patient in hospital.

Further information on visiting arrangements in all NHSGGC sites and the necessary COVID-19 safety measures can be found on the [Hospital Visiting Staff Webpage](#).

### National Grief Awareness Week – 2-7 December 2021

Grief, bereavement and loss are universal emotions. Whilst death and dying is a natural part of life, during the past 18 months it is likely that many more people have been touched by experiences which may have triggered feelings associated with loss and change.



National Grief Awareness Week, promoted by The Good Grief Trust, intends to highlight the impact that grief can have on our lives and promote a culture where people feel able to talk openly about their feelings and support each other. The theme this year is “Spread Some Warmth”, encouraging people to reach out to one another. Maybe it’s popping the kettle on, stopping for a chat, checking on neighbours or going for a walk and a talk, all these little acts of kindness and compassion can help to break the taboo and reassure each other that it is okay to be sad, to grieve and miss those who have died.

We would like to encourage all our staff members to reach out to colleagues, friends and family, helping us create a compassionate community within our organisation which recognises the impact of grief and supports one another to cope.

More information about organisations that may be useful can be found on the [NHSGGC Bereavement Information and Support pages](#) or you can visit [The Good Grief Trust](#).

### **Picturing our One NHS Family**

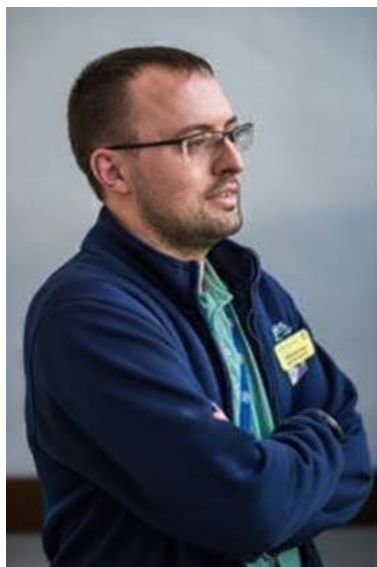
Thank you to everyone for getting in touch and volunteering to be part of Picturing our Workforce: One NHS Family photography exhibition.

We are extremely pleased with the positive response to this, and due to the large number of volunteers, photography sessions will continue to take place throughout December 2021 and January 2022. If you have already volunteered, you will be contacted soon to arrange details for your photo shoot. We are not taking additional volunteers for now, and will advise if further opportunities arise.

We will be back in touch to announce when our online exhibition will take place and when the Picturing our Workforce: One NHS Family photography exhibition will be unveiled in the Glasgow Royal Infirmary. We hope you will come along to see the exhibition as we continue celebrating our amazing One NHS Family and Growing our Great Community within NHSGGC.



**Oudwin Griffiths**



**Ross Andrew McCreedy**



**Linda Oduru**

### **COVID 19 – Key Safety Theme - Droplet Precautions and Aerosol Generating Procedures (AGP’s)**

All staff are reminded that they are required to wear the appropriate PPE when caring for their patients. Here are the links to videos showing the correct procedures for donning and doffing your PPE for both droplet precautions and aerosol generation procedures.

Donning and Doffing PPE: [https://youtu.be/vj\\_3qFUL\\_Rs](https://youtu.be/vj_3qFUL_Rs)

Aerosol Generating Procedures: <http://www.youtube.com/watch?v=NPJirTkajx0>

Information relation to Physical Distancing can be found [here](#). If you have any ideas to improve Physical Distancing practice, please share with your line manager and email here: [SDCommsGroup@ggc.scot.nhs.uk](mailto:SDCommsGroup@ggc.scot.nhs.uk)

**Lateral Flow Tests - Available to all staff working on site**

Speak to your line manager about where to collect your test kit, then:

		
<b>Register</b> your kit	<b>Test</b> twice per week	<b>Record</b> your results

**Keep your colleagues and patients safe from COVID-19**

**Help stop the spread!**

**Visit: [www.nhsggc.org.uk/lfid-stafftesting](http://www.nhsggc.org.uk/lfid-stafftesting)**

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**