

Core brief

Daily update

(21 October 2024, 11.40am)

Topics in this Core Brief:

- Hardship and wellbeing support for staff
- Armed Forces Engagement Sessions – November 2024

Hardship and wellbeing support for staff

The NHSGGC [Support and Information Service](#) (SIS) provides a range of advice and support for staff who may be struggling during the current cost of living crisis. This support includes:

1. Advice about benefits, money, energy and housing issues
2. Crisis support, including support with accessing appropriate Local Authority or national services
3. Information on supportive lifestyle changes such as stopping smoking, exercise and weight management
4. Details of other local services that may be able to assist staff.

As part of this support, the SIS is able to provide small hardship grants to staff. These are provided as part of a wider needs assessment, to ensure any member of staff seeking to access the fund is also able to access sustainable, long-term support. The service is entirely confidential and your details will not be shared with anyone.

To access our hardship support,

1. drop in or contact your nearest SIS service. We are located in most hospital atriums.
2. call: **0141 452 2387**. If we are closed, please leave a message and we will get back to you.
3. email: sis@ggc.scot.nhs.uk.

Please bring your payroll number to any in-person or phone appointment.

Any staff member struggling with financial pressures can find further support through our **Money Advice and Support App**, developed to help staff and patient

financial wellbeing. You can access the app on the [NHSGGC Money Advice webpage](#) or via the QR Code, right.



You can find out more about our [Staff Health Strategy](#) and other wellbeing support for staff on [HR Connect](#).

Armed Forces Engagement Sessions – November 2024

- Are you part of our NHSGGC Armed Forces Community, either through reservist or veteran status, service leaver, as a spouse/partner, or as a cadet force adult volunteer?
- Do you manage or work with someone who is?

If so, we'd love to hear from you. We've arranged four MS Teams sessions in November, where we'll talk about the work underway locally and nationally to support the community, but crucially, we want to hear your experience and identify opportunities for further improvement

The details of these sessions are below, along with the links to register.

Date	Time	Link to Register
Wednesday 6 November 2024	10.30am – 11.15am	Click here to register
Friday 8 November 2024	11.30am – 12:15pm	Click here to register
Tuesday 12 November 2024	3.30pm – 4.15pm	Click here to register
Wednesday 13 November 2024	1.00pm – 1.45pm	Click here to register

If you want any more information about the sessions, please contact ggc.staffexperience@ggc.scot.nhs.uk, and to find out more about the Armed Forces Community in NHSGGC, please visit our [HR Connect page](#).

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)