

Core brief

Daily update

(23 September 2020, 8.00am)

Topics in this Core Brief:

- Contact Tracing of NHSGGC Staff and the Occupational Health Service

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The Occupational Health Service is working in conjunction with the Test and Protect Service to engage with staff members who have been in **close contact** with a work colleague who has been confirmed as COVID-19 positive. Test and Protect will contact staff with a positive result to identify additional contacts from out with the work setting.

What is close contact?

Somebody who has been near someone with coronavirus and could have been infected. Close contacts may have been near the infected person at some point in the 48 hours before their symptoms appeared, or up to seven days after and not wearing PPE. A close contact is:

- a person who has had **face-to face contact (within one metre), with someone who has tested positive for COVID-19, including:**
 - Being coughed on
 - Having a face-to-face conversation
 - Skin to skin physical contact.
- a person who has contact within one metre for one minute or longer without face to face contact.
- a person who has been within two metres of someone who has tested positive for COVID-19 for more than 15 minutes

- **a person who has travelled in a small vehicle (i.e. car sharing).**

If you are identified as a **close contact** you will be asked to isolate for 14 days, from the last day of exposure.

Testing

Only people who are symptomatic need a test unless you are explicitly asked to get a test by public health as part of the management of an outbreak. The symptoms are the onset of a persistent cough, or a temperature/fever or a loss of taste or smell. You only need one of these to be tested. This can be done by visiting the [NHSGGC website](#). If you develop symptoms or require advice please refer to the NHS Inform website – www.nhsinform.scot.

Guidance for managers

If you have been informed that a member of your staff has tested positive for COVID-19 please contact the Occupational Health Service as soon as possible. The [attached form](#) should be used to list all members of staff who have had **close contact** with the COVID-19 positive staff member. The completed paperwork should then be returned to Occupational.Health@ggc.scot.nhs.uk

Please remember

Staff health and safety is paramount and it is essential that we do all we can to protect ourselves and others from the virus including:

- Follow [NHSGGC Social Distancing Guidance](#)
- Maintain a two metre distance from each other where possible (including on meal breaks and other social interactions)
- Ensure strict hand hygiene measures
- Wear face masks when in clinical/hospital areas and where social distancing is not possible due to work activity
- Avoid car sharing where possible.

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**