

Core brief

Daily update
(26 August 2024, 3.00pm)

Topics in this Core Brief:

- Data Security Spotlight – Business Email Compromise
- GGC Medicines update
- Looking after yourself and others - Saturday session on 31 August

Data Security Spotlight – Business Email Compromise

A Business Email Compromise is an action a cyber-criminal undertakes to obtain access to a business email account and imitate the owner's identity. This can lead to emails coming into NHSGGC from organisations which have been compromised and in turn leading to compromise of accounts within the organisation. Please see [here](#) for further detail on how to spot this.

GGC Medicines Update



GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across NHSGGC. Please see below for new blogs and relevant updates.

Updated blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Medicines reconciliation - Mental Health](#)
- [Diagnosis of Iron Deficiency Anaemia \(IDA\) - Iron Studies](#)
- [Treatment of Iron Deficiency Anaemia \(IDA\) – Oral Iron Therapy](#)
- [Treatment of Iron Deficiency Anaemia \(IDA\) - IV iron therapy](#)
- [Treatment of Iron Deficiency Anaemia \(IDA\) in Adults: Oral and Intravenous Iron Therapy](#)

Updates

- [MHRA Drug Safety Update July 2024](#)
- [Guideline News July 2024](#)

Medicines Safety Sharepoint site

A new [sharepoint site on medicines safety](#) is available for NHSGGC staff. The site includes [The Acute Division Safer Use of Medicines Bulletin](#) in addition to learning summaries, memos and the safe and secure handling of medicines policy.

All of our blogs can be found on www.ggcmedicines.org.uk and anyone can join our mailing list by contacting us at: Medicines.Update@ggc.scot.nhs.uk

We're also on social media, follow us on: X/Twitter [@NHSGGCMeds](#)

Looking after yourself and others - Saturday session on 31 August

We all know that we should be looking after ourselves and our wellbeing, but on the other hand we often forget about actually doing it. Attending a 'Looking after yourself and others' session can remind you about self-care and stress management and provide simple, yet effective techniques to boost yours and others wellbeing.



By becoming a person who looks after themselves you can set a good example for your colleagues, patients, friends and family to do the same.

The Peer Support team are delivering an interactive 45-minute live online session at **11.00am on Saturday 31 August** so sign up and learn about good self-care!

[Book your spot now.](#)

Other dates and sessions are available and can be booked under section *Level 1* on the [Peer Support webpage](#).

For any question or queries contact peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#).

**Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)**

Be Phishing and Vishing Aware!



Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, **remember N.E.T.**

No Trust

Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.



Educate Yourself

Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, **educating yourself can protect you** in both your work and personal life.



Think First

Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.



Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.

For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)