

Core brief

Daily update

(28 January 2025, 2.10pm)

Topics in this Core Brief:

- Health and wellbeing support available for staff
- Excellence Awards
- New Year New Me, Smokefree Campaign 2025

Health and wellbeing support available for staff

NHS Greater Glasgow and Clyde is committed to ensuring we support all our employees at work and also when our employees are not able to attend work by providing appropriate support and intervention in accordance with national policies.

In addition to the support and assistance you will receive from your manager, we would like to ensure that you are also aware of the additional support available from NHS Greater Glasgow and Clyde.

Wellbeing resources available to all employees are detailed here:

[Health and Wellbeing - NHSGGC](#)

[Staff Mental Health and Wellbeing Support - NHSGGC](#)

Our Support and Information Service (SIS) is based at our main hospital sites and can support/sign-post staff to a range of different services (e.g., money advice, carer support, claiming benefits etc). Staff can either visit in person, email: sis@ggc.scot.nhs.uk or phone 0141 452 2387. More information and contact details are listed at www.nhsggc.scot/support-and-information-service.

If your absence is musculoskeletal related, you can also self-refer to the Occupational Health Physiotherapy Service for treatment and advice using a self-referral form. More information about our Occupational Health service can be found on HR Connect or

https://www.nhsggc.scot/?post_type=wpdmpro&p=64526&preview=true

The NHS Scotland Attendance Policy also contains information regarding support available to employees while on sick leave, notification and certification requirements, sick pay information and utilising annual leave should this be of assistance: <https://workforce.nhs.scot/policies/attendance-policy-overview/attendance-policy/>

Managers should also refer to the alternative leave policies to support employees who are absent from work: [Family Leave and Work Life Balance - NHSGGC](#)

If you require further advice, please contact the [HR Support and Advice Unit](#).

Excellence Awards

Thank you to those of you who have taken the time to enter your colleagues into this year's Excellence Awards.



If you haven't entered yet, there is still time to tell us about your colleagues that you feel have made a special difference to their patients, colleagues or improved ways of working.

We know that each and every day our staff deliver outstanding patient care and go that extra mile to ensure our patients and their families receive the optimum in patient care - and we really want you to tell us about them!

We are not just looking to celebrate the tremendous efforts of our staff, we are also looking for services that staff have moulded to patients' needs or projects that have transformed the way they work.

We also want to hear about the tremendous work of our volunteers and our staff that dedicate precious time to travel overseas either as part of a team or individually to provide healthcare and/or education in developing countries or in countries in crisis. Or perhaps you or someone you know are in the Reserve Forces or someone you know has taught people from abroad within NHSGGC's own healthcare facilities. We want to hear your stories of our staff helping people.

The categories remain the same and are: Better Care; Better Health; Better Value; Better Workplace: Global Citizenship; Nursing and Midwifery; and Volunteer.

To nominate visit, www.nhsggc.scot/excellenceawards. The closing date for entries is Wednesday 19 February 2025.

New Year New Me, Smoke-free Campaign 2025

Why not make 2025 the year you join the hundreds of NHS staff who have quit smoking for good with our support.

The Quit Your Way Team are here to help you to stop smoking in a way that works for you, providing 1:2:1 specialist support, advice and access to free nicotine replacement products as part of a 12-week programme.



For more information on the campaign and/or to register to take part contact:

- Telephone - **0141 451 6112**
- Email - ggc.quityourway.smokefreestaff@nhs.scot please include your telephone number and a member of the team will call you between 9am and 5pm.

Further information on local stop smoking services can be found [here](#) or scan the QR code right.



Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)