

Core brief

Daily update

(28 November 2024, 12.15pm)

Topics in this Core Brief:

- Taxis over Christmas and New Year Public Holidays
- Looking after yourself and others – session on 3 December
- Band 5 nurses urged to apply for role re-evaluation
- IPC Advent Calendar
- How will you help end HIV stigma?

Taxis over Christmas and New Year Public Holidays

Please note that where Directorates have put in place arrangements for staff to access taxis on the Christmas and New Year Public Holidays all requests should be made one week in advance with the relevant taxi company. This is due to the restricted number of taxis working on the Public Holidays.

The taxi providers will require the relevant authorisation codes in order to provide the taxi. Journey costs will be charged to the individual cost centres aligned to each service.

All staff involved should be aware of ordering requirements and the authorising manager should ensure that this is in line with the protocol for [ordering and use of taxis and couriers](#).

To secure staff taxis bookings please send details to:
support@ggcprocurementcustomerservices.zendesk.com

Public Transport information during the festive period will be restricted and more information will follow.

Please share this information with staff as appropriate.

Looking after yourself and others – session on 3 December



Remember a time you did something good for your wellbeing? You've done it before, but when we're stressed it's easy to forget about looking after ourselves. But you can get back to it, even if you feel like you don't have the time or energy.

Join a 'Looking after yourself and others' session to remind yourself about self-care and stress management and learn simple, yet effective techniques to boost your and others wellbeing. Imagine how great it will feel to find out what one simple change could make a big difference to your wellbeing!

The Peer Support Team are delivering an interactive 45-minute live online session on **Tuesday 3 December** at **4.00pm**, so sign up and learn about good self-care!

[Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#).

For any question or queries please contact: peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#).

Band 5 nurses urged to apply for role re-evaluation

Band 5 nursing staff who believe they are working at a higher level are encouraged to apply to have their pay banding re-evaluated now.

The review is open to Band 5 nurses across all fields of practice, specialties and settings, including those working in bank roles.

Successful applicants will see their role upgraded to Agenda for Change Band 6.

To ensure consistency of the application process, a National online digital portal/app has been developed, hosting an online application form. You can access the portal/app from any device, but you will need your NHS email address and sign-in details.

The application includes questions about all aspects of your job including the skills and knowledge required, your responsibilities and working environment. The application form is designed to gather information needed to evaluate your role.

Nurses are asked to discuss their applications with their manager before making the initial submission.

Full information on the process is available on the Scottish Terms and Conditions (STAC) website: [STAC Agenda for Change Review](#).

Further information is also available on [Staffnet](#).

IPC Advent Calendar

Even if you don't have your own chocolate Advent Calendar, you can still enjoy the fun by opening the Infection Prevention and Control (IPC) Advent Calendar daily. Every day from 1 - 25 December you can open a door on the IPC Advent Calendar for some IPC facts.

[Click here](#) to enjoy the fun.

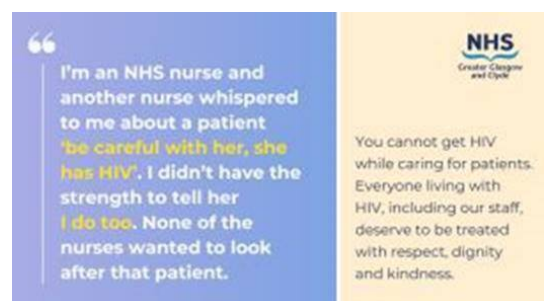
How will you help end HIV stigma?

This World AIDS Day (1 December), staff are asked to remember the importance of HIV testing and early intervention, as well as consider what they can do to support ending HIV stigma.



Those living with HIV report that [stigma can be more harmful than HIV](#). Common misconceptions about HIV, for example how it is transmitted or the risks that those living with HIV present to others, can result in fear and stigma, which can have a devastating impact on those living with HIV. People can experience stigma in any areas of their life: from friends and family, at work, and even sometimes from services. These misconceptions can also present a barrier to individuals seeking testing and the care they need.

Being up-to-date with the facts is one way that all staff can help to tackle HIV stigma, and support Scotland's goal of eliminating HIV transmission by 2030.



Information on HIV stigma and recognising and diagnosing HIV can be found on both LearnPro and TURAS as well as [HIVstigma.scot](#).

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)

Getting the right care is as easy as ABC



<p>A</p> <p>Ask yourself Do I need to go out? For information on treating minor illnesses and injuries from home, go to NHS inform or download the NHS 24 App.</p>	<p>B</p> <p>Be aware There is help on your doorstep. Your local GP, pharmacy, dental practice and optician offer a range of services.</p>	<p>C</p> <p>Call 111 If it's urgent, or you're unsure, call NHS 24 on 111. They'll get you the care you need.</p>
--	---	---

Unless it's an emergency - think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)