

Core brief

Daily update

(28 October 2024, 12.15pm)

Topics in this Core Brief:

- Staff Money Worries Support Campaign 2024
- Support for staff affected by International Events
- Armed Forces Engagement Sessions – November 2024
- Black History Month: Reclaiming Narratives Event

Staff Money Worries Support Campaign 2024

Do you need help with Money Worries?

The current cost of living crisis has introduced additional pressure to household budgets, which for many of us may already have been stretched. Food and home energy costs have risen dramatically and the costs of childcare and public transport have increased.

As an accredited real Living Wage employer, NHSGGC is committed to paying all staff including contractors a rate of pay that is calculated on the cost of living. However, the cost of living increases has impacted everyone, and some of us more than others. Now more than ever it is important to support staff who may be experiencing worries about money. This may apply to you, your colleagues, or those you line manage. Please play your part by sharing with staff the supports that are available to them.

The Support and Information Services (SIS) are available for NHSGGC staff, patients, carers and visitors. They offer a wide range of support including access to the Staff Hardship Fund, links to other community-based advice organisations, including those for money advice, support when struggling during the current cost of living crisis and resolving debt. This makes the SIS the ideal first point of contact for staff needing help and support. To access support visit

<https://www.nhsggc.scot/hospitals-services/services-a-to-z/support-and-information-services/> email: sis@ggc.scot.nhs.uk or call 0141 452 2387.



A Healthier Place to Work

Information on how to access money worries support can be found on the ‘**All about money**’ staff web page, which contains a range of useful information and resources for our staff including the HES partnership; the NHS Credit Union; staff benefits and discounts; and information and contacts for social security benefits. You can order money advice leaflets/posters from the PHRD using the links below:

A5 Flyer [Resource Details for id 1628 \(durham.gov.uk\)](#)

A3 Poster [Resource Details for id 1629 \(durham.gov.uk\)](#)

Copies can also be downloaded from the ‘**All about money**’ web page using the link below or scanning QR code right:

[All About Money - NHSGGC](#)

We also have developed a new staff Money, Advice and Support App which is on the Right Decisions Service website or can be accessed using the link below or scanning the QR code right:

[NHSGGC - Money Advice and Support](#)

Please print this information off for staff who do not have regular access to PC's/laptops.

This campaign comes to you through the Staff Health Strategy.

Support for staff affected by International Events

We know this continues to be a difficult time for all those affected by the conflict in the Middle East. [The message shared by Caroline Lamb](#), Chief Executive of NHS Scotland, provides a range of wellbeing and support resources all staff can access.

As well as the national support in place, we encourage any staff affected by the crisis to seek support through our [psychological support services](#), our [peer support network](#), or, to access our range of wellbeing webinars.

You may also find support from our [Spiritual Care Service](#), which is there to offer a listening ear for any member of staff who comes to us with a need to be heard, to be supported, to sometimes be signposted to other appropriate services with consent. They provide confidential, compassionate care that helps staff, students and volunteers to cope when life is particularly challenging and bereavement support may be the focused need for those personally affected by conflict and war. Our NHSGGC sanctuaries are not religious spaces, they are neutral places open to



everyone to use and respect, for whatever reason you may need to 'take time out' to sit in the peace and quiet they provide.

As highlighted by Caroline Lamb, we know that these situations can lead to increases in harassment related to race, ethnicity or religious belief. Abuse, bullying or harassment are unacceptable and will not be tolerated. You can find out more about how to raise issues relating to bullying and harassment on our [speak up page](#), including getting anonymous and confidential advice via our bullying and harassment helpline on 0141 201 8545.

Armed Forces Engagement Sessions – November 2024

- Are you part of our NHSGGC Armed Forces Community, either through reservist or veteran status, service leaver, as a spouse/partner, or as a cadet force adult volunteer?
- Do you manage or work with someone who is?

If so, we'd love to hear from you. We've arranged four MS Teams sessions in November, where we'll talk about the work underway locally and nationally to support the community, but crucially, we want to hear your experience and identify opportunities for further improvement

The details of these sessions are below, along with the links to register.

Date	Time	Link to Register
Wednesday 6 November 2024	10.30am – 11.15am	Click here to register
Friday 8 November 2024	11.30am – 12:15pm	Click here to register
Tuesday 12 November 2024	3.30pm – 4.15pm	Click here to register
Wednesday 13 November 2024	1.00pm – 1.45pm	Click here to register

If you want any more information about the sessions, please contact ggc.staffexperience@ggc.scot.nhs.uk, and to find out more about the Armed Forces Community in NHSGGC, please visit our [HR Connect page](#).

Black History Month: Reclaiming Narratives Event

On Saturday 19 October, the BME Network held a celebration of Black History as part of the Black History Month celebrations taking place across



October 2024. This event encouraged attendees to share food, company, and, most importantly, personal stories about their experiences working at NHSGGC as BME members of staff.

The event highlighted the progress made toward creating an inclusive environment that supports and values the professional growth of all employees.

NHSGGC celebrates the progress we've made, reflects on the work still to be done, and commits to lifting up the voices that need to be heard. Thank you all again to our guests, staff, and supporters for making the event a success and for standing with us in this journey to reclaim and honour the fullness of Black history and Black futures.

If you would like to know more about the BME Network or join our mailing list, please contact us via ggc.bmestaffnetwork@nhs.scot

For more information on the event, visit [Staffnet](#).

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Be Phishing and Vishing Aware!

Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember N.E.T.

No Trust Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.	Educate Yourself Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, educating yourself can protect you in both your work and personal life.	Think First Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.
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Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.
For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)