

# Core brief

## Daily update

(30 October 2024, 3.45pm)

Topics in this Core Brief:

- Reduced Working Week hours – eESS Records
- Looking after yourself and others – sessions in November
- Online Training Sessions for Abbott FreeStyle Meters (POC Glucose/Ketone)

### Reduced Working Week hours – eESS Records

The eESS Team have become aware that Managers are being advised to update part time hours on eESS for staff due to the Reduced Working Week interim arrangement as they do not match the hours on SSTS.



Following the recent eESS National Team update to part time hours some anomalies have been identified which the eESS team are working through.

Managers are therefore asked not to update Reduced Working Week hours on eESS, as these changes are resulting in Future Dated Errors and causing further issues.

### Looking after yourself and others – sessions in November

November is Men's Health Month, and it is dedicated to raising awareness of the health issues that affect men and exploring ways to provide support. This year's theme, 'Positive Male Role Models,' reminds us that one of the best ways to support others is by prioritising our own health and wellbeing.



We invite you to join our 'Looking after yourself and others' sessions - a perfect opportunity to focus on your wellbeing.

In this short 45-minute online session, you'll discover practical strategies for maintaining your mental and physical health.

Monday 4 November 2024 – 3.00pm – [Book here](#)  
Wednesday 20 November 2024 – 12.00pm – [Book here](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#)

For any question or queries please contact: [peer.support@ggc.scot.nhs.uk](mailto:peer.support@ggc.scot.nhs.uk) or visit [Peer Support Network - NHSGGC](#)

### **Online Training Sessions for Abbott FreeStyle Meters (POC Glucose/Ketone)**

The NHSGGC Biochemistry Point of Care teams are pleased to once again be able to offer online training sessions for all staff, with a number of dates scheduled in the coming weeks. The sessions are designed to deliver training for any staff who require access to the Freestyle meters.



#### **Dates/times for these sessions are:**

Monday 4 November 10.00am  
Monday 25 November 3.00pm  
Thursday 19 December 2.00pm  
Monday 13 January 10.00am  
Thursday 6 February 2.00pm  
Tuesday 25 February 11.00am  
Wednesday 19 March 2.00pm

To register for session staff should click the following link, select the desired session from the drop-down menu, and sign up using their .ggc or .nhs email address:

<https://app.livestorm.co/abbott-uk-hospital/nhsggc-freestyle-precision-pro-glucose-and-ketone-meter-training?type=detailed>

**Please note that attendance at the session will only be registered if present for the full session – partial attendance will not be counted and staff will not be granted access to the system.**

After completion of the Livestorm training session staff should arrange to complete the [Glucose Training Checklist](#) with a cascade trainer, before sending both the attendance certificate and completed checklist to the local Biochemistry POC team. The forms will then be processed and the user barcode sent out via the internal mail.

Please feel free to contact your local Biochemistry Point of Care Teams if there are any queries:

Clyde Sector - [Clyde.BiochemistryPoct@ggc.scot.nhs.uk](mailto:Clyde.BiochemistryPoct@ggc.scot.nhs.uk)

South Sector - [SouthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk](mailto:SouthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk)

North Sector - [NorthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk](mailto:NorthGlasgow.BiochemistryPOCT@ggc.scot.nhs.uk)

Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [website](#)