

Core brief

Daily update

(5 February 2025, 2.30pm)

Topics in this Core Brief:

- Excellence Awards
- GGC Medicines update
- NHSGGC Quality Improvement (QI) Network Virtual Event
- Discounted gym memberships for NHS staff

Excellence Awards

Thank you to those of you who have taken the time to enter your colleagues into this year's Excellence Awards.



If you haven't entered yet, there is still time to tell us about your colleagues that you feel have made a special difference to their patients, colleagues or improved ways of working.

We know that each and every day our staff deliver outstanding patient care and go that extra mile to ensure our patients and their families receive the optimum in patient care - and we really want you to tell us about them!

We are not just looking to celebrate the tremendous efforts of our staff, we are also looking for services that staff have moulded to patients' needs or projects that have transformed the way they work.

We also want to hear about the tremendous work of our volunteers and our staff that dedicate precious time to travel overseas either as part of a team or individually to provide healthcare and/or education in developing countries or in countries in crisis. Or perhaps you or someone you know are in the Reserve Forces or someone you know has taught people from abroad within NHSGGC's own healthcare facilities. We want to hear your stories of our staff helping people.

The categories remain the same and are: Better Care; Better Health; Better Value; Better Workplace: Global Citizenship; Nursing and Midwifery; and Volunteer.

To nominate visit, www.nhsggc.scot/excellenceawards. The closing date for entries is Wednesday 19 February 2025.



GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Cost efficiency - Prednisolone standard 5mg tablets preferred formulation in GGC](#)
- [New NHSGGC Guideline: Safe Withdrawal of Prednisolone Therapy in Adults with Non-Endocrine Disease](#)

Updates

- [Formulary Update December 2024](#)
- [Guideline News December 2024](#)
- [MHRA Drug Safety Update January 2025](#)

All of our blogs can be found on www.ggcmedicines.org.uk and anyone can join our mailing list by contacting us at ggc.medicines.update@nhs.scot

We're also on social media, follow us on: X/Twitter [@NHSGGCMeds](https://twitter.com/NHSGGCMeds)



NHSGGC Quality Improvement (QI) Network Virtual Event

Join us on 13 March 2025 from 10.00am – 12.00pm, for the official launch of **Quality Everyone Everywhere**, NHSGGC's new Quality Strategy.

We are excited to confirm that the next QI Network Event will host the official launch of NHSGGC's new Quality Strategy.

During the event we will hear from Professor Angela Wallace, Executive Director of Nursing, along with other leading speakers in Quality to be announced.

Within an overall theme of 'Kindness at Work' more will be shared about the implementation of **Quality Everyone Everywhere**, providing insight into how NHSGGC QI Network will support the five Key Priorities.

Please come and join us using this link:
[NHSGGC QI Network Event Joining Link](#)

- For more information on the QI Network please visit the [QI Network Hub Sharepoint Site](#).
- For more information on the strategy have a look at [Quality Everyone Everywhere](#) or visit the most recent [newsletter](#).
- Contact Petra Bee, Lead Clinical Improvement Coordinator, with any queries regarding the NHSGGC QI Network and Event petra.bee2@ggc.scot.nhs.uk

Discounted gym memberships for NHS staff

Banish the winter blues with this fantastic opportunity!

We are delighted to announce that we have teamed up with neighbouring local authority leisure providers to offer staff the chance to sign up to discounted leisure memberships.

The scheme works by NHSGGC paying the annual membership fee, entitling staff to a 12 month membership. Staff sign a salary mandate form and the payments are deducted on a monthly basis from their salary for a period of 12 months.

Find out more about this great saving for staff here and kick of the year to a healthy start! Visit: [Gym Membership Opportunities - NHSGGC](#) or click on the QR code right:



For more information on other staff health and wellbeing support available please visit: [Staff Support And Wellbeing - NHSGGC](#) or scan the QR code right:



By printing off this information and placing it in staff areas or pinning to staff notice boards it will allow those who do not have regular access to a PC or laptop at work to access the webpages.

Remember, for all your latest news stories, visit the Staffnet Hub: [GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)