

Core brief

Daily update
(5 June 2024, 1.35pm)

Topics in this Core Brief:

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Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

Showcasing our Staff

As we continue to showcase our Excellence Award winners, today we feature the **Better Health** winner, Meander for Mental Health Team.

Meander for Mental Health was created in 2019 with three key aims: promote walking as a way of managing mental health; reduce the stigma of mental illness; and bringing Leverndale Hospital and its local community together. Over the past four years this amazing group of people have expanded the project to include dancing and cycle events alongside their original walking event.

[Click here](#) to read about all the winners.



NHS inform - please share your views

[NHS inform](#), Scotland's national digital health information service, attracts over 10 million page views each month and is a widely used and trusted resource for health and care information.

The Scottish Government and NHS 24 are conducting a review to gather views and achieve a greater understanding of:

- people's experience of NHS inform and/or other digital health resources
- benefits / limitations
- needs / expectations
- aspirations and opportunities for a future digital service.

We would be grateful if staff could share their feedback by taking this short survey: <https://link.webpolsurveys.com/S/620A4F15053E2EB0>

Thank you in advance - the survey will close on **Friday 21 June**. If you have any questions or would like to be kept informed as this work progresses, please contact us at: NHS24.EngagementTeam@nhs24.scot.nhs.uk.

Carers Week (10-16 June 2024)

Whether you work with carers, or are one yourself, there are [lots of great events](#) happening as part of Carers Week to highlight the impact of this role, as well as some of the things we can all do to support one another. Click on the event name below to register. You can also find more information on our [webpages](#).



- Monday 10 June, 12.30pm – 1.30pm on MS Teams - **Involving and Supporting Carers**
 - This session focuses on the roles and responsibilities staff have to support unpaid carers.
- Monday 10 June, 6.30pm – 7.30pm on MS Teams - **Plan More, Stress Less**
 - This session gives some top tips on things to think about to prepare in the event of a hospital admission or crisis.
- Tuesday 11 June, 6.30pm – 7.30pm on MS Teams - **Power of Attorney**
 - An overview of Power of Attorney – what is it, how to get it and how to use it.

- Wednesday 12 June, 6.30pm-7.30pm on MS Teams - **Involving Unpaid Carers in Care Home Life**
 - A panel discussion of how family and friends can continue to be involved in care and decision making when someone moves into a residential or nursing home.
- Thursday 13 June, 9.30am – 11.00am on MS Teams - **Having Conversations That Matter**
 - This is an experiential workshop to give participants an easy way to start thinking about what's important to them and those around them. As this is an interactive session it is really important that you have access to both microphone and video, and can be somewhere where you feel comfortable to speak (e.g. you may want to book a private room in you work in an office).

If you have any questions please email ggc.HomeFirst@ggc.scot.nhs.uk

Renfrew Road roadworks from 10 June 2024

To allow for essential roadworks, Renfrew Road, at the Recycling Centre, will be closed for travel towards QEUH from Monday 10 June for approximately seven days. Access will still be available for travel from QEUH towards Renfrew / Braehead. Local diversions will be in place, but these could be busy, particularly at peak times. Please allow extra time for your journey.

**Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)**

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)**