

# Core brief

## Daily update

(5 November 2024, 4.35pm)

Topics in this Core Brief:

- Chronic Pain Turas Learn Training – for all staff
- Care Home Collaborative
- Malnutrition Awareness Week: 11-17 November

### Chronic Pain Turas Learn Training – for all staff

A new [Chronic Pain Turas learning toolkit](#) and online knowledge hub are now available to all NHS Scotland health and care staff to deepen their understanding of a condition that affects 38% of adults in Scotland.

Everyone working in a public-facing role – including clinical, administrative, domestic and estates colleagues - is asked to complete the training. The HUB includes more in depth resources and supports two sets of training modules – Informed and Skilled.

Commenting on the launch of the Turas Learn toolkit, Deputy National Clinical Director Dr John Harden said: “While this training teaches us to manage all our interactions in a pain-informed way, the underlying message is that we need to build empathy and kindness into all we do.

“We don’t know how someone else is feeling but, if we keep in mind that there is a very good chance they are experiencing chronic pain, how we communicate could ease some of this suffering.”

Being informed about chronic pain means health and care staff will be in a stronger position to support someone with chronic pain to access the appropriate services and resources.

This NHS Education for Scotland (NES) resource has been developed in collaboration with the National Pain Education Group to promote understanding and learning on Chronic Pain.

To access the Turas resource visit: [Chronic Pain Knowledge Hub | Turas | Learn](#)

For further resources on Chronic Pain visit:

[Pain Association Scotland](#)

[Pain Concern](#)

[Flippin Pain](#)

## Care Home Collaborative

The Care Home Collaborative (CHC) [November Newsletter](#) is out now alongside the launch of their [Winter Planning Pack](#) and a [Webinar](#) to support.

Preparing for winter is an important part of how care homes keep their residents and staff well during the winter months.



To support care homes across Greater Glasgow and Clyde, the CHC is holding a Winter Readiness Webinar on 19 November from 1.30pm – 3.00pm.

The webinar will support the launch of the '[Winter Readiness Pack](#)', an easy-read resource, with bite-sized information on a range of topics and interactive links to sources of further information.

To register for this event please click [here](#).

## Malnutrition Awareness Week: 11-17 November

As part of Malnutrition Awareness Week (11th-17th November), there will be nutrition educational sessions available at three hospital sites over the course of the week.

These sessions are aimed at Registered Nurses, Allied Health Professionals and Health Care Support Workers, substantive and bank.

Included in these three-hour sessions will be practical, interactive activities across a variety of nutrition-related aspects relevant to working within an Acute setting in NHSGGC.

For more information visit [GGC - Acute FFN Learning Zone](#).

Places can be booked via [eESS](#) or, if you have difficulty accessing this, please email [ffnpracticedev@ggc.scot.nhs.uk](mailto:ffnpracticedev@ggc.scot.nhs.uk).

Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com)



\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not  
have access to a computer.  
A full archive of printable PDFs are available on [website](#)