

Core brief

Daily update

(7 August 2024, 11.40am)

Topics in this Core Brief:

- NHSGGC – No place for hate

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NHSGGC condemns any acts of violence or intimidation against any group or individual.

We understand the disturbances in communities across the UK will be causing anxiety and concern. We want to reassure you that your safety and wellbeing are our top priority.

If you are anxious about these events and how they affect you personally, please do not hesitate to discuss with your line manager. In addition, a range of [support services](#) are also available to help you cope during this challenging time including:

- **Psychological Support Services:** Our dedicated teams are here to offer counselling and support.
- **Peer Support Network:** Connect with colleagues who understand your experiences.
- **Wellbeing Webinars:** Access a variety of resources to help you manage stress and build resilience.
- **Spiritual Care Service:** Our chaplains are available to listen, offer support, and provide guidance.
- **NHSGGC Sanctuaries:** These quiet spaces are open to all staff for relaxation and reflection.

Any form of harassment, bullying, or discrimination is unacceptable. If you experience or witness, hate crime, it is really important that this is recorded and reported. You can find out how to do so on our [dedicated hate crime webpage](#). We're also running additional online hate crime awareness sessions for staff in August. You can book your place here [Staff Training - NHSGGC](#).

You can find out more ways to report issues and concerns of any kind, on our [Speak Up pages](#).

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Getting the right care is as easy as ABC

A

Ask yourself
Do I need to go out?
For information on treating minor illnesses and injuries from home, go to **NHS inform** or download the **NHS 24 App**.

B

Be aware
There is help on your doorstep.
Your local **GP, pharmacy, dental practice and optician** offer a range of services.

C

Call 111
If it's urgent, or you're unsure, call **NHS 24** on **111**.
They'll get you the care you need.

Unless it's an emergency - think ABC before visiting A&E.
For more information: www.nhsggc.scot/rcrp



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)