

Core brief

Daily update (2 April 2025, 2.20pm)

Topics in this Core Brief:

- Peer Support Training – upcoming dates in Glasgow and Vale of Leven
- Support for staff affected by international events
- Mobile Skills Unit update
- William Cullen Prize

Peer Support Training – upcoming dates in Glasgow and Vale of Leven

Are you compassionate, empathic, and a good listener? Do you want to foster a culture of support and understanding in your workplace? Join our **full day Peer Supporter training** where you will gain essential skills to support your fellow colleagues through both tough times and triumphs.



By becoming a Peer Supporter, you'll not only help your colleagues navigate daily stresses but also enhance your own personal and professional growth. Hundreds have already joined the NHS GGC peer support network – why not be the next to help?

- 10/04/2025 – Vale of Leven, Postgraduate Education Centre, [Book here](#)
- 22/04/2025 – Stobhill ACH, [Book here](#)
- 07/05/2025 – New Victoria ACH, [Book here](#)
- 22/05/2025 – Gartnavel General Hospital, [Book here](#)
- 12/06/2025 – Stobhill ACH, [Book here](#)
- 24/06/2025 – New Victoria ACH, [Book here](#)

Please note the **Vale of Leven** training date on April 10th – please share this with your colleagues working in the area who might otherwise find it difficult to attend at other locations.

You can find more information and training dates under 'Level 2 – Become a Peer Supporter' on our website [Peer Support Network - NHSGGC](#)
Email us at ggc.peer.support@nhs.scot with any questions.

Support for staff affected by international events

We recognise that this is a difficult time for all those affected by global events. With this in mind, we want to assure staff that there is support available, both at a national level and through our local services.

These include the [National Wellbeing Hub](#) which provides a range of advice and support, the National Wellbeing Helpline (0800 111 4191) which offers a 24/7 compassionate listening service, and confidential mental health treatment available through the [Workforce Specialist Service](#).

As well as the national support in place, we encourage any staff affected by international events to seek support through our [psychological support services](#), our [peer support network](#), or, to access our range of wellbeing webinars.

You may also find support from our [Spiritual Care Service](#), which is there to offer a listening ear for any member of staff who comes to us with a need to be heard, to be supported, to sometimes be signposted to other appropriate services with consent. They provide confidential, compassionate care that helps staff, students and volunteers to cope when life is particularly challenging and bereavement support may be the focused need for those personally affected by international events.

Our NHSGGC sanctuaries are not religious spaces, they are neutral places open to everyone to use and respect, for whatever reason you may need to 'take time out' to sit in the peace and quiet they provide.

Mobile Skills Unit update

The Mobile Skills Unit (MSU) from NES gives health and social care professionals across Scotland access to state of the art simulation training facilities and clinical skills development opportunities.

From the 24th – 28th March, the NHSGGC Care Home Collaborative, in partnership with local care homes, brought the MSU to two care homes in the area, creating a programme offering 98 opportunities for clinical skills development, exclusively for care home staff.

The programme included:

- Syringe pumps (CSCI)
 - Venepuncture
 - Male catheterisation (Refresher)
 - Recognising deterioration in care home residents
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Additionally, the programme included evening sessions for relatives and care home staff. The discussion was led by the Home First lead and covered important topics such as Power of Attorney, Future Care Planning, and DNACPR.

To read more please see the CHC MSU update at [Mobile Skills Unit Special - March 2025 - NHSGGC](#).

Further dates are planned for October 2025. Care home teams are encouraged to share their interest [here](#).

William Cullen Prize

The William Cullen Prize is back this year for a clinician or team of clinicians who have made a significant contribution to local service innovation or teaching.

If you are a clinician and have made a significant contribution to service innovation, it's time to get your entry submitted for this prestigious prize.

As in previous years, the teaching prize will be selected from the top performers from our own recognition awards for medical teaching, based on performance in the national trainee and student surveys.

The winners of each prize will receive a framed print of a William Cullen letter, which will be selected from the Royal College's archive.

So don't delay, get your entries in now, simply complete the online application form, visit: www.nhsggc.scot/williamcullen.

The closing date is Wednesday 16 April.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

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NHS
Greater Glasgow
and Clyde

Watch Your Waste!

NHSGGC Green Avengers - Saving the planet, one bin bag at a time.
Read more at: www.nhsggc.scot/watchyourwaste



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on the [website](#)