

# Core brief

**Daily update (27 March 2025, 2.00pm)**

## Topics in this Core Brief:

- Peer Support – Menopause Hub
- HCSW – registered Open University Pathway Applications Open
- AHP Flying Start Connect Sessions 2025
- Digital Skills and Literacy Programme – M365

## Peer Support – Menopause Hub

Are you affected by menopause or perimenopause? Do you feel time and space to talk and a friendly listening ear would help?

Then 1-2-1 peer support may be for you. There are a number of trained peer supporters across NHS Greater Glasgow and Clyde and the HSCPs available to provide a non-judgemental, confidential space where you can openly talk about your feelings and experiences with menopause. This 1-2-1 Peer Support is available to all staff.

Email [ggc.peer.support@nhs.scot](mailto:ggc.peer.support@nhs.scot) indicating Menopause Hub in the subject header and we'll match you with a Peer Supporter.

To join the mailing list [click here](#) or scan the QR Code. More information can be found on SharePoint in the [Menopause Hub](#).

Please note peer support is not about advice giving - for information and advice about menopause, please visit the [Women's Health - NHSGGC](#) webpage for resources.

## HCSW – registered Open University Pathway Applications Open

Are you a HCSW interested in becoming a Registered Nurse with Open University? Applications for 2025 intake are now opened and will close on **30<sup>th</sup> May 2025**.



## To be eligible to apply, you must:

- Work 26+ hours a week in a permanent post;
- Have 12 years' experience in full time education (including all school years);
- Core communication skills at SCQF Level 5 or Standard Grade English (passed at credit level) or National 5 (or the equivalent) in English **at the time of application**;
- Core numeracy skills at SCQF Level 5 or Standard Grade Mathematics (passed at credit level) or National 5 (or the equivalent) in Mathematics or Arithmetic **at the time of application**;
- Good character and good health; and
- Have your line manager's support.

Further information can found at: [Healthcare Support Worker Portal - NHSGGC](#)

## AHP Flying Start Connect Sessions 2025

The AHP Practice Education Team are delighted to announce the launch of our AHP Flying Start Connect sessions for Newly Qualified Practitioners (NQPs). The aim of these is to provide practical support, with opportunity to learn, share and work collaboratively with each other.

Aims of the session:

- To discuss evidence gathered around each of the pillars
- To allow peer discussion and learning
- To provide support with any queries relating to starting and progressing through the Flying Start programme.

The AHP Practice Education team are offering in-person sessions, across a variety of sites within NHS Greater Glasgow and Clyde, to support newly qualified AHPs with their progression through the Flying StartNHS® programme.

We recommend you complete [the introductory video](#) and have started to work through the programme, prior to attending an in-person session.

Date	Time	Location
Wednesday 30 April 2025	9.00am – 11.00am	Stobhill Hospital
Wednesday 4 June 2025	1.30pm – 3.00pm	Royal Alexandra Hospital
Wednesday 3 September 2025	1.30pm – 3.00pm	Gartnavel Royal Hospital

To book a place at a session, [emailggc.gjnhahpepl@nhs.scot](mailto:emailggc.gjnhahpepl@nhs.scot)

## Digital Skills and Literacy Programme – M365


### What is M365?

M365 (Microsoft 365) is a group of applications to help you with work tasks and collaborate with colleagues. It includes Microsoft Word, PowerPoint, Outlook, Excel, and Teams.

### How do I access M365 in NHS Greater Glasgow and Clyde (NHSGGC)?

All M365 applications are accessible from your NHSGGC Microsoft Edge browser.

Open Microsoft Edge, and with 'NHSGGC Staffnet' as your homepage, look for the 'App Launcher' at the top left-hand corner of the webpage. This looks like nine

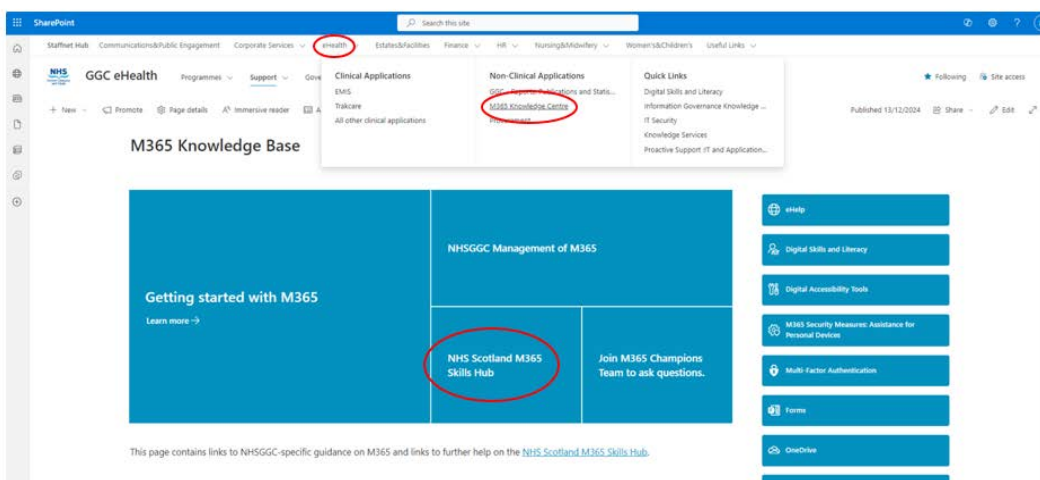
dots  Click on these dots and a pop-up screen will display the available applications.

### Where can I find out more about M365 applications?

There are two sources of support:

1. NHSGGC M365 knowledgebase (local NHSGGC information)
2. NHS Scotland M365 Skills Hub (national NHS M365 information)

To access the NHSGGC M365 knowledgebase, from the Staffnet homepage, click on 'eHealth', then 'M365 Knowledge Centre'. The national NHS Scotland M365 Skills Hub can be accessed from the link available on the homepage of the NHSGGC M365 Knowledgebase Staffnet site.



Click on this link [NHS Scotland M365 Skills Hub](#)

**Remember, for all your latest news stories, visit the Staffnet Hub:**

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



**Watch Your Waste!**

NHSGGC Green Avengers - Saving the planet, one bin bag at a time.  
Read more at: [www.nhsggc.scot/watchyourwaste](http://www.nhsggc.scot/watchyourwaste)



The graphic features a superhero character with long dark hair, wearing a green suit with a blue cape and a recycling symbol on the chest. The background is a vibrant orange and red with radiating lines. The NHS Greater Glasgow and Clyde logo is in the top right corner.

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on the [website](#)