

Core brief

Daily update
(21 April 2021, 4.05pm)

Topics in this Core Brief:

- Visiting restrictions
- Social Distancing Travel

Visiting restrictions

In line with restrictions easing and the announcement from the First Minister yesterday for all local authority areas to move down to level three on Monday 26 April 2021, every patient in Scotland (where possible) will be able to have at least one visitor to enable family support while they are in hospital.

The Scottish Government has published new guidance to support the implementation of the extension to visiting arrangements, which can be found [here](#).

Work is progressing to update local guidance to ensure our approach to these new visiting arrangements is risk assessed and as safe as possible for patients, families and staff.

Additional internal and external communication will follow over the next few days in preparation for us to welcome visitors back into our hospitals to ensure patients, their family and staff are all aware of what is expected of them.

Public messaging will re-enforce the guidance to request people visiting to comply with wearing face masks, avoid congregating in public areas, cleaning hands with hand gel provided, maintaining a two metre distance and of the need to self-isolate and not visit if they have any COVID-19 symptoms (FACTS).

Social Distancing Travel

You should only travel in a vehicle (car/van etc) with those from your household or extended household. Within work we recognise that there may be occasions where operationally you may have to travel with colleagues or others outwith your household, e.g. patient escorts. On such occasions, you should:

- keep to small groups of people
- keep your distance when entering and exiting the vehicle
- sit as far apart as possible in the vehicle, avoiding face-to-face
- maintain good ventilation by keeping windows open when safe to do so
- wear a face-covering, unless you are exempt
- if the vehicle is your responsibility, clean the door handles and other areas that people touch
- if you regularly share transport whether it is a car or minibus or other private vehicle, try and share with the same people each time.

Wash your hands thoroughly with soap and water or use a hand sanitiser before and after every transport journey.

Guidance on Social Distancing in the workplace has been updated to reflect changes to Government guidance on car sharing and wearing of face coverings in indoor workspaces.

A Workplace Risk Assessment Support Document has also been developed to assist managers.

Both documents can be found on the NHSGGC [Social Distancing in the Workplace webpage](#).



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
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