

<b>EP-21</b>	<b>NHS Greater Glasgow and Clyde</b>
<b>Carers and Comforters</b>	

### 1. Objectives

To ensure that, in accordance with Regulation 3 and 12, a system is in place to identify persons acting in the capacity of carer or comforter and to reduce their dose as far as possible.

### 2. Responsibilities

Service Leads (SL) are responsible for ensuring that persons who might act in a capacity of carer or comforter do so knowingly and willingly.

### 3. Procedure

Under normal circumstances no other person should need to be present during a procedure using ionising radiation.

When the condition of a patient justifies it, it may be helpful for another person to knowingly and willingly act in the capacity of carer or comforter.

In these cases the following should be considered:

- No carer or comforter should be pregnant unless in exceptional circumstances
- A person who is employed as a carer or any occupational helper capacity cannot act as a carer or comforter.
- Carer or comforters would normally be at least 16y old.
- Written information should be available explaining the approximate dose which will be received and an indication of the risk associated with this
- All possible steps will be made to minimise the dose to the person acting as carer or comforter
- An upper limit of 5mSv over a year per procedure will be adopted.

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