



EFORMS, Test (Mrs)
 BORN 27-Feb-1988 (36y) GENDER Unknown
 CHI 3333333333

Anticipatory Care Plan Summary

Last updated by Maureen BOWERS (Maureen Bowers) on 23-Apr-2024 17:32 (v. 18)

 Please be aware that an eKIS may exist for this patient

0. Trigger for ACP, Frailty Score and Special Notes

 Article 6(1)(e) of the UKGDPR in conjunction with the Intra NHS Scotland Sharing Accord allow the information contained within this document to be shared with Primary Care and other NHS Boards including NHS 24 and Scottish Ambulance, without the need for explicit consent. We are sharing this information for routine patient care as part of our Board's duty to provide healthcare to our patients. It is best practice for staff to make sure the individual and/or their legal proxy is aware this information will be shared when conducting ACP conversations. If the patient would like further information about how the Board uses their data it can be found in our [Privacy Notice here](#)

Review

| | |
|--------------------------|----------------------------|
| Date of review | 08-Jan-2024 |
| Reviewed by | Marina Bowes |
| Job Family | Nursing/Midwifery |
| Directorate/Sector | Glasgow HSCP – NW |
| Trigger for ACP / Update | LTC Diagnosis /Progression |
| Contact Telephone No | 00000000101 |
| Date of Next Review | 07-Jul-2024 |


Review

| | |
|--------------------------|-------------------|
| Date of review | 09-Feb-2024 |
| Reviewed by | Lenny McFadyen |
| Job Family | Social Work |
| Directorate/Sector | Glasgow HSCP – NE |
| Trigger for ACP / Update | Review / Update |
| Contact Telephone No | 0141 123 4567 |
| Date of Next Review | 01-Jul-2024 |

Review

| | |
|--------------------------|-------------------|
| Date of review | 04-Mar-2024 |
| Reviewed by | Jane Oliver |
| Job Family | Nursing/Midwifery |
| Directorate/Sector | Glasgow HSCP – NW |
| Trigger for ACP / Update | Review / Update |
| Contact Telephone No | 0141 123 4567 |
| Date of Next Review | — |

Following initial conversation would individual (or their legal guardian) like to share information via ACP? **Yes**

 [Information Guidance Notes for recording whether some would like to share information via ACP](#)

Clinical Frailty Score (Rockwood)

 [Information Please click here for Clinical Frailty Scale definitions](#)

Consider carrying out Rockwood frailty assessment and select score **6 Moderately frail**

Special Notes / What is important to the individual? **Nursing Team Notes 08.01.24: Mrs Smith (likes to be called Mo) lives at home alone in a ground floor 4 in a block house (r-h-s, key code access 0000A) – she is currently housebound post hospital discharge (COPD exacerbation), daily living activities impaired due to breathlessness.**

Main carer is her daughter Sarah Smith (lives locally), Sarah deals with daily needs including personal care, household chores and supports Mrs Smith with any appointments. Sarah has been concerned about her mother's long term care as her own

situation is changing. Son, Paul Smith (NOK) keeps in contact mainly by telephone. Mrs Smith has strong family links and she enjoys spending time together when possible. Health Goal – to improve mobility and return to social activities, including getting back to the lunch club to see her friends and attend her daughter's wedding (autumn 2024).

Mrs Smith has clear understanding of diagnosis and is happy to discuss plans for the future. However, she does become anxious when left alone if unwell, particularly around her breathing.

Mrs Smith an 8 year old cat, Kitty. Sarah (daughter) is happy to look after her if necessary. Mrs Smith is a practicing Roman Catholic and the parish priest visits regularly to administer Holy Communion, she will share her plans when he next visits and put arrangements in place (she has a pre-paid funeral organised).

No POA in place - have provided information on this, family will look into and update once processed.

Communication Needs - Glasses and magnifier used daily.

Social Work Notes 09/02/24:

Home service initiated 27/10/03, 2 x daily / 5 days per week has pendant alarm via Telecare (5/11/2023).

Referral made to local carer service for carer support plan including carer emergency plan.

District Nursing Team Notes 03-03-24:

Visit to Health Centre by daughter, Sarah: POA has now been registered, certificate verified. Emergency Plan in place for Sarah - copies held with Sarah / NW Carers Team / mother's home (under TV in drawer).

1. Next Of Kin / Carer



All staff have a duty to identify carers as soon as possible and inform them of their right to support. Carers can be referred to local Carer Support Services via the Carers Information Line 0141 353 6504 (carers can also self-refer if they wish).

Next of Kin

| | |
|------------------------|-------------------------------|
| Title | Mr |
| Forename(s) | Paul |
| Surname | Smith |
| Gender | Male |
| Address (inc postcode) | 8 Horizon Avenue, Ayr KA1 0ZZ |
| Telephone Number(s) | 07900000000 |
| Relationship | Son |
| Keyholder | Yes |

Is Next of Kin also the Carer? No

Carer

| | |
|------------------------|---|
| Title | Ms |
| Forename(s) | Sarah |
| Surname | Smith |
| Gender | Female |
| Address (inc postcode) | 1 Hunter Avenue, G00 1ZX (first contact in emergency) |
| Telephone Number(s) | 0141-123-4567 / 07800000000 |
| Relationship | Daughter |
| Keyholder | Yes |

Other Agencies Involved

| Other Agencies Involved | Contact Numbers |
|---|-----------------|
| District Nursing Team | 0141 123 4567 |
| Rehab Team - Nancy Chan, Physio | 00000000123 |
| Michael Makin, Respiratory Nurse | 0141 123 9876 |
| Lenny McFadyen, Social Work | 00000000128 |
| Patience Abioye, Carer Services | 00000000129 |
| Home Care Team | 0141 111 1111 |
| Petra Kaminska, Falls Team | 0141 700 0000 |
| Lunch n Blether Club Organiser - Netta Miller | 0141 987 6543 |

2. Current Health Problems / Significant Diagnoses

 [Please click here for Guidance Notes for Current Health Problems / Significant Diagnoses](#)

| | |
|--|---|
| <p>Current Health Problems / Significant Diagnoses</p> | <p>Nursing Team Notes 08.01.24: COPD with decline over the last 6 months. Increased hospital admissions with exacerbation COPD. Mobility poor, breathing impaired and experiences anxiety. Continence Issues.</p> <p>Baseline O2 levels dropping. 2 hospital admissions in the last 4 months with exacerbation COPD/increased SOB - both admissions required IV antibiotics and nebulisation therapy. Most recent O2 therapy was required for 48hrs due to O2 levels 86% on admission. Baseline O2% (Oct 2023) - 92% (decline from previous levels from July 23 which were 94%). Resting Respiratory rate - 20. Currently on Spriva and Ventolin inhaler with Mucodyne TDS.</p> <p>Treatment Plan: Discussion with Mo re: salbutamol nebulas and she is keen to start. Discussion with Mrs Smith re: salbutamol nebulas and she is keen to start. DN's and Community Respiratory Team will monitor Mrs Smith to manage her breathing</p> |
|--|---|

and anxiety.
 Referral to Rehab to improve mobility.
 Continence Nurse to visit.
 Awaiting Ophthalmology review - bilateral glaucoma identified by optician 6 weeks ago, (xalatan drops meantime).
 Referral to Social Work to access home care service and social support.

Risks - falls, choking/panic attacks. frailty/isolation - see treatment plan.

No known allergies.

Essential Medication and Equipment

| | | | |
|---|-----|---------------------------------------|-------------------------------------|
| Oxygen Therapy | No | | |
| Anticipatory medication at home | No | | |
| Continence / Catheter Equipment at home | Yes | Continence / Catheter Equipment notes | supply of overnight pads |
| Syringe Pump | No | | |
| Moving and handling equipment at home | No | | |
| Mobility equipment at home | Yes | Mobility equipment notes | rollator, grab rails, pendant alarm |

3. Legal Powers

Does the individual have a Combined Power of Attorney (financial & welfare)? **Yes**

Is POA in use? **No**

Name & Address of Combined POA

| Name | Address | Part of POA Held |
|-------------|-------------------------------|--------------------------|
| Paul Smith | 8 Horizon Avenue, Ayr KA1 0ZZ | Both - Finance & Welfare |
| Sarah Smith | 1 Hunter Avenue, G00 1ZX | |

Is an Advanced directive in place (living will)? **No**

Is an Adult with Incapacity Section 47 held? **No**

Has a Guardianship been appointed under the Adults **No**

with Incapacity
(Scotland) Act
2000?


4. Resuscitation & Preferred Place of Care

My preferred place of care

Nursing Team Notes 08.01.24:

Remain at home where possible – discussion with family and Mrs Smith has taken place to identify additional support which would be necessary. Will link in with Respiratory Team to look at symptom management and services.

If condition deteriorates and Mrs Smith is unable to remain at home, care home would be considered. Mrs Smith understands that Sarah's role will change and does not wish to place burden on family.

 Information [Guidance Notes for preferred place of care](#)


My views about hospital admission / views about treatment and interventions / family agreement

Nursing Team Notes 08.01.24:


Mrs Smith is anxious about hospital admission, due to past experience. Mrs Smith does not wish to be admitted to hospital or to receive any unnecessary treatments that prolong her life. If further decline in condition, Mrs Smith keen to try oral medications at home (or place of long term care).

Preferred place of death - at home (or place of long term care), not for admission to hospital.

Son and Daughter present for conversation and in agreement of all decisions made.

 Information [Guidance Notes for views about hospital admission / views about treatment and interventions / family agreement](#)

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| Has DNACPR been discussed? | Yes | Comments | Mrs Smith/Family have discussed and are aware of views. |
| Is a DNACPR Form in place? | No | Comments | — |
| Refer to GP for further discussion re DNACPR | Yes | Comments | More information required by patient/family - what this means and process. |
| Form Closed | No | | |

 When you click to 'Complete' a copy of the ACP Summary will be sent electronically to the registered GP practice.

Amendments (17)

- v.18 - Audit Process
23-Apr-24 17:32 by Maureen BOWERS
- v.17 - review
17-Apr-24 10:52 by Maureen BOWERS
- v.16 - reivew
09-Apr-24 10:47 by Maureen BOWERS
- v.15 - hospital discharge
04-Mar-24 20:56 by Maureen BOWERS
- v.14 - admission to care home
28-Feb-24 12:10 by Lisa KING

v.13 - Admission to Care Home
27-Feb-24 17:22 by Maureen BOWERS
v.12 - review
01-Feb-24 17:23 by Maureen BOWERS
v.11 - review
01-Nov-23 19:17 by Maureen BOWERS
v.10 - review
30-Aug-23 13:27 by Maureen BOWERS
v.9 - review
30-Aug-23 13:23 by Maureen BOWERS
v.8 - review
30-Aug-23 13:22 by Maureen BOWERS
v.7 - Adding NOK details
14-Jun-23 09:55 by Jennifer WATT
v.6 - walkthrough
09-Mar-23 15:49 by Jennifer WATT
v.5 - test
09-Mar-23 14:58 by Jennifer WATT
v.4 - hyperlink test
09-Mar-23 14:58 by Jennifer WATT
v.3 - dklfjsdok
01-Mar-23 14:04 by Jude MARSHALL
v.2 - review
20-Feb-23 10:27 by Maureen BOWERS