

Future Care Planning Champion

What is a Future Care Plan?

NHSGGC is committed to empowering people to have control over their lives. This includes giving them the opportunity to express their preferences for treatment and working with them and the people who matter to them to help achieve this.

A Future Care Plan is a record of people's wishes. Where possible it should be completed with the person and the people who matter to them. This ensures that if the person has any difficulty communicating in future we have a good idea of their wishes and can take these into account when working together to make a treatment plan.

Anyone can change their mind, and as circumstances change what is important to people might also change. This is why Future Care Plans should be regularly reviewed and can be updated.

It might not be appropriate for some members of staff to have certain conversations (for instance discussions regarding certain medications or DNACPR will most likely happen with senior members of a person's MDT), however everyone can help prepare people to have these conversations. It might start with a simple "what matters to you?" or "how would you feel if you had to go to hospital?"

What is a Future Care Planning Champion?

A Future Care Planning Champion works with their colleagues to help promote the use of Future Care Plans, offering advice and information to help empower staff to have these conversations with the people. They will help promote a positive Future Care Planning Champion culture across NHSGGC, working together to give people control over their lives.

Why do we need Future Care Planning Champions?

Future Care Plans are everyone's business, but we know that having conversations with people about their wishes, and in particular their wishes about end of life care can sometimes be daunting. Future Care Planning Champions can offer reassurance to their colleagues and also highlight any training needs to the HomeFirst Programme Team.

What does a Future Care Planning Champion have to do?

Just because you are a Future Care Planning Champion does **not** mean that you are the only person in the team who should be completing Future Care Plans – this is still a team effort!

If you are a Future Care Planning Champion you should:

- Help to create a positive Future Care Planning culture within NHSGGC
- Promote the use of Future Care Plans within the work of your team

- Support members of the team to complete Future Care Plans by offering advice and information on best practice (or directing them to the HomeFirst Future Care Planning Team if you are unsure)
- Provide feedback to the HomeFirst Future Care Planning Team on behalf of your colleagues
- Distribute communication from the HomeFirst Future Care Planning Team to your colleagues
- Assist Team Lead to update and track recording statistics
- Collaborate with colleagues across NHSGGC to share best practice
- Stay up to date with all Future Care Planning developments and share these with your colleagues

Why become a Future Care Planning Champion?

By becoming a Future Care Planning Champion you will be helping NHSGGC deliver excellent person-centred care, however it is also a great opportunity for your personal development.

Champions will be able to develop their knowledge and skills through:

- Access to Future Care Planning training and resources through the Future Care Planning Champion Hub
- Representing colleagues in feedback forums
- Helping shape training for colleagues across NHSGGC
- Opportunities to pursue quality improvement projects within teams regarding Future Care Plans
- Support from the HomeFirst Future Care Planning Team
- Support from fellow Future Care Planning Champions

These development opportunities link to the following KSF categories:

C1 – Communication

C2 – Personal and People Development

C4 – Service Improvement

Q5 – Quality

How do you become a Future Care Planning Champion?

If you are interested in becoming a Future Care Planning Champion you should have a conversation with your line manager. You could identify this as a need in your *Personal Development Plan*.

- You will also need to complete the Future Care Planning online overview e-module – you can access the module via our website or on Learnpro (GGC 028: Anticipatory Care Planning). You will find out how to access both on our [Training Hub](#) webpages
- If your line manager agrees, you should register via this link: Future Care Planning Champion [Registration Form](#)
- You may have already been nominated to become a Future Care Planning Champion. You will still need to fill out the information on the link.

- Once we have confirmed with your Line Manager you will be added to the Future Care Planning Champions Team on Microsoft Teams. There you will have access to resources and meet other Future Care Planning Champions across the Board Area.
- The HomeFirst programme Team will also send you regular information and communications.

If you move role or no longer wish to be a Future Care Planning Champion you must email the HomeFirst Future Care Planning Team: ggc.homefirst@ggc.scot.nhs.uk to inform us so we can update/remove you from our registers.