



Future Care Planning

April 2025

Since the start of 2025, we have been “out and about” a bit more. It has been great to connect with so many wonderful people and hear about their inspiring work.

Here is a little flavour of some of the events we have attended...



Palliative Care Accelerated Design Event

At the end of March, over 200 people came together to reimagine what palliative care could look like in NHSGGC. From those with lived experience, to staff on the front line of service delivery, it was amazing to see the passion and enthusiasm to create an environment where everyone is supported. We can't wait to see how this action is taken forward!

NICE TO SEE YOU!

We have also been delivering training to people IN REAL LIFE! We have been up and down the Clyde meeting social workers from Inverclyde, hospice teams in Renfrewshire, students in the city centre and we even got to train care home staff via the **Care Home Collaborative's Skills bus!**



REALISTIC MEDICINE

Kind & Careful Care Event

We had a great time at the **Realistic Medicine** Conference in March. It was a jammed packed day filled with excellent speakers delivering presentations around the Realistic Medicine Principals.

What stuck with us?

- Dancing can be a powerful medicine
- We all have a part to play in tackling climate change
- Great work is happening all around us - we need to appreciate and amplify it
- Swallowing pills is easier than you think - and we need to make sure we are swallowing the right ones!
- The power of a story as a vehicle for change



Demystifying Death

Making Change Happen

In February we met with friends and colleagues across Scotland to celebrate the great work taking place in the fields of death, dying and bereavement.

We heard from inspirational leaders like Allan Kellehear and Kathryn Mannix on building compassionate communities and normalising talking about death. Projects from across the country were also highlighted, from using art as a launch pad for conversations, to helping people navigate the financial implications of death - it's clear there are lots of creative and talented people working in this space.

We also had the privilege of facilitating a workshop exploring how we can use our own skills and knowledge to create events which give the public opportunities to discuss and reflect.

“It has been amazing to feel the excitement in the room when people realise how important and easy it is to start the conversation!”

DEMYSTIFYING DEATH WEEK (DDW)



Shining a light on death, dying and bereavement

5 - 11 MAY 2025

DDW Sessions below are open to all staff across all sectors and members of the public

Let's talk about...

Organ Donation

Come along to learn more about this life-changing gift and the conversations we should all be having with our friends and family.

Monday, 5th May
6.30pm - 7.30pm

Power of Attorney Overview

An introduction to Power of Attorney, the different types, things to consider and why it is important to have a POA in place.

Tuesday, 6th May
6.30pm - 7.30pm

Plan More Stress Less

This session gives some top tips on things to think about and prepare in the event of a hospital admission or crisis.

Wednesday, 7th May
6.30pm - 7.30pm

We are bringing you another week of interesting talks to help bust taboos and learn more about different aspects of death, dying and bereavement.

Make sure you are on our **mailing list** and following us on **Twitter (X)** for updates!

And don't forget to look out for **events happening across the rest of Scotland** too!



DNACPR POLICY UPDATE

Grand Rounds

Wednesday, 7th May
12.30pm - 1.30pm

A must for NHSGGC Staff

TRAINING SESSIONS

Wednesday, 14th May
12 noon - 1.00pm

Future Care Planning One hour Introduction

Everyone has a role to play, to have conversations and record these. An overview of what Future Care Planning is, who it is for and why it is important.

These sessions are open to **all staff across all sectors** Health; Social Work; Care Homes; Hospice and 3rd sector



This training session will help staff reflect on the best way to incorporate Future Care Planning conversations into their everyday practice.

Future Care Planning The Big Picture

Tuesday, 29th April
1.30pm - 3.30pm

Future Care Planning Walkthrough on Clinical Portal

Wednesday, 7th May
3.00pm - 3.30pm
How to create/update the document and share between services. Highlighting information that can be included.

Rockwood Clinical Frailty Scale

An introduction to the Rockwood CFS, why it is important to screen for frailty, examples provided.

Thursday, 8th May
10.00am - 11.00am

click the session headings

to book



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