Organisation:

I would like to book the following Resources from

`DD MM YYYY` until `DD MM YYYY`

I will collect the resources on `DD MM YYYY` at `HH : MM`

NHS
Greater Glasgow and Clyde

HEALTHY EATING RESOURCES:

Individual Resources:

Fat Facts:
Snack food Test Tubes ☐

Fat Facts:
Fast food Test Tubes ☐

Fat Facts:
Mexican food Test Tubes ☐

Fat Facts:
Vending Machine Foods Test Tubes ☐

Fat Facts:
Saturated & Unsaturated Fat Test Tubes ☐

Sugar Facts Test Tubes ☐

Sodium Facts Test Tubes ☐

Artery Model ☐

The consequences of obesity 3-D Display ☐

How to gain 5lbs in 4 weeks ☐

Healthy Eating Pack: ☐

- ④④ 1 artery model
- ④④ 1 Saturated and Unsaturated Fat Tubes
- ④④ 1 Sugar Facts Test Tubes
- ④④ 1 Sodium Facts Test Tubes
- ④④ 1 How to gain 5lbs/2kg in 4 weeks

(delete appropriately)

ALCOHOL RESOURCES:

Individual Resources:

Beer goggles ☐

What's in a unit? Display ☐

Clever catch ball ☐

Alcohol Activities: User Guidance ☐

Alcohol Wheel

(Unit/calorie calculator) Approx 5ft 6" ☐

Alcohol pack
(one each of above resources) ☐

TOBACCO RESOURCES:

Individual Resources:

Giant 'Mr Gross Mouth' ☐

Jar of Tar ☐

Puffing Poisons ☐

MENTAL HEALTH

Mental Health Resource Box The box contains fun games and activities to help start a conversation around mental health. Includes a 'how-to guide' and links to additional resources.

PLEASE NOTE

Please note: resources must be collected and returned to our office in West House, Gartnaval Hospital. We will be in touch to arrange suitable times for this.

Email this form to: HealthyWorkingLives@ggc.scot.nhs.uk

DECLARATION

Organisation:

Contact Name:

Department / Site:

Telephone:

Email:

By signing this declaration form, I agree to the following:

I will report any damages / losses directly to Healthy Working Lives Greater Glasgow and Clyde on tel: 0141 201 4860.

If I leave this organisation, I will inform Healthy Working Lives Greater Glasgow and Clyde of new responsible contact.

I understand   will be held liable for any loss or damage to the resources borrowed.

I understand   is fully responsible for the use of the resources borrowed.

The resources will only be used within the Greater Glasgow and Clyde area.

Signed   Date: DD MM YYYY