

HYDRATION STATION



Equipment List

- Hydration Trolley(s)
- Jugs, Tea pots, Coffee pots, Milk, Sugar
- Choice of hot and cold drinks
- Drinks menus (with photographs)
- Tea cups, Mugs, Beakers, Glasses, Straws
- Adapted drinking vessels
- Nutrilis powder



Use suitable
vessels



Regular
Drink Times



Watch for Signs of
Dehydration

