# Information about your Nuclear Medicine Lymphatic Drainage Scan



Your doctor has referred you for a Nuclear Medicine Lymphatic Drainage Scan.

It is important that you read the enclosed booklet "Information about your Nuclear Medicine Test" with this leaflet.

## What is a Lymphatic Drainage Scan?

A Lymphatic Drainage scan is a simple test that allows us to take pictures to see how well your lymphatic system is draining from your legs or arms.

## Do I need to do any special preparation before the Lymphatic Drainage Scan?

A Lymphatic Drainage scan involves a number of small injections of radioactive liquid into the space between either your fingers or toes. We would ask that you clean the skin between your fingers or toes (depending on the area your doctor is looking at) before coming for your scan.

Otherwise, there is no special preparation for this test and you can eat and drink as normal.

## What does a Lymphatic Drainage Scan involve?

A Lymphatic Drainage scan involves a number of small injections of radioactive liquid into the space between your fingers or toes. We then take a number of pictures to see how the liquid drains through your lymphatic system.

#### How long does the scan last?

Scans typically last between 3-5 hours.

#### Your appointment

If you can't make this appointment please tell us as soon as possible – we can arrange another appointment.

## **Pregnancy and Breastfeeding**

Where possible we try to avoid performing Lymphatic Drainage scans on patients who are, or may be pregnant. Therefore please contact the department if you are:

- Pregnant
- Breast-feeding
- You think you could be pregnant

If you are booking transport through the Scottish Ambulance Service please contact them as soon as possible and advise them you will be in the department for approximately 5 hours.