

## Information about your **Nuclear Medicine Whole Body Iodine Scan**



Your doctor has referred you for a Nuclear Medicine Whole Body Iodine Scan.

It is important that you read the enclosed booklet **"Information about your Nuclear Medicine Test"** with this leaflet.

**Please Note: This scan requires you to attend for five days. Details of the first appointment along with directions to our department are enclosed. All the appointments are given below:**

Day 1:-	Monday	Date:-	Time:-
Day 2:-	Tuesday	Date:-	Time:-
Day 3:-	Wednesday	Date:-	Time:-
Day 4:-	Thursday	Date:-	Time:-
Day 5:-	Friday	Date:-	Time:-

**Day 1:** We will give you a small injection of Thyrogen into a muscle. You can then leave the department and return home.

**Day 2:** We will give you a small injection of Thyrogen into a muscle. You can then leave the department and return home.

**Day 3:** We will give you an injection of a small amount of radioactive liquid. You can then leave the department and return home.

**Day 4:** You will have your scan. We will take pictures of your Whole Body and thyroid area.

**Day 5:** We will take some blood tests and you can return home.

### **What is a Whole Body Iodine Scan?**

A Whole Body Iodine Scan is a simple test that lets us take pictures to see if you have any thyroid tissue left in your body.

### **Do I need to do any special preparation before the Whole Body Iodine Scan?**

There is no special preparation for this test. You can continue to take your medication, and eat and drink as normal.

## **How long does the scan last?**

The scans on day 4 typically last up to 90 minutes. The appointments on days 1, 2, 3 and 5 will typically last up to 30 minutes.

## **Your appointment**

If you can't make this appointment please tell us as soon as possible – we can arrange another appointment.

## **Pregnancy and Breastfeeding**

Where possible we try to avoid performing Whole Body Iodine scans on patients who are, or may be pregnant. Therefore please contact the department if you are

- Pregnant
- Breast-feeding
- You think you could be pregnant

**If you are booking transport through the Scottish Ambulance Service please contact them as soon as possible and advise them you will be in the department for the following:**

**Day 1: Approximately 1 hour**

**Day 2: Approximately 1 hour**

**Day 3: Approximately 1 hour**

**Day 4: Approximately 2.5 hours**

**Day 5: Approximately 1 hour**