

Introduction

Welcome to the latest edition of SNAPSHOT. It is prepared by NHS GGC Health Improvement Alcohol and Drugs team. The purpose is to collate and distribute small pieces of up-to-date information obtained from various sources e.g. events, training, reports etc. to share with colleagues with an alcohol/drugs remit. It isn't aimed at the general public or people accessing services but if they found it helpful that is great.

Publications/Reports/Plans

The National Mission plan takes a public health approach to reducing drug harm and has reviewed and learned from best practice at home and internationally.

[National Drugs Mission Plan 2022-2026](#)

It complements and builds upon [Rights, Respect and Recovery \(2018\)](#).

The first annual report is now available

[8. Finance - National Mission on Drugs: annual report 2021 to 2022 - gov.scot](#)
(www.gov.scot)

Publications/Reports/Plans

The National Collaborative will develop a human rights-based approach and be a dynamic process involving people with experience of problem substance use as well as people responsible for delivering support services.

[National Mission on Drugs: National Collaborative - gov.scot \(www.gov.scot\)](https://www.gov.scot)

RADAR (Rapid Action Drug Alerts and Response) is an early warning and action system that targets timely and effective action to prevent the avoidable loss of life from drugs. The RADAR system gathers data from a range of non-healthcare sources such as Police Scotland.

[RADAR: Rapid Action Drug Alerts and Response - Publications - Public Health Scotland](#)

The Greater Glasgow and Clyde Drug Trend Monitoring Group is a local system of monitoring drug trends and works with senior management in GGC Alcohol & Drug Recovery Services to raise awareness of trends, risk and harm reduction.

The group have been closely involved in the development of RADAR and will work with PHS to feed intelligence into the system as well of ensuring that trend information relevant to GGC is communicated to services and people who use drugs along with any harm reduction information and advice.

The first RADAR quarterly report can be accessed below

[Rapid Action Drug Alerts and Response \(RADAR\) quarterly report - October 2022 - Rapid Action Drug Alerts and Response \(RADAR\) quarterly report - Publications - Public Health Scotland](#)

Publications/Reports/Plans

The Drug Death Taskforce's final report, Changing Lives, was published on the 21st July 2022.

The report represents 3 years of Taskforce work and sets out our evidence based strategy for tackling Scotland's drug deaths crisis drawing on evidence of good practice, both in Scotland and internationally.

The focus is on reducing drug related deaths and harms acknowledges that in order to achieve this major cultural changes are needed. The report calls for an end to stigma, discrimination and punishment and the creation of a new system based on care, compassion and human rights.

In total, the final report outlines 10 key principles and 20 recommendations which are underpinned by 139 actions to tackle the drug related deaths crisis.

<https://drugtaskforce.knowthescore.info/>

In 2021 there were 1,339 drug-related deaths, a 5% increase on the previous year and the largest number ever recorded. Drug-related deaths have been increasing since 1996 but since 2013 the upward trend has been steeper.

<https://www.nrscotland.gov.uk/statistics-and-data/statistics/statistics-by-theme/vital-events/deaths/drug-related-deaths-in-scotland>

[Deep-Dive-Report-2022.pdf \(sfad.org.uk\)](https://www.sfad.org.uk/Deep-Dive-Report-2022.pdf)

This study was carried out as an independent scoping exercise by Scottish Families Affected by Alcohol and Drugs. The purpose of this study was to gather an idea of the landscape of family support across Scotland and gain knowledge on this from the perspective of services themselves.

Alcohol Consultation

Scottish Government - Consultation on Restricting Alcohol Advertising and Promotion – 17 November 2022

The Scottish Government (SG) has published a public consultation on potential alcohol advertising and promoting restrictions in Scotland.

The SG committed to consulting and engaging on a range of potential measures, including mandatory restrictions on alcohol marketing, in the [Alcohol Framework 2018](#). The [PFG 2022/23](#) also committed to issuing a consultation during 2022 and, subject to the outcomes of the consultation, introduce legislation within the lifetime of this parliament.

The consultation paper, available [here](#), is wide ranging and covers potential restrictions on all of the major sources of exposure to alcohol advertising and promotion in Scotland, including advertising outdoors, in-store, and through sports and events sponsorship.

An Easy Read version of the consultation paper has been produced and can be accessed [here](#).

Please respond to the consultation via Citizen Space using the following link: <https://consult.gov.scot/alcohol-policy/alcohol-advertising-and-promotion>. You can save and return to your responses while the consultation is still open.

Please note the consultation period will run for 16 weeks and will close on Thursday 9 March.

If you have any questions regarding any of the above, please contact the SG Alcohol Harm Prevention team at alcoholmarketing@gov.scot.

General Information / Blogs

Dry January is the UK's one month alcohol free challenge. Get your energy back! For further information and support click on the website below.

[Dry January | Alcohol Change UK](#)

[Report highlights the impact of Minimum Unit Pricing on alcohol products and prices - News - Public Health Scotland](#)

[Warning of 'human catastrophe' as more turn to drink and drugs to 'numb stress' of cost of living | UK News | Sky News](#)

[Alcohol duty explained: Cuts, inflation, and public health - Alcohol Health Alliance \(ahauk.org\)](#)

[Drink? The Good, the Bad and the Moderate - IAS](#)

[Anxiety and addiction - the dynamic duo \(actiononaddiction.org.uk\)](#)

Services

NHS GGC Alcohol and Substance Nurse

The Occupational Health service provides access to a dedicated alcohol & drug/substance clinic for all NHS Greater Glasgow and Clyde employees. A specialist nurse is available to provide a comprehensive assessment of alcohol or substance use & suggest suitable support options if required, including signposting and referral to specialist services. Interventions such as motivational work, alcohol brief interventions and relapse prevention are also provided.

The Occupational Health Practitioner involved in your care can arrange an appointment if required or you can self-refer yourself to this service. Your manager can also refer you to this service. This service is available to any NHS Greater Glasgow and Clyde employee that is concerned about their alcohol or drug/substance use. To make an appointment, telephone: 0141 201 0600. Or click on the link below :

[Alcohol and Substance Nurse - NHSGGC](#)

This specific clinic has been running since 2012 and has helped more than 1500 employees.

If you would like to contribute to "SNAPSHOT" or have any comments, please email: ggc.mhead@ggc.scot.nhs.uk