

Alcohol and Drug Snapshot

July 2024



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The month of July brings a couple of important dates in relation to Alcohol and Drugs.



Alcohol Awareness Week - Understanding Alcohol Harm

This year Alcohol Awareness Week takes place from 1-7 July 2024 and the theme is Understanding Alcohol Harm.

Alcohol Awareness Week is managed and hosted by Alcohol Change UK. On their website you can find information and digital resources to support conversations about alcohol harm.



Alcohol Focus Scotland



Alcohol Focus Scotland is a national alcohol charity working to reduce harm caused by alcohol.

Fibroscan Pilot - North East Glasgow

A fibroscan is a type of ultrasound that is used to measure inflammation in the liver.

This helps clinicians understand how much scarring (fibrosis) is in the liver and plan the appropriate course of treatment. Currently this pilot is running within the North East (NE) Sector of Glasgow City. Ewan Forrest, a Consultant Hepatologist, links with nurses and doctors from Alcohol and Drug Recovery Services (ADRS) in the NE Sector directly.

If the person scanned is identified as high risk, they are followed up by the consultant. High risk patients are treated in acute settings. If the person is medium risk, then the normal clinical process is followed.

This is proving to be a successful approach and there is an appetite to roll this work out to the other sectors within Glasgow.

This work is funded by Glasgow City ADP.

Healthy Minds - Mental Health and Alcohol



Mental Health & Alcohol

Healthy Minds is a universal resource which aims to promote basic awareness and understanding of mental health and topics that are associated with and can impact on mental health and wellbeing.

The aim of this session is to raise awareness of the relationship that can exist between alcohol and mental health.

World Hepatitis Day

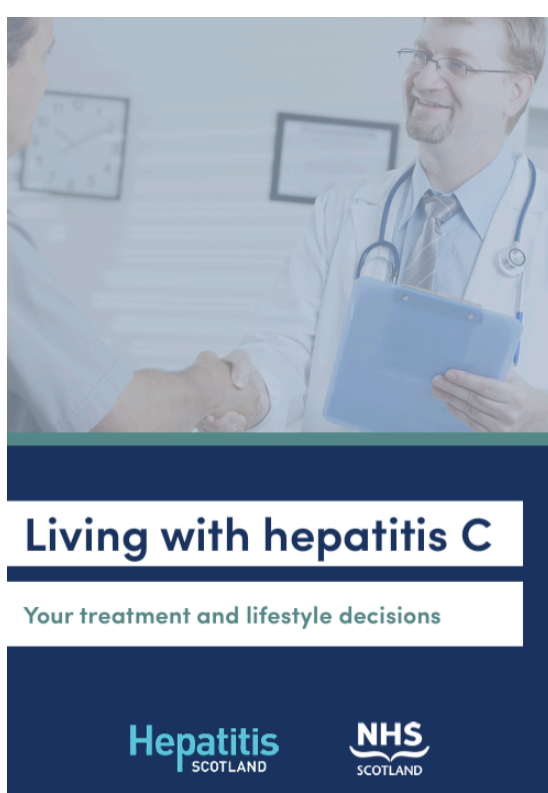
World Hepatitis Day takes place every year on 28 July to raise global awareness of hepatitis.

Hepatitis is the term used to describe inflammation of the liver. It's usually the result of a viral infection or liver damage caused by drinking alcohol.

There are several types of hepatitis. Some types will pass without any serious problems, while others can be long-lasting (chronic) and cause scarring of the liver (cirrhosis), loss of liver function and, in some cases, liver cancer.

[Source](#)

Living with Hepatitis B or Hepatitis C



Training and Learning



This course is full of information about what acute and chronic Hep B is, who is at risk of infection, and importantly, who should be getting tested.



This course is full of information about what Hep C is, the importance of testing, risk factors, different methods of testing, the importance of treatment and the benefits of new treatments. The concise course can be completed in around two hours.

Websites and Services



Waverly Care offer rapid HIV and syphilis testing, as well as dried blood spot testing for HIV, hepatitis B and hepatitis C.



Hepatitis Scotland is the national voluntary sector organisation funded by the Scottish Government to help improve responses to viral hepatitis prevention, treatment and support.



NHSGGC Sandyford is specialist sexual health services for Greater Glasgow and Clyde.