

90 Minute Leadership



OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.

The next session is:

"Understanding Your Personal Values and Strengths"



The start of the year is a great time to step back and reflect on who we are, what drives us and makes us happy and what we bring to the table. In this online session, we

- Explain what personal values are and why they matter,
- Get you started on the journey of uncovering your own personal values,
- Help you understand how knowing your values can improve your experience of work,
- Introduce the concept of personal strengths, and
- Share tools to help you identify your own personal strengths.

This online session will be fast paced and engaging, and will include theory, practical application and top tips so you can not only learn the content but also start to bring it to life in your own workplace. Run by James Carrier of People Shift, a small learning and development and people consulting organisation based in Edinburgh, Scotland.

Speaker: James Carrier, People Shift

Date: Tuesday 4th February 2025

Time: 08.30am – 10.00am

Register for the session

<https://link.webropol.com/ep/onlineleadershipunderstandingyourpersonalvaluesfebruary2025>