

## 90 Minute Leadership



OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.

The next session is:

### "Staff Financial Wellbeing"



This session follows on from the "Cost of Living Crisis" session held last November. The purpose of this session is to highlight the issue of staff financial wellbeing during the current cost of living crisis and to consider what we can do to support our staff.

This session will cover:

- What we know about staff financial wellbeing, with a focus on what we can do.
- The role of leadership in both tackling stigma and being an advocate to support financial wellbeing.
- Further consideration on what more we could do to support staff who have money worries.

**Host - Lesley McBrien, Health Improvement Senior, Employment & Health Team and Julie McGahan, Health Improvement Lead Poverty and Financial Inclusion, Acute Health Improvement Team**

**Date: Wednesday 23<sup>rd</sup> August 2023, 8.30am**

This session will be of interest to those who wish to contribute to mitigating the impacts of the cost of living crisis on staff.

**To register –**

**<https://link.webropol.com/ep/onlineleadershipstaffwellbeingaugust2023>**