The Perinatal and Infant Mental Health Network



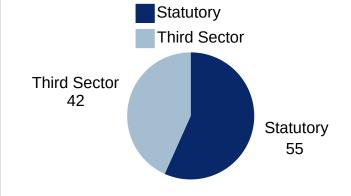
2024: Our Year in Numbers

Network Partners



"I'm so encouraged to see how this is walking the talk of co-production and being trauma-informed. It is something that many are trying to embed but this feels like it is really a model that could be replicated."

Feedback from a network partner following a service spotlight



Connecting



Network Meetings



Service Spotlights

Conversation Workshops

3

Perinatal Mental Health Conversation Workshops delivered, connecting Clinical and Third Sector services

75

Participants attended the workshops

"The workshops have been a great way to interact with services who provide invaluable support to women, babies and families during the perinatal period. They were also an informal way to introduce our team, start conversations, build connections and start to collaborate moving forward."

Capacity Building



Understanding Paternal
Mental Health Training
Course delivered

10

Participants attended the training

Resources



The number of times our "Supporting New and Expectant Parents' Mental Health Staff Guide was downloaded



Mental Health Improvement, Self-harm and Suicide Prevention Training Pathway

Resources



The number of times our "Perinatal and Infant Mental Health Good Practice Guide" was downloaded