Free Online Communication Skills Workshops

SAGE & THYME workshops support all clinical and non-clinical staff in using the evidence-based skills required to provide person-centred support to people with emotional concerns or worries. Using a memorable structure each **2 hour 45 minutes** online workshop reminds staff how to listen, and how to respond to distress in a way which empowers the patient. The workshops discourage staff from 'fixing' and demonstrate how to work with the patient's own ideas and solutions first.
Each workshop uses a mixture of small group work, lectures and videos.

To register for a SAGE & THYME workshop participants must:

- Work in Health or Social Care (for example work in a Hospital, Health and Social Care Partnership, Care Home or Hospice setting)
- Have individual access to a PC/Laptop/Tablet with a camera and microphone for the full duration of the workshop. **Smartphones are not suitable.**

Workshop dates:		Workshop times:
Monday	11th September 2023	0930 - 1215 hrs
Tuesday	12th September 2023	0930 - 1215 hrs
Wednesday	27th September 2023	0930 - 1215 hrs
Thursday	12th October 2023	0930 - 1215 hrs
Monday	23rd October 2023	1300 - 1545 hrs
Wednesday	1st November 2023	0930 - 1215 hrs
Thursday	16th November 2023	1300 - 1545 hrs
Monday	4th December 2023	0930 - 1215 hrs
Wednesday	13th December 2023	0930 - 1215 hrs

Booking Instructions:

- **NHS staff:** All staff are required to book via the eESS system. Please ensure that your email address on eESS is up to date and that you have sought line manager approval to attend the workshop. Click Here to Book
- **Non-NHS staff:** To book please email PallCarePracticeDev@ggc.scot.nhs.uk stating full name, job title, contact email, work location and preferred workshop date. Following this, you will receive an email confirming your place if space available.

For further information please contact: PallCarePracticeDev@ggc.scot.nhs.uk
For issues surrounding logging into eESS please contact: HR & L&E Home Page